

Top Vibe

Kids Magazine

ONLINE

MARCH 2026

ISSUE 92

Important for children to have hobbies

Leer hoe om te herwin

Media House projects for 2026

Top Vibe

ONLINE Kids Magazine

COMMENTS:

Please send us an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

OUR ADVERTISERS:

Support our advertisers they support us!

2.

2026 AMBASSADOR

Nombulelo Bless also the Face of Top Vibe Kids Magazine.

3.

FOOD DRIVE 2026:

We need your help to collect food for children in need.

4.

FACTS ABOUT BEES:

Find out more about Bees



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine,
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors:
Meet our NEW Ambassador - Nombulelo Bless

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover page: Girl and a Boy having fun

5. BACK PAGE 20

Back page: April 2026 Time for Easter



Photographer: Albertus Kriel
Venue: Turn & Tender Vaal mall

REDAKTEURS NOTA

Liewe maats,

Februarie maand is ook verby en ons staar Maart maand in die gesig reeds drie maande in die jaar. Maats die tyd gaan so gou verby.

Gebruik elke oomblik daarvan elke dag, maak die beste van elke dag by die skool voor jy weet is die jaar verby.

Julle outjies wat binnekort gaan rugby speel ek is so opgewonde vir julle. Dit is altyd 'n lekker tyd. Wens ek kan weer terug wees in die skool. Onthou op 18 en 19 Maart is dit herwinnings dag.

Ons leer bietjie meer oor bye, dit is darm 'n baie interessante dingetjie en ons het bye nodig in die wêreld. So bewaar hulle en plant baie blommetjies in julle tuine sodat die bye kan stuifmeel kry.

Ek groet nou eers! Tot volgende maand

Liefde

Charmaine

OUR AMBASSADOR

Dear reader,

I'm sick in bed, I hope you guys are good and doing well at school.

This was a busy start with school but we must just go on make sure you don't fall behind on anything.

It's not nice to be sick, guys remember with the winter approaching us we need to be aware not to fall sick take vitamins and stay away from people that are sick.

Remember to get your tickets from us for our projects see page 6 to 8. Please support us with this projects.

Till next month, take care.

**Top Vibes Kids Ambassador
Nombulelo Bless**

21 March is Human Rights day.

Let's celebrate life.....



Nombulelo Bless



Media House projects for 2026



MH
MEDIA HOUSE

COCKTAIL WORKSHOP

1x Cocktail R160 **2 x Cocktails R250**

DATE: SATURDAY 7 MARCH 2026
VENUE: STONEHAVEN, VANDERBIJLPARK
TIME: 14:00

RSVP before 2nd March
Carin 082 827 6556
Charmaine 072 768 8582

cheers!



MH
MEDIA HOUSE

Koek en Tee

R150PP

2 Mei 2026

Tyd: 1 uur

Kom Koek en Tee saam met ons!
Jou lagspiere word geprikkel

Plek: 58 van Wouw str, Sasolburg

Kontak ons
Charmaine 072 768 8582
Carin 082 827 6556

Uitstallers hope pret!



Top Vibe Kids Magazine invite the Mother's to take part in the fun.

Cocktail Workshop:

Make 1 x Cocktail for R160 OR 2x Cocktails for R250 Saturday 7 March 2026 at Stonehaven, Vanderbijlpark time 14H00

Koek en Tee: 2 Mei
Kom koek en tee saam vir R150 kom prikkel jou lagspiere, uitstaller kom kuier saam met ons.

RSVP before 2nd March - Cocktails 072 768 8582 or 082 827 6556

Mom's you are invited book your seat.

Media House Food Drive



MEDIA HOUSE

FOOD DRIVE

Our Food drive start
1 February 2026
- end 1 May 2026

Please support us we need non -
perishable food for underprivileged
children

Carin 082 827 6556 OR
Charmaine 072 768 8582

The poster features a central illustration of a smiling child sitting at a table. On the table are various food items: a tin of fish, a jar of pickles, a can of soda, a bowl of noodles, a chocolate bar, a loaf of bread, a carton of juice, and a carton of milk. The background is a warm, orange-toned gradient with a subtle pattern of small circles.

Top Vibe Kids Magazine - Food drive

We invite our wonderful community to join us in making a difference!

Our Food drive started on 1 February and will run until 1 May 2026

We are collecting non- perishable food items to support underprivileged children in our community.

Every tin, every packet, every donation counts - and together we can bring hope and nourishment to little ones in need.

We kindly ask the public to support this project

Please call Charmaine 072 768 8582 or Carin 082 827 6556

Thank you!

Learn about bees the busy, bussing insects.

Bees are busy, buzzing insects with five eyes, six legs, and two pairs of wings, famous for pollinating flowers to help plants grow fruits and vegetables, and making honey by collecting nectar. They live in hives (colonies) with a queen, worker bees (females), and drones (males), each with special jobs, and are vital for our food, though they face threats from habitat loss and pesticides

What Bees Do

Pollination: Bees move pollen between flowers, helping them make seeds, fruits, and vegetables.

Make Honey: They collect nectar from flowers, fan it with their wings in the hive to turn it into honey, and store it to eat later.

Communicate: Worker bees do a "waggle dance" to show other bees where to find the best flowers.

Types of Bees in a Hive (Colony)

Queen: One queen runs the hive and lays all the eggs, sometimes up to 2,500 in one day!

Workers: All female; they forage, build the hive, clean, and protect it.

Drones: Male bees whose only job is to mate with a new queen; they can't sting.

Cool Bee Facts

Eyes & Legs: Bees have 5 eyes and 6 legs.

Wings: They beat their wings very fast, making the buzzing sound.

Stingers: Only female bees (workers and queens) have stingers, and they can only sting once.

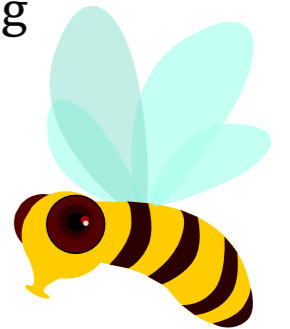
Types: There are over 20,000 kinds of bees, and many live alone, not in big hives.

Why Bees Are Important (And What's Happening to Them)

Bees help pollinate many foods we eat, like fruits and vegetables, and help keep our planet healthy.

Sadly, many bee populations are in trouble from losing their homes (habitats) and from chemicals (pesticides) used in farming.

We can help by planting bee-friendly flowers and protecting their homes



Chef Sue



Gekookte eier

Benodig:

1x pot met genoeg water in om die eiers te bedek.

3 x eiers of 4 soos jy verkies

Metode:

Plaas die pot met wat op die

stoof en laat die water kook

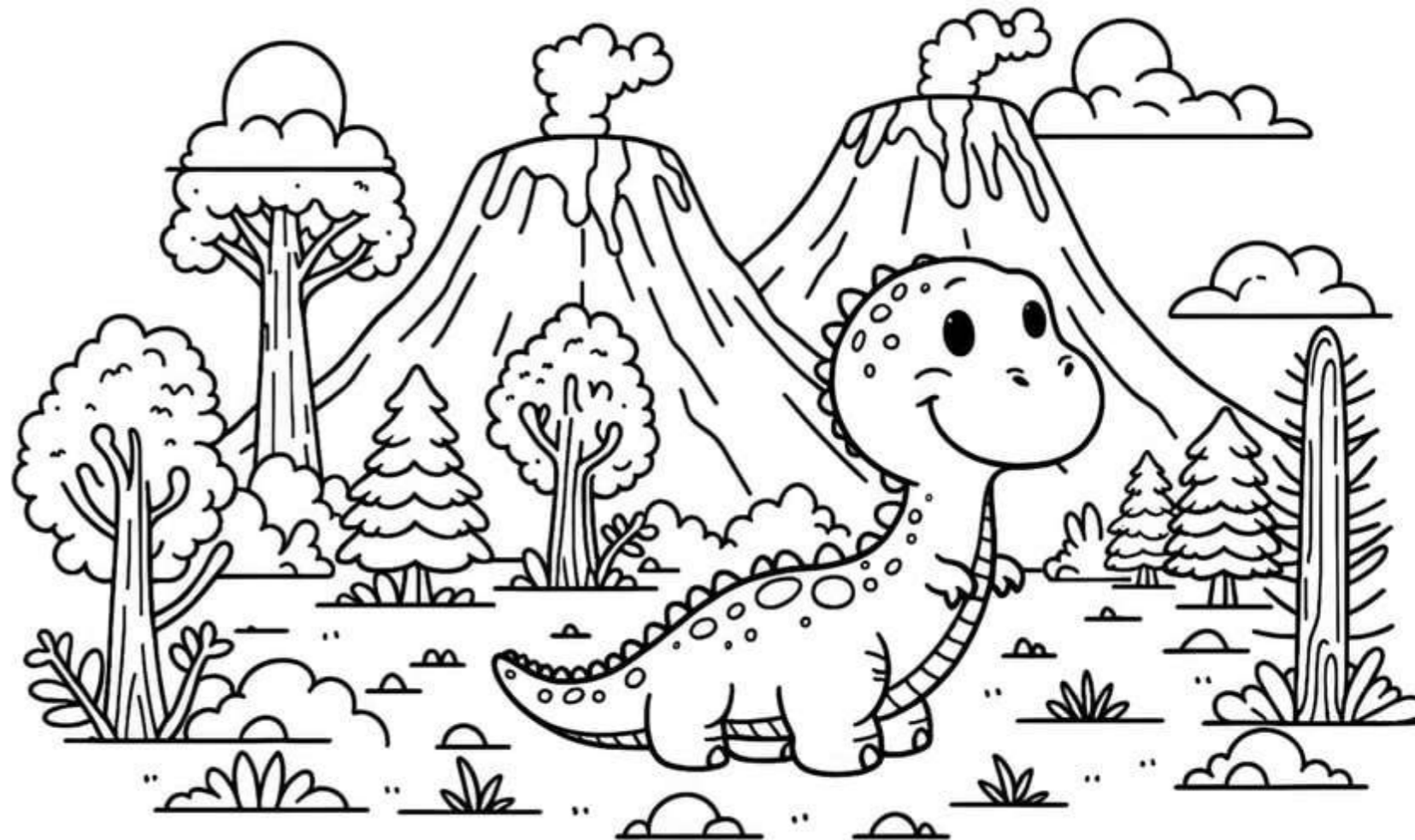
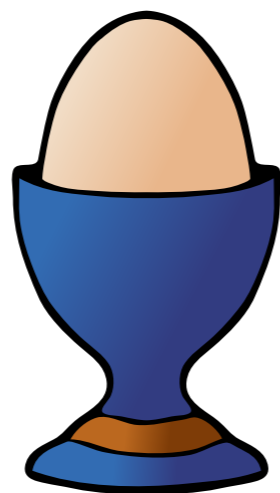
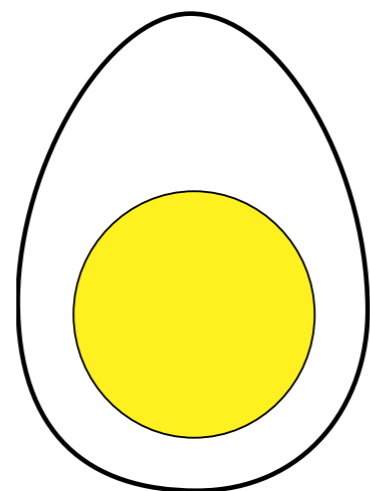
voeg die eiers in die water pasop

vir brand - kook die eiers so

8min . Laat afkoel dop die

Eiers af en eet met sout en

peper na smaak



**Kleur
My in**

Teach children to recycle by making it fun!

Teach children to recycle by making it a fun, daily habit through hands-on activities, colorful, labeled sorting bins, and leading by example. Focus on the 3Rs—Reduce, Reuse, Recycle—by creating art from waste, starting a compost pile, and using books or cartoons to explain environmental impact.

Practical Ways to Teach Recycling

Create a Sorting Station: Use colorful, child-friendly bins labeled for plastic, paper, and metal to encourage daily sorting.

Make it a Game: Turn it into a scavenger hunt or a competition to see who can identify the most recyclable items.

Upcycling Projects: Use old materials for art, such as building robots from cardboard boxes, making bird feeders from plastic bottles, or creating seed paper.

Composting: Start a compost heap in the garden to show children how food waste can turn into nutrient-rich soil.

Read and Watch: Use books like *Michael Recycle* or cartoons to explain the importance of recycling.

Set an Example: Show children how to check for recycling numbers on plastic and explain why certain items go in specific bins.

Visit a Facility: Take a trip to a local recycling center to see the process in action.



Important for children to have hobbies

It is highly important for children to have hobbies, as they are crucial for holistic development, fostering mental, social, and physical skills. Hobbies provide a healthy outlet for stress, boost self-esteem, encourage creativity, and help children explore passions while discovering their strengths and building confidence.

The key benefits of children having hobbies include:

Mental & Emotional Growth: Hobbies offer essential relaxation, reducing stress and anxiety while helping to recharge. They also foster patience and self-discipline.

Mental & Emotional Growth: Hobbies offer essential relaxation, reducing stress and anxiety while helping to recharge. They also foster patience and self-discipline.

Social Skill Development: Engaging in group activities, such as team sports or clubs, helps kids learn teamwork, empathy, and communication, resulting in better social confidence.

Physical Health: Many hobbies provide necessary, active, and physical stimulation, helping to reduce sedentary time.

Cognitive & Life Skills: Hobbies like reading, crafting, or building develop problem-solving, attention to detail, and time management skills.

Self-Discovery: Pursuing interests outside of school allows children to build a stronger sense of self, which can improve their confidence in academics.

It is important to allow children to choose their own interests to ensure they find the activity enjoyable, rather than feeling

forced into a structured activity.

One to make you money * One to keep you in shape * One to stay creative * One to build knowledge * One to grow your mindset These aren't just hobbies; they're the pillars of a well-rounded life.



Children need to learn to share

Children need to learn to share to build crucial social skills like empathy, turn-taking, and cooperation, which help them form friendships and handle disappointment. Rather than forcing them, which can backfire, it is more effective to model sharing behaviors, use timers for turns, and praise sharing efforts.

Model Behavior: Children learn by watching parents share or take turns.

Use Timers: Timers help children understand that taking turns is temporary, reducing anxiety.

Praise Efforts: Highlight and

reward moments when children share or take turns.

Focus on Turns, Not Just Giving: Shift the focus from "giving away" to "taking turns" to make it easier for young children.

Toddlers & Young Children: They are naturally selfish and see toys as extensions of themselves.

Ownership Boundaries: It is important to teach that they can say "no" sometimes, as this helps them develop a sense of ownership and boundaries.

Social Development: Sharing is part of developing better, broader social skills.



MAGAZINE

Media House



NEXT ISSUE - APRIL 2026
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