

# Top Vibe

## Kids Magazine

ONLINE  
APRIL 2026  
ISSUE 93

**Let's have fun!**  
**Box the fruit or**  
**Play This or**  
**That....**



**Koek en Tee**  
**2 Mei 2026**  
**072 768 8582**



**Happy Easter!**

# Top Vibe

ONLINE Kids Magazine

COMMENTS:

Please send us an e-mail to [admin@topvibe.co.za](mailto:admin@topvibe.co.za) to share your opinion, ideas and comments.

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# 1.

OUR ADVERTISERS:

Support our advertisers they support us!

# 2.

2026 AMBASSADOR

Nombulelo Bless also the Face of Top Vibe Kids Magazine.

# 3.

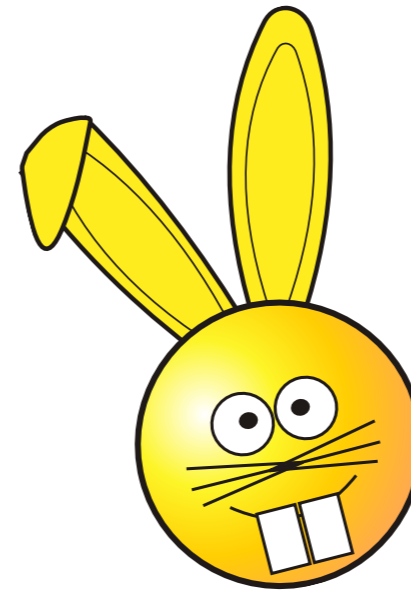
FOOD DRIVE 2026:

We need your help to collect food for children in need.

# 4.

FACTS ABOUT PIGS:

Find out more about Pigs



## Happy Easter!

# REGULARS

1. EDITORS NOTE 03

*Charmaine Britz CEO - MEDIA HOUSE  
Top Vibe Magazine / Top Vibe Kids Magazine,  
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.*

2. AMBASSADORS 04

*Top Vibe Kids Ambassadors:  
Meet our NEW Ambassador - Nombulelo Bless*

3. IT'S FUN TIME 08

*We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!*

4. MODEL COVER PAGE 01

*Our cover page: Girl 'with a basket full of Easter eggs*

5. BACK PAGE 20

*Back page: May is the month of Mothers day*



Photographer: Albertus Kriel  
Venue: Turn & Tender Vaal mall

# REDAKTEURS NOTA

Liewe maats,

Ons leer bietjie meer oor varke, hulle is darm baie interessante diertjies en ons het varkies nodig in die wêreld.

Ons het ook bietjie pret bl 12 en 13 speel saam julle gaan dit geniet. Ag, maats dan wil ek julle hulp vra ons samedag weer eens kos in vir kinders wat nie het nie. Met die winter wat aankom wil ons graag ook vir hulle iets warmes gee om te eet en te drink.

Vra Mamma of julle iets kan afstaan 'n blikkie kos, pakkies sop of enige iets wat nie kan bederf nie.

Dankie dat julle omgee, drukkie en soentjies

Ek groet nou eers! Tot volgende maand

Liefde

Tannie Charmaine

# OUR AMBASSADOR

Dear reader,

We need your help in our following project to donate any food for children in need.

By the time the winter approach we have something warm to give a hungry child.

See our advert on page 8.

We as Media House team looking forward to hand out the food.

Till next month, take care.

Happy Easter!!!!

**Top Vibes Kids  
Ambassador  
Nombulelo Bless**



**Nombulelo Bless**



# Media House projects for 2026



## Koek en Tee

**2 Mei 2026**

**Tyd: 11uur**

**R150PP**



**Kom Koek en Tee saam met ons!**  
**Jou lagspiere word geprikkel**

**Plek: 58 van Wouw str, Sasolburg**

**Kontak ons**

Charmaine 072 768 8582  
Carin 082 827 6556

**Uitstallers hope pret!**



Top Vibe Kids Magazine invite the Mother's and Children to take part in the fun.

Koek en Tee: 2 Mei  
Kom koek en tee saam vir R150 kom prikkel jou lagspiere, uitstallers kom kuier saam met ons.

RSVP before Monday 27 April 2026.

072 768 8582 or 082 827 6556

Friday Club Vaal Business Expo  
25 April 2026

Please join as show us about your company. Meet business people and grow your business.



## Friday Club Vaal Business Expo



**Date: 25 April 2026 Time: 9:00**  
**Venue: Pappa D's 1 Minnaar str Vaalpark**

**Own Table, Chair & Gazebo**

**Friday Club members R100 stall**  
**Friday Club Visitors R150 stall**  
**All other exhibitors R150 stall**

**5 x Power points R50 No food stalls**

Book your stall   
**072 768 8582**



## Mom's you are invited book your seat.

# Media House Food Drive



Top Vibe Kids Magazine - Food drive

We invite our wonderful community to join us in making a difference!

Our Food drive started on 1 February and will run until 30 May 2026

We are collecting non-perishable food items to support underprivileged children in our community.

Every tin, every packet, every donation counts - and together we can bring hope and nourishment to little ones in need.

We kindly ask the public to support this project

Please call Charmaine 072 768 8582 or Carin 082 827 6556

Thank you!

# Learn more about Pigs they are intelligent

Pigs are highly intelligent, social mammals with a sense of smell 2,000 times more sensitive than humans. They are exceptionally clean animals that do not sweat, instead using mud to cool down and protect their skin from sunburn. Pigs are omnivores that can run up to 17 km/h, form complex social groups, and possess long-term memory.

## Key Facts About Pigs

**Intelligence:** Pigs are considered one of the smartest animals in the world, capable of learning tricks, recognizing their names, and playing video games. They are considered more trainable than dogs.

**Physical Traits:** They have strong snouts for digging. Despite having almost no sweat glands, they are very clean and separate their living/sleeping areas from their waste.

**Communication:** Pigs use more than 20 different vocalizations to communicate.

**Behavior:** They are social, forming close bonds in groups called "sounders". They enjoy listening to music and playing with enrichment toys.

**Diet:** As omnivores, they eat a mix of plants and animals, including roots, fruits, and insects.

**Speed & Mobility:** They can run at speeds of up to 17 km/h

**Swimming:** Pigs are actually capable of swimming.

**Domestication:** They were domesticated approximately 9,000 years ago.

## 10 fun facts about pigs

Pigs don't sweat. Sweat like a pig?

Pigs are very clean animals. Dirty as a pigsty?

Pigs are smarter than dogs.

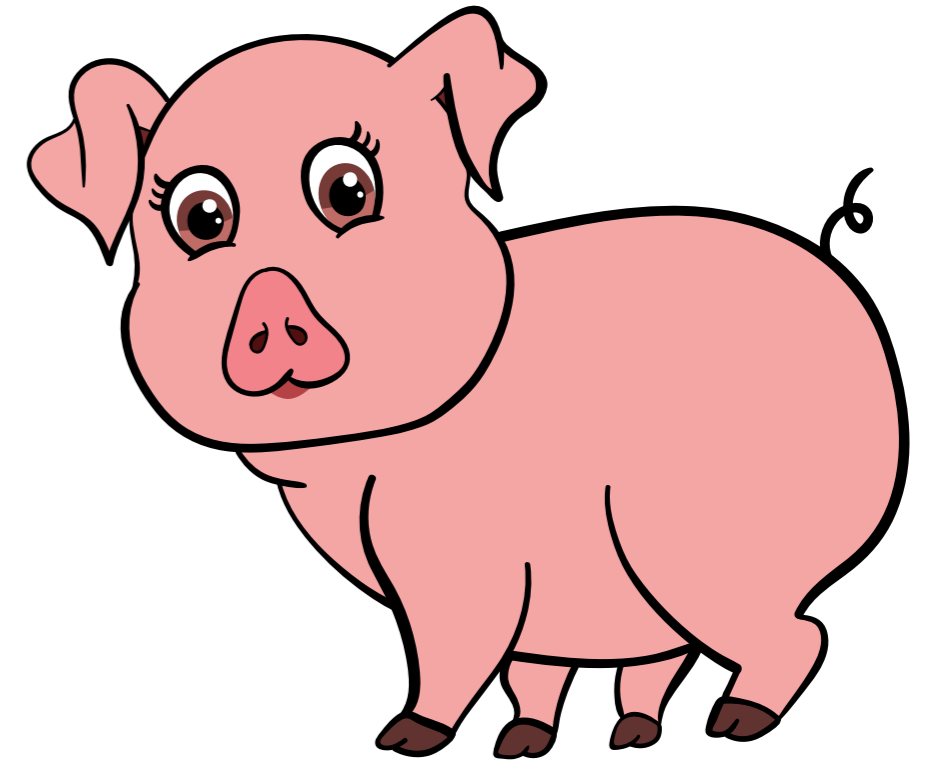
Pigs say more than just oink!

Pigs are social.

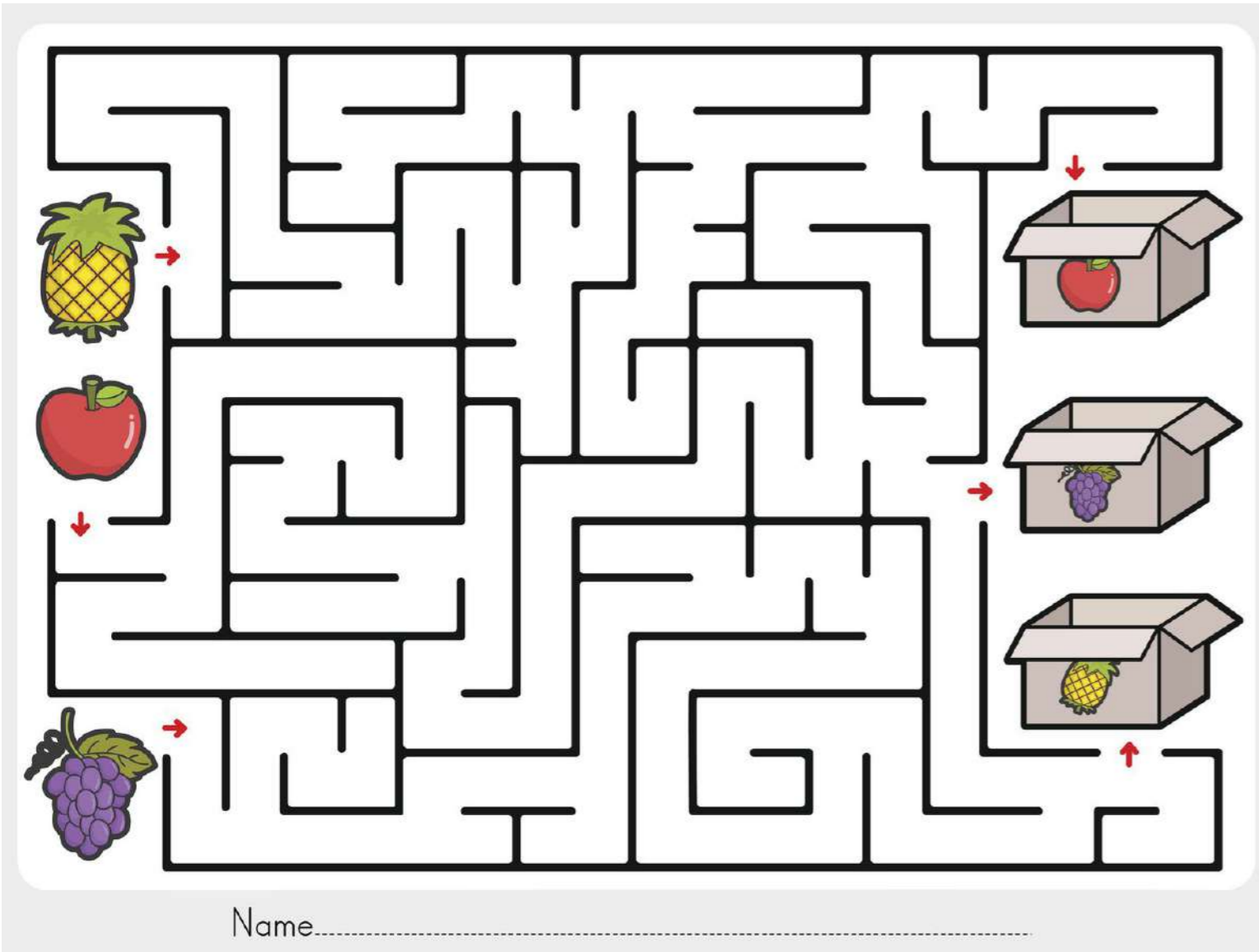
Pigs have powerful noses.

Pigs can't fly, but they can run and swim!

Pigs have excellent memories.



# Let's have fun! Box the fruit or Play This or That....



# Teach children to recycle by making it fun!

**T**each your child to never pick up or touch unknown items like trash, broken glass, or syringes found on a playground. They should immediately inform a parent, teacher, or guardian of the location. For abandoned toys, tell them to ask you or another parent if it belongs to someone nearby.

## Key Playground Safety Rules:

**Identify Hazards:** Teach children to report dangerous items like syringes, broken glass, or broken playground equipment to an adult immediately.

**Don't Touch:** Children should avoid picking up trash or unknown objects in the sand or on the ground.

**Lost Toys:** If they find a toy, they should ask you, the caregiver, if it is safe to play with.

**Hygiene:** Always wash hands or use

sanitizer after playing, particularly after being in a sandbox, as they can contain animal waste.

**Supervision:** Actively monitor your children and teach them to recognize the difference between safe items and potential hazards.

## Playground Safety Rules for Children

Wait and take turns.

Walk away from bullying and unsafe situations.

Slide down feet first and walk up the steps or ladders (instead of running up the slide)

Never push.

Wear shoes with rubber soles and laces tied.

Take your helmet off before you play on the equipment.

Modern playgrounds usually include a combination of swings, slides, climbers, spring riders, spinners, and sensory panels to maximize fun, safety, and accessibility. Many new types of playground equipment will also help improve coordination, strength, and critical thinking (among other benefits).



# Learn to Make new friends

How do children learn to make friends?

You can help kids make friends by coaching them at home. Talk about taking turns and sharing. Try using role-playing to practice different ways to handle disagreements. You can also demonstrate good behavior when you talk to family and your own friends.

What is the 7 friend rule?

Key Takeaways. You need seven friends who each play a different role in your life for a balanced friend circle. These roles include a childhood friend, a friend who always makes you laugh, and a friend you can tell anything to.

What do you learn for making new friends?

Show interest. Even if you're just meeting someone, you can make

them feel comfortable by asking the right questions and being a good listener. Ask open-ended questions. Encourage them to open up by saying things like, "Tell me more."

Ask Someone For Help.

Accept Invitations.

Attend Events. Volunteer.

Meet Your Neighbors.

Connect With Friends From the Past. Talk to Strangers.

Engage Your Hobbies.

What is the golden rule of friendship?

It has been shared across continents, cultures, and eras, and its message is simple: to live in harmony with the world around you, treat other people the exact way you would want them to treat you. The Golden Rule holds benefits for our friends and the people we love.



# Keep Children healthy this winter

To keep children healthy during winter, teach them to wash hands for at least 20 seconds with soap and warm water. Focus on scrubbing under nails, between fingers, and the backs of hands, especially after playing outside, coughing, or using the restroom to combat increased germs. Use moisturizing soaps to prevent dry skin.

Key Winter Handwashing Tips for Kids:

Duration: Scrub for at least 20 seconds—roughly twice the time it takes to sing "Happy Birthday" or "Twinkle, Twinkle, Little Star".

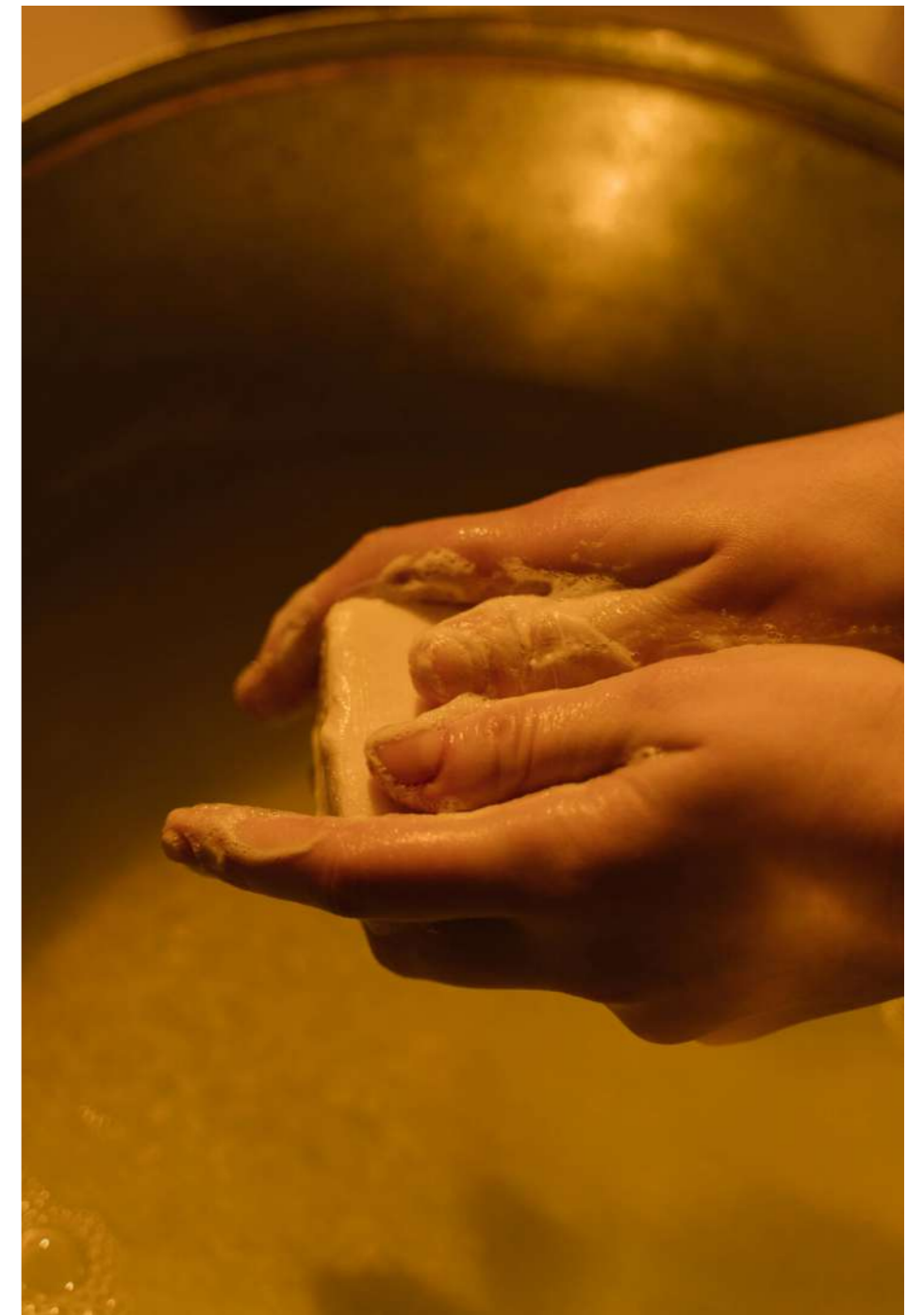
Key Times: Always wash hands before eating, after using the bathroom, after coughing/sneezing, and immediately upon returning home.

Technique: Use warm water to help remove oils and germs, ensuring soap covers the palms, backs of hands, between fingers, and under nails.

Dry Completely: Dry hands fully with a clean towel, as germs thrive on damp skin.

Combat Dryness: Use gentle, moisturizing soaps (containing glycerin or aloe) to avoid irritating skin, and apply lotion to prevent cracking from cold, dry air

Stay healthy wash your hands with soap and warm water in the winter.



# **MAGAZINE**

## **Media House**



**NEXT ISSUE - MAY 2026**  
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