

# Glamour Talk Mag

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*Danie & Sandra Oosthuizen*  
*when two souls recognize each other* page 6-9

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# Glamour Talk Magazine

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# 1.

## MEDIA HOUSE PROJECTS 2026:

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2 Mei 2026 R150 p/p

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# 2.

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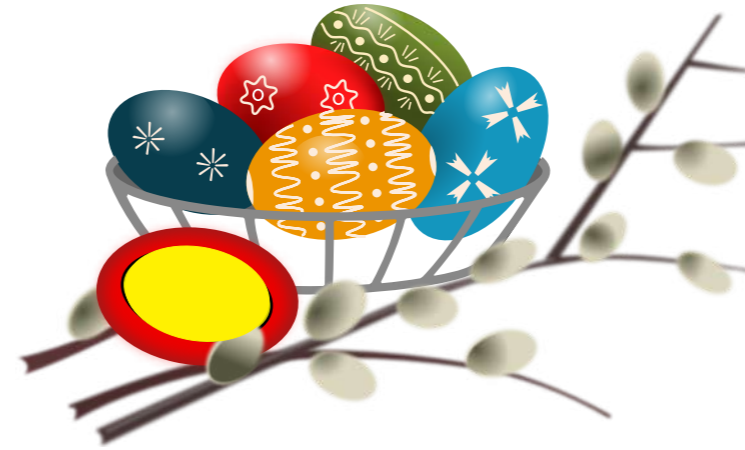
## COVERPAGE OPPORTUNITY'S:

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# 4.

## FREEDOM MONTH.

Celebrate Human's right day



# REGULARS

## 1: COVER PAGE: 01

*Our cover page - Beautiful Couple Danie and Sandra Oosthuizen.*

## 2. EDITORS NOTE: 03

*Editor - Charmaine Britz owner of Media House with magazine's like Glamour Talk Magazine / Top Vibe Magazine / Top Vibe Kids Magazine & 50+ Magazine*

## 3. WELCOME AMBASSADORS: 04

*Our Glamour Talk Magazine Ambassador Candice*

## 4. 2026 PROJECTS: 08

*Media House projects for 2026  
Koek en Tee 2 Mei 2026*

## 5. BACK PAGE: 20

*Our back page Easter eggs*



# Redakteurs Nota

Liewe leser,

**2 Mei hou ons Koek en Tee, kom kuier saam met ons baie uitstallers daar sal iets van alles wees met Moedersdag om die draai glo ek daar sal iets ouliks wees om te koop. Ons gaan lekker lag en net pret hê, Christine gaan vir hope vermaak sorg, kyk lag gaan jy lag.**

**Dinge gebeur so vinnig dit voel of mens nie kan by bly nie daar is regtig te min ure in eendag. Om als gedoen te kry.**

**Gelukkig is daar 'n paar vakansie dae geniet dit en maak die beste daarvan.**

**Ons voorblad het ons gedink en dit afgestaan aan 'n pragtige paartjie wat in die huwelik getree het, lees hulle verhaal op bladsy 7 en 8.**

**Media House wens Danie en Sandra Oosthuizen net die beste toe vir die toekoms, mag julle saam staan as een en wonderlike lewensjare saam geniet.**

**Die liefde is mooi, die huwelik nog mooier veral die die twee mooi harte het.**

**Ek groet julle tot volgende maand.**

Liefde  
**Charms**

# Our Ambassador

Dear my Readers,

So this month I just wanted to tell you more about being an Ambassador.

In today's fast-paced digital world, the role of a Glamour Ambassador goes far beyond beauty and fashion. A modern Ambassador represents confidence, culture, influence, and purpose. From fashion runways to social media platforms like Instagram and TikTok, ambassadors are shaping trends, inspiring audiences, and redefining what glamour truly means.

## More Than Just a Pretty Face

Gone are the days when glamour was only about appearance. Today's ambassadors are storytellers, entrepreneurs, and role models. They use their platforms to promote brands, inspire followers, and sometimes advocate for social causes. Influential figures such as Zendaya and Rihanna have demonstrated that glamour can be a powerful tool for self-expression and empowerment.

A glamour ambassador represents elegance, but also authenticity. Audiences today connect more with real stories, personal journeys, and honest experiences. One of the most important skills for a Glamour Ambassador is building a strong personal brand. Social media has transformed how ambassadors connect with audiences and brands. Platforms like YouTube and Instagram allow ambassadors to showcase their personality, style, and values.

Personal branding is not just about popularity; it is about credibility and trust.

Fashion plays a key role in the identity of a Glamour Ambassador. Style communicates personality, confidence, and creativity. From red carpet looks to everyday elegance, ambassadors use fashion as a language that speaks without words.

Celebrities like Rihanna have proven that bold fashion choices can redefine global style trends and inspire millions.

## Confidence: The True Definition of Glamour

At its core, glamour is not just about makeup, designer clothing, or luxury lifestyles. True glamour is confidence. It is the ability to walk into a room with self-assurance and inspire others simply by being yourself.

A great glamour ambassador uplifts others, encourages self-belief, and represents beauty in all its forms.

## Inspiring the Next Generation

As the world becomes increasingly connected, glamour ambassadors have an opportunity to influence the next generation positively. By promoting confidence, creativity, and authenticity, they can inspire young people to pursue their dreams and embrace their individuality.

The future of glamour is not just about looking beautiful—it is about living with purpose, confidence, and influence.

## UPCOMING MEDIA HOUSE EVENTS

\* Cocktail Workshop- been postponed

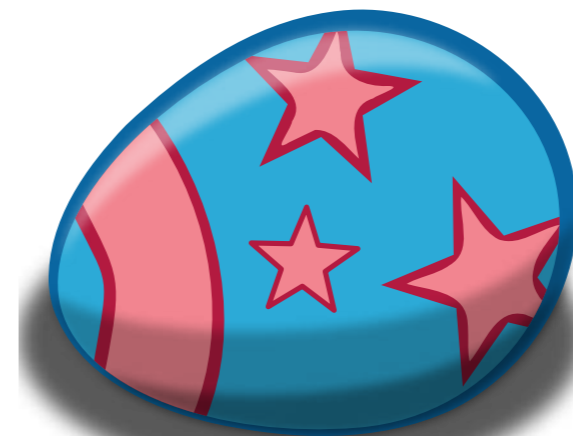
\* Koek en Tee - 1 May @ R150

Get in contact with Candice 078-614-4171.

Happy Easter!!

Kind Regards  
Candice Trietsch  
Glamour Ambassador

Happy Easter from the  
Media House Team



Ambassador  
Candice Trietsch

# Danie and Sandra Oosthuizen

## when two souls recognize each other

### When Two Souls Recognize Each Other

Some love stories arrive slowly. Others walk into your life without warning and turn your entire world upside down.

Mine did exactly that.

She didn't arrive with fireworks or dramatic music playing in the background. She walked into my gym as a client — determined, focused, and quietly carrying a story written in strength and perseverance. At first, she was simply someone I coached, someone with goals and discipline. But over time, something incredible began to happen.

I watched a transformation unfold.

Not only in her body — though that transformation was powerful and inspiring — but in her spirit, her confidence, and the quiet fire inside her. She became one of those people who reminds you what resilience looks like. The kind of person who doesn't just talk about change but lives it every single day.

And somewhere between the training sessions, the laughter, the conversations about life, and the shared moments of honesty, something unexpected happened.

She became my best friend.

The kind of friend everyone hopes to find in a lifetime — honest, straightforward, loyal, and real. Someone who speaks truth even when it's uncomfortable, someone who stands beside you without pretending to be perfect.

Then one day, something changed.

The first kiss happened.

It wasn't planned. It wasn't calculated. It was simply a moment when two hearts realized what they had been quietly discovering for some time. In that moment, I understood something very simple yet incredibly powerful:

The heart wants what the heart wants.

From that moment forward, we began building something unique. Something rare. Two people with scars from the past, yet no interrogation of those scars. No judgment. No endless questions.

Only acceptance.

We accepted one another exactly as we were — imperfect, healing, growing. And somehow, that acceptance became the strongest foundation we could ever have hoped for.

When you love someone for who they truly are, not who you want them to become, something extraordinary begins to grow.

So on the 5th of December, I made the decision that changed my life forever.

I asked her to marry me.

And without hesitation, we started planning the day that would unite our lives before God, family, and friends. Our wedding was set for 28 February — a date that will forever live in my heart.

The day arrived, and like many beautiful stories written by God, it came with its own unexpected touch.

Rain.

*FOLLOW NEXT PAGE*





# Danie and Sandra Oosthuizen when two souls connect



Not a storm that ruined the moment, but a gentle, steady rain that felt almost symbolic — as if heaven itself was blessing the beginning of our new life together.

Standing there, waiting for her to walk down the aisle, I realized something unexpected was happening to me.

My mouth went dry.

My hands started sweating.

My heart was pounding so hard it felt like everyone around me could hear it.

Then I saw her.

My bride.

There are moments in life where words completely fail you. That was one of them. She looked absolutely exquisite. Elegant, radiant, and breathtaking in a way that had nothing to do with the dress alone — it was the joy in her eyes, the calm strength in her presence.

Before I could even prepare myself, the first tear escaped.

And then another.

Soon those tears were no longer drops — they were a river. Not tears of sadness, but tears of overwhelming gratitude.

Because in that moment, I realized something that many people spend their entire lives searching for.

I had found my person.  
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We stood before God and exchanged our vows — promises not of perfection, but of commitment. Promises that said, “No matter what storms come, we will face them together.”

And in that sacred moment, we both knew something very clearly:

This was only the beginning.

Our marriage is not just a relationship between two people. It is a journey we believe God Himself is writing, with the pen firmly in His hand.

People often ask us what the secret is to a happy marriage.

The truth is, there is no magic formula.

Our foundation is built on a few simple but powerful things:

Friendship first.  
Honesty always.  
Respect without conditions.  
Faith in God.  
And acceptance of each other’s past.

Because the past does not define who we are today. It simply shapes the strength we bring into the future.

What attracted us to each other was not perfection.

It was authenticity.

We saw each other clearly — strengths, weaknesses, scars and all — and instead of turning away, we leaned closer.

Did we know we had met the right person?

Yes.

Not because life suddenly became easy, but because being together felt right in a way that words struggle to explain. There was peace. There was trust. There was a sense that our paths had always been meant to cross.

If I had to describe my philosophy about true love, it would be this:

True love is not the absence of scars. It is the courage to show them.

True love is not two perfect people finding each other. It is two imperfect people choosing each other every day.

And when that love is built on faith, honesty, and unwavering commitment, it becomes something stronger than feelings.

It becomes a covenant.

Today, when I look at my wife, I don’t just see the woman who transformed her body in a gym.

I see the woman who transformed my life.

My best friend.  
My partner.  
My greatest blessing.

And our story?

It’s still being written.

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**Kontak ons**  
Charmaine 072 768 8582  
Carin 082 827 6556

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**Donations will be handed over 30 May 2026.**

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# 2026 Winter fashion color trends



Winter 2026 fashion trends embrace a balance of deep, comforting neutrals and bold, "dopamine" accents.

Key colors include rich teal, moody burgundy, chocolate brown, and creamy whites. These are complemented by vibrant pops of orange-red, pistachio green, and bright magenta (Candy Pink) to create a harmonious mix of serenity and energy.

Key Winter 2026 Color Trends:

**Rich Neutrals:** Deep chocolate browns, muted cocoa, and deep forest green provide a solid, cozy foundation.

**"Dopamine" Accents:** Vibrant, mood-boosting shades such as teal, tangerine, and bright red are used to break up darker outfits.

**Soft Pastels & Whites:** Serene, cloud-like whites, milky whites, and soft lavender/lilac are popular for a minimalist, "old Hollywood" feel.

**"Candy Pink":** A more intense, playful shade of pink that replaces the softer powder pinks of previous seasons.

**Metallic Tones:** Gold and silver are favored for accessorizing, adding a luxurious edge.

Leading the 2026 color trends are deep, inviting shades of burgundy and terracotta. Burgundy brings an elegant richness, while terracotta grounds the palette with an organic, sun-baked warmth. Together, they create a sense of stability and sophistication.

What Are the Biggest Winter 2026 Trends?

Funnel-neck jackets are this season's trending silhouette.

Faux suede and faux fur textures are our top picks for winter layering.

Stripes, checks, and argyle prints are making a major comeback.

Slouchy tailoring and studded details are your key to elevated styling.

The important thing is to stay warm and healthy this winter.



# Antenuptial Agreement in South Africa



## Antenuptial Agreement in South Africa

In South Africa, an antenuptial agreement (ANC) is a legal document that couples can sign before their wedding to determine how their assets, debts, and future growth will be managed during the marriage and in the event of divorce or death. The ANC can opt out of the default community of property arrangement, allowing couples to choose a different marital property system that best suits their personal and financial needs.

The ANC must be signed before the marriage, notarized, and registered at the Deeds Office to be legally valid and enforceable. The main choices for the ANC include:

**With Accrual:** Each spouse's estate stays separate throughout the marriage, but the growth during the marriage is shared upon dissolution.

**Without Accrual:** Each spouse's estate is kept separate during the marriage, but the growth accumulates during the marriage is shared upon dissolution.

It is crucial to have a well-drafted ANC to protect individual assets, manage debt, and clarify financial expectations, ensuring peace of mind for both spouses.

## What is an antenuptial contract?

In South Africa, couples who don't sign any contract before their wedding are married in community of property by default. That means both spouses' assets and debts—

—past, present, and future—merge into a single joint estate. An antenuptial contract is a written agreement signed before the wedding, in front of a notary public, that opts you out of that default and replaces it with one of two regimes:

### Out of community of property without accrual

Each spouse's estate stays separate throughout the marriage. What's in your name remains yours (and your debts remain yours).

### Out of community of property with accrual

Each spouse keeps their premarital estate separate, but the growth (accrual) that accumulates during the marriage is shared when the marriage ends. You can exclude specific assets (like an inherited farm or heirloom shares) from the accrual if you list them clearly in the contract.

A well-drafted ANC can also assign debt responsibility, set valuation rules for businesses and properties, and include dispute-resolution mechanisms such as mediation or arbitration.

Look at the key factors on the next page.

# Antenuptial Agreement in South Africa

## Key Features of SA Antenuptial Contracts

**Default Position:** Without an ANC, your marriage is automatically "in community of property," meaning all assets and debts are shared.

### Types of ANC:

**With Accrual:** The most common, it allows spouses to share in the growth of each other's estates during the marriage, while keeping assets owned before marriage protected, according to the law.

**Without Accrual:** Assets and debts remain strictly separate before and after marriage.

**Protection:** It protects against creditors if one spouse becomes insolvent, as debts remain with the responsible party, notes.

### Important Process Details

**Drafting:** Must be drafted and signed before the marriage date.

**Notarization:** Must be signed by a Notary Public.

**Registration:** The contract must be registered at the Deeds Office within roughly 3 months of signature.

**Costs:** Costs are not fixed, but include attorney fees for consultation and the registration fee, according to law

It is highly recommended to consult with a notary public to tailor the contract to your specific needs are the three types of marriage contracts in South Africa?

### TYPES OF MARRIAGE AGREEMENTS IN SOUTH AFRICA.

Marriage In Community of Property; Marriage Out of Community of Property – subject to the Accrual System; or. Marriage Out of Community of Property – with the Exclusion of the Accrual System.

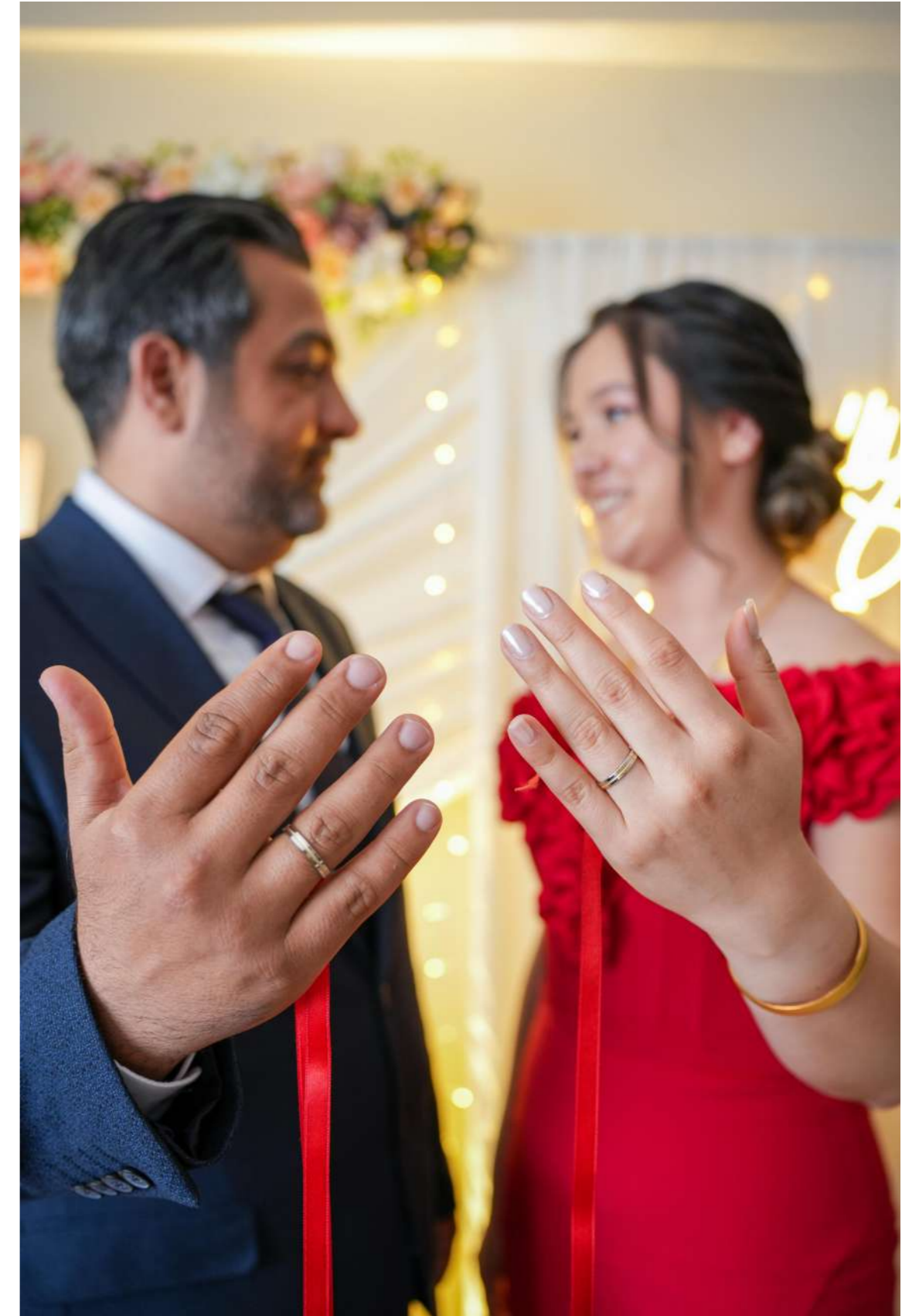
Can an antenuptial contract be signed after lobola?

Therefore, if the parties to be married customarily, intend to enter into an ante-nuptial contract, this must be done prior to the lobola negotiations irrespective of when and how the parties intend to celebrate their union

Is a spouse entitled to half of everything?

When you divorce your spouse and are in the process of resolving finances, you shouldn't assume that the assets will be divided 50-50. While an equal share of the assets is often a good starting point for discussion, it might be the case that one person comes away with more than the other.

Contact a attorney and make sure yo understand fully before you get married.



A close-up photograph of a bouquet of pink tulips. The flowers are in various stages of bloom, with some fully open and others still as buds. The tulips are wrapped in clear plastic, which is visible as a grid-like pattern over the flowers. The background is a soft, out-of-focus green, suggesting the leaves of the tulips.

# MAGAZINE

# Media House

**NEXT ISSUE MAY 2026**

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