

Top Vibe

ONLINE

KIDS MAGAZINE

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ISSUE 89

Merry Christmas

Nombulelo Bless - Face of Top Vibe Kids Magazine 2026

Top Vibe

ONLINE Kids Magazine

COMMENTS:

Please send us an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

OUR ADVERTISERS:

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2.

CHILD SAFETY FROM CHOKING ON TOYS:

Kids can choke on small toys.

3.

NOMBULELO BLESS THE NEW FACE OF THE MAGAZINE:

The face of the magazine has been crowned see page 6 &7

4.

TAYGAN BOTHA:

Our Ambassador say goodbye.



REGULARS

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Charmaine Britz CEO - MEDIA HOUSE
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Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

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Top Vibe Kids Ambassadors:
Taygan Botha say goodbye.

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover page girl at a Christmas tree

5. BACK PAGE 20

Back page: With Christmas around the corner our next issue is the December Issue



Photographer: Albertus Kriel
Venue: Turn & Tender Vaalmall

REDAKTEURS NOTA

Liewe maats,

Die jaar is op sy rug, ons het goeie nuus en slegte nuus.

Die nuwe gesig van Top Vibe Kids Magazine is Nombulelo Bless. Die slegte nuus is dat Taygan ons ambassadeur van 2 jaar gaan nou uit tree by Media House.

Baie dankie Taygan vir die twee jaar wat jy ons ambassadeur was, jou vriendelikheid en behulpsaamheid altyd reg om te help. Mag jou pad vorentoe net geluk en voorspoed inhou.

Geseënde Kersfees, mag julle 'n wonderlike feestyd geniet.

Liefde

Charms



OUR AMBASSADOR



TAYGAN BOTHA

Dear readers,

It has been an honour to serve as an ambassador for the Top Vibe Kids Magazine.

As the saying goes, all good things must come to an end, and the time has arrived for me to say goodbye.

I would like to thank your loyal readers for their support. I will miss the magazine dearly, but I am also excited to embrace new challenges and opportunities in the coming year.

I smile when I go down memory lane, the photoshoots that we had, it was fun.

2024 yearend function buffet breakfast and secret Santa.

What a wonderful time to remember.

Please take care enjoy a wonderful Christmas, blessings.

Love Taygan Botha



Merry Christmas

Nombulelo Bless - New Face of Top Vibe Kids Magazine 2026



Top Vibe Kids Magazine is proud to announce our newly crowned Face of the Magazine!

It is an incredible honor to Welcome *Nombulelo Bless* as the new face of our brand.

We are excited to work with you throughout the year as we collaborate on our charity initiatives and prepare for all our exciting events coming up in 2026.

Thank you to our sponsors!

2026 Is going to be a great year.

We are so proud of you.



Child safety from choking on toys

To ensure child safety from choking on toys, regularly check for small, loose parts and keep small objects like coins, marbles, and button batteries out of reach. Always choose age-appropriate toys and follow manufacturer age recommendations, as these relate to safety and choking hazards. Inspect toys for breakable parts and ensure that children under three do not play with latex balloons.

Key safety tips

Inspect toys regularly: Check toys for loose or broken parts, such as eyes on stuffed animals or small pieces that could break off.

Discard small parts: Throw away or safely recycle batteries (especially button batteries), coins, and other small items that can be a choking hazard.

Choose age-appropriate toys: Always follow the age recommendations on toy packaging, as they are designed to prevent choking.

Perform a quick check: A common rule of thumb is that a child under three should not have access to anything smaller than a D-sized battery, which includes marbles, small balls, and small building blocks.

Supervise play: Never leave young children unsupervised with toys that have small parts or are at risk of breaking.

Be mindful of all household items: Keep small objects like pen caps, erasers, and even food items like nuts and seeds out of a child's reach.

Be cautious with specific items:

Latex balloons: Avoid latex balloons for children under eight, as popped or uninflated balloons are a major choking hazard.

Bean bag chairs: Do not allow young children to play with bean bag chairs that contain small foam pellets.

Magnets: Keep small, high-powered magnets out of reach and regularly check magnetic toys for cracks that could expose them.

Cords: Remove all cords, strings, and ribbons from toys, clothing, and window blinds.

What are 10 common choking hazards?

Choking Hazards

Popcorn, chips, pretzel nuggets, and snack foods. Candy (especially hard or sticky candy), cough drops, gum, lollipops, marshmallows, caramels, hard candies, and jelly beans. Whole grapes, raw vegetables, raw peas, fruits, fruits with skins, seeds, carrots, celery, and cherries.



Ensure your kid's safety in and around the house

To ensure kid's safety this holiday, focus on securing your home with locked doors and secure decorations, supervising activities like cooking and swimming, and teaching children fundamental rules like not talking to strangers and what to do if they get lost. It's also crucial to manage online activity and be vigilant in public by discussing safety plans, such as establishing a meeting point.

Child-proof your home: Keep small objects, medications, cleaning supplies, and other hazardous items out of reach of younger children.

Secure the premises: Ensure all doors and windows are locked. Teach children not to open the door for strangers and that they should tell a trusted adult if the door is left open or a window is smashed.

Safe decoration and cooking: Avoid long cords, strings, and unattended cooking. If your child is learning to cook, supervise them closely.

Water safety: If you have a pool, make sure it is securely fenced. Never leave children unsupervised near or around water, even if they can swim.

Public safety

Supervise children in public: In crowded places like malls, airports, or train stations, keep a close eye on your children.

Establish a meeting point: Agree on a meeting point beforehand in case anyone gets separated.

Teach stranger danger: Remind children not to talk to or go anywhere with strangers.

Safe travel: Ensure children are seated close to you on public transport and stick to busy, well-lit roads when walking.

Digital and general safety

Monitor online activity: Set rules for internet and social media use, monitor their activity, and warn them against sharing personal details or befriending strangers online.

Teach "tell someone" rule: Instruct children to always tell a parent or guardian if they see anything online or encounter a person that makes them feel uncomfortable or unsafe.

Emergency contact information: Make sure your child knows their full name, address, and phone number by heart. Keep an emergency contact list readily accessible at home with numbers for parents, neighbors, and emergency services.

Be aware of risks: Remind them about potential risks like fire, choking hazards, and the importance of not getting into a car with someone they don't know.



Chef Sue



Spaghetti en sous

Benodig:

1x pan of klein pot vir sous

1 x pot vir spaghetti

1 x pak spaghetie

1 x tamatie en 1 x ui.

Sout na smaak.

Kook water met 'n bietjie sout

In, gooi spaghetti in en kook.

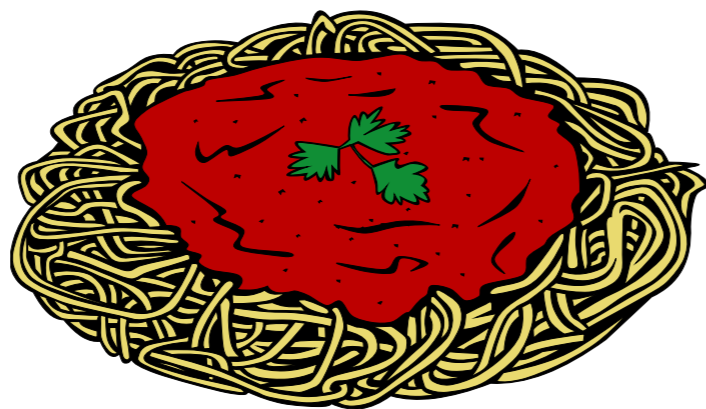
Sny ui en tamatie in klein

Blokkies en braai oor lae hitte.

Kook tot gaar, mens als en jy

kan dit so eet of selfs bietjie

kaas byvoeg.



Kleur My in

How to decorate a Christmas



How do you decorate a Christmas tree?

To make your Christmas tree look perfect, focus on symmetry and balance, distributing decorations evenly around the tree. Use a variety of bauble sizes, shapes, and textures to create visual interest and depth. Ensure lights are well-spaced and reach into the branches for a warm, glowing effect.

How to decorate a Christmas tree well?

Use a variety of decorations and ornaments on your tree to create contrast and depth. Think different shapes and sizes as well as varying textures such as glass, wood, glitter, mirror, metallics and picks. Even faux flowers can look at home on a Christmas tree! Add some new Christmas decorations to your tree each year.

Decorate your Christmas tree in the following order: start with the lights, weaving them in and out of the branches for even coverage. Next, add garland or ribbon, draping it evenly around the tree. Then, hang your ornaments, beginning with the largest and finishing with the smallest, ensuring they're well-distributed.

When decorating any Christmas tree, always hang your lights first, before anything else. Hanging lights can be tricky, but it's even harder when your tree is already full of baubles and other ornaments. To hang your Christmas tree lights: Start at the bottom and wrap your lights around your tree close to the trunk

Safety around pools, rivers, etc



Top water safety tips include learning to swim, always swimming with a buddy, and wearing a life jacket, especially when boating. It's also crucial to obey lifeguards and posted signs, stay sober, and avoid diving into unknown waters.

General and swimming safety

Learn to swim: Formal swimming lessons can significantly reduce the risk of drowning.

Swim with a buddy: Never swim alone, and always have a designated "water watcher" whose only job is to supervise swimmers, especially children.

Wear a life jacket: Use a U.S. Coast Guard-approved life jacket for boating and for those who are weak swimmers or are in deep water.

Know your limits: Don't overestimate your physical abilities, and be aware of risks like hyperventilation.

Avoid alcohol: Don't swim or supervise swimmers while under the influence of alcohol, and be aware that children

should not swim if they have eaten recently.

Obey rules and signs: Always follow the directions of lifeguards and pay attention to safety signs and flags.

Pool and open water safety

Never dive into unknown or shallow water: Always check the water depth before diving to prevent serious injury.

Be aware of natural water hazards: Understand the risks of rivers, rip currents, and other natural bodies of water.

Do not swim in bad weather: Get out of the water at the first sign of thunder or lightning.

Take precautions at home: If you have a pool, ensure it is surrounded by a fence and take other precautions like removing toys from the water and draining inflatable pools after use.

Take protection against the sun this summer..

Key Sun Protection Measures

Seek Shade: The sun's UV rays are strongest between approximately 10 a.m. and 4 p.m.. Plan outdoor activities for the early morning or late afternoon when the sun is less intense. When outdoors, use trees, umbrellas, or canopies for shelter.

Wear Protective Clothing: Cover exposed skin with tightly woven, loose-fitting clothing. Long-sleeved shirts and long pants provide the best barrier. Some clothing comes with an Ultraviolet Protection Factor (UPF) label for enhanced protection. Darker colors generally offer more UV protection than lighter colors.

Wear a Wide-Brimmed Hat: A hat with a wide brim all the way around (at least 3 inches) protects your face, ears, and the back of your neck. Avoid baseball caps, which leave these areas exposed.

Use Sunglasses: Protect your eyes and the delicate skin around them with sunglasses that block 99% to 100% of both UVA and UVB rays. Wrap-around styles offer the most complete protection.

Apply Sunscreen Generously: Use a broad-spectrum, water-resistant sunscreen with an SPF of 30 or higher on all exposed skin. Apply it generously (about one ounce, or a shot glass full, for the entire body) at least 15-20 minutes before going outside.

Reapply Sunscreen Regularly: Sunscreen wears off. Reapply it at least every two hours, or more often if you are swimming or sweating heavily. Remember often-missed spots like the ears, neck, hands, and feet.

Be Aware of Reflective Surfaces: Water, sand, and snow can reflect and intensify UV rays, increasing your exposure even in the shade.

Take extra precautions in these environments.

Stay Hydrated: Drink plenty of water to avoid heat-related illness, which is a health threat during high temperatures.

Avoid Tanning Beds: Tanning beds and sun lamps emit strong UV radiation and significantly increase the risk of skin cancer and premature aging, so they should be avoided entirely.

By consistently following these sun-safe habits, you can enjoy the outdoors while keeping your skin protected.

Sun Protection - Is a must look after you skin.



MAGAZINE

Media House



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