

Top Vibe

Magazine

ONLINE
JANUARY 2026
ISSUE 200

My Miss Global South Africa 2025 Experience
Valmarie Volschenk page 12 & 13

Media House
projects 2026

20
26

MEDIA HOUSE AMBASSADORS FOR 2026

Top Vibe Magazine

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TOP VIBE MAGAZINE ISSUE 200
JANUARY 2026

1.

TOP VIBE MAGAZINE AMBASSADORS:

Welcome to our lovely ambassadors they will bring you something new every month.

2.

MEDIA HOUSE SALES REPRESENTATIVES:

Sarel Botha - 074 409 3929
Candice - 078 614 4171

3.

ADVERTISERS:

Support our advertisers, they support us.

4.

FRIDAY CLUB VAAL:

Are you a business owner, visit the Friday Club Vaal where business people network. Call Charmaine on 072 768 8582 for more info



REGULARS

1. COVER PAGE: 01

Top Vibe Magazine celebrate the new year 2026

2. EDITOR'S NOTE: 03

Charmaine Britz Editors note updating you on what to expect in the magazine.

3. AMBASSADORS: 04

Our Ambassador for 2025 is Candice and Sarel.

4. ADVERTS: 08

Support our advertisers. To advertise in the magazine call Charmaine 072 768 8582 - Sarel 074 409 3929 OR Candice 078 614 4171

5. FRIDAY CLUB VAAL: 12

Are you a business owner, visit the Friday Club Vaal where business people network.



Me having some fun with the App REMINI

Editors Note

Dear readers,

As we step into 2026, we do not know what the year holds for us. All we can do is pray for good health, happiness, and prosperity.

With faith, dedication, and hard work, we can turn our hopes into achievements and make this year a successful one.

Warm welcome to our new ambassadors for 2026. Support our ambassadors. I'm looking forward to working with you this year.

If you are serious about business join us at the Friday Club it's where business people come together to network, we started in the Vaal in May 2025 and I promise you people do business in the network.

Don't stay in the dark join us and we can help you to grow your business.

Happy new year make the very best of this year.

See your next month

Charms

Ambassadors

Stepping Into Our Highest Vibe

Dear Readers, Happy New Year!

As we step into this new year, let's take a moment to breathe, reset, and realign. Let's remind ourselves that we don't need everything figured out to move forward — we just need the courage to begin and the commitment to keep showing up.

This year, may we choose growth over pressure and alignment over comparison. Let's protect our energy, honour our own pace, and remember that consistency will always matter more than perfection. Every lesson, every pause, and every fresh start is part of the journey.

As we enter this new chapter with Top Vibe Magazine, may we continue to inspire confidence, authenticity, and bold dreams. Let's trust our paths, support one another, and never dim our light.

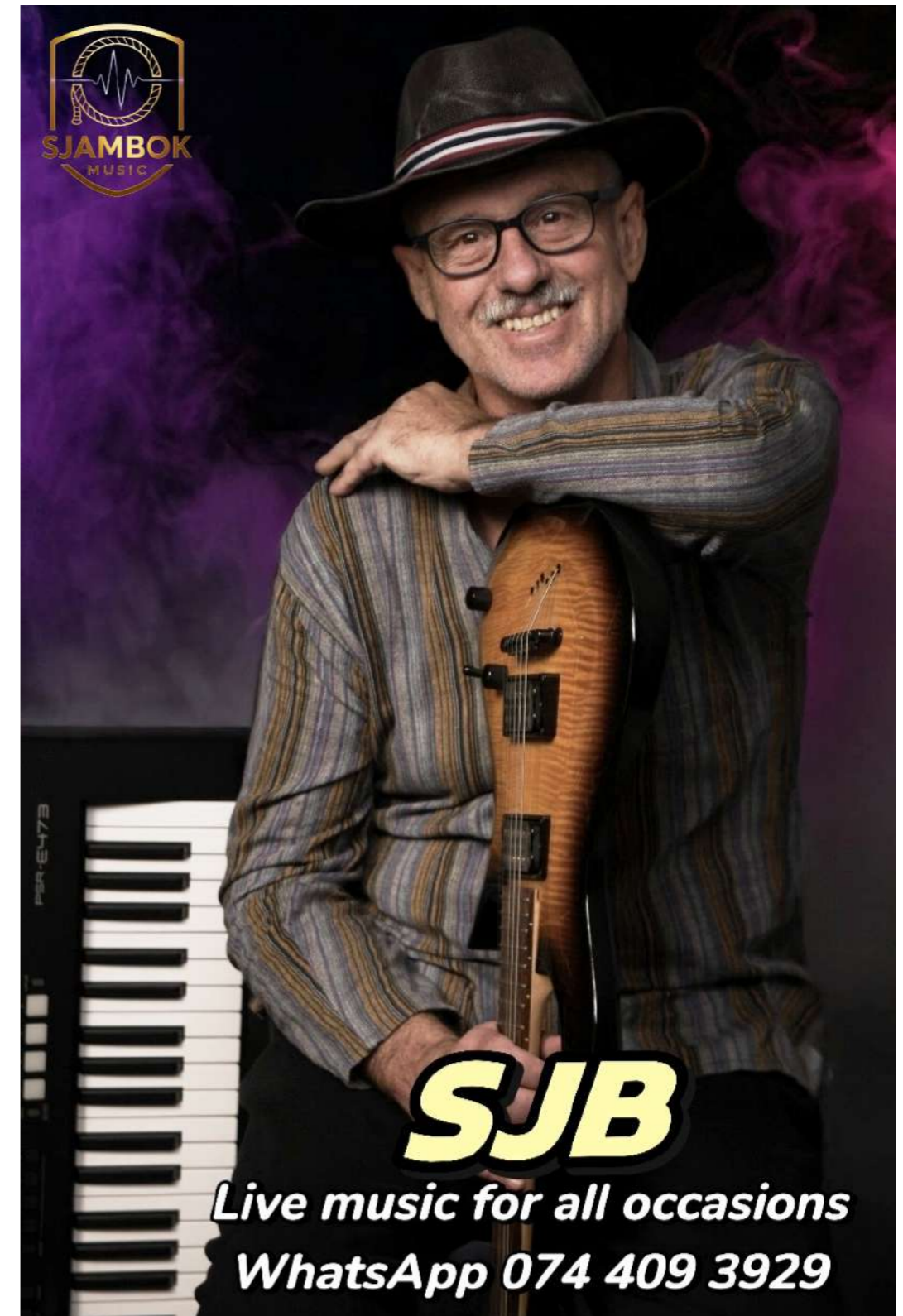
Happy New Year — and welcome to the new vibe.

Bokamoso Bless

Face of Top Vibe Magazine



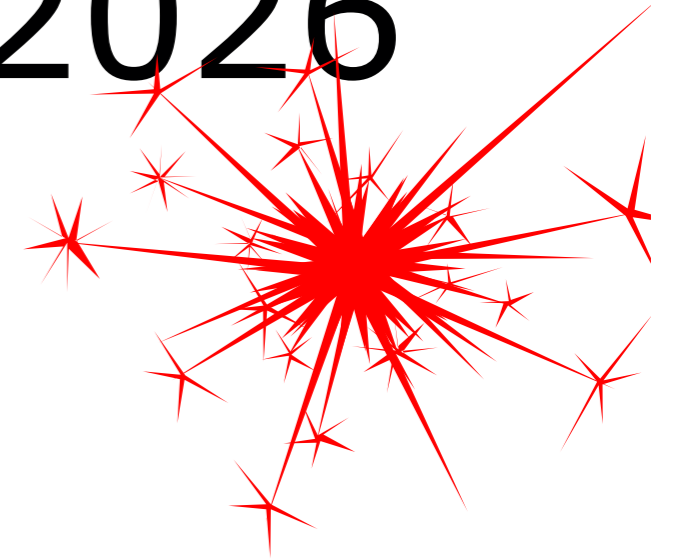
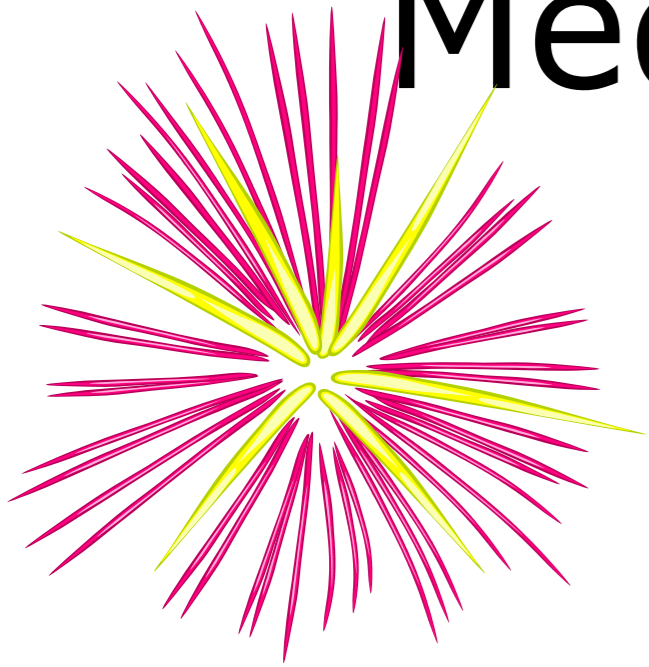
Bokamosa Bless
Face of Top Vibe & Ambassador



Sarel Botha
Social Media &- Ambassador

Media House projects 2026

Take part in the fun




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23 January 2026

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**Photogenic & cover
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competition**

WhatsApp
072 768 8582



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JANUARY
2026**


MEDIA HOUSE

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SPOTS**

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SCHOOL!**

PHOTO COMPETITION

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R100

Bank details:
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Ref: Your name

MEDIA HOUSE AMBASSADORS FOR 2026

The spotlight is on our 2026 Ambassadors, we are blessed to have you on board.



My name is **Carin Mulder** your Events Ambassador. I'm based in Sasolburg. 2026 marks my first year as Events Ambassador for Media House, and I'm truly honoured to step into this role. First and foremost, I would like to thank everyone who supported and attended our charity events last year. Your presence made a meaningful difference. I love what I do, I invite you to take part in our charity events throughout the year.

Thank you - Carin



I'm **Sarel Botha** your Social Media / advertising Ambassador. Always busy and passionate about what I do. In addition to this role, I also run my own photography company, and I truly love capturing powerful moments through photos. If you are interested in advertising in the magazines, please get in touch with me. Together, we can give your business the exposure it deserves.

Sarel 074 409 3929



My name is **Bokomosa Bless**, I'm the new Face of Top Vibe Magazine and a Ambassador for Top Vibe Magazine.

I'm proud to be the Face of the magazine. We have great charity events planned for the year, please follow us on social media.

We call on all grade 1 learners to take part in our competition. Looking forward to see your friendly face's in our magazine.

Take care Bokomosa



I'm **Nombulelo Bless**, the new Face of Top Vibe Kids Magazine and a Ambassador for Top Vibe Kids Magazine.

You'll be seeing a lot of me as I take part in all our charity events and exciting projects. Follow our Facebook page And join me on this beautiful journey.

There's so much in store for you!.

Love Nombulelo xx



My name is Candice Trietch your Glamour Talk Magazine Ambassador. I will be a freelance sales representative for Media House. If you are interested in marketing your business please feel free to contact me. I would be happy to assist you.

You can contact me on 082 922 0490

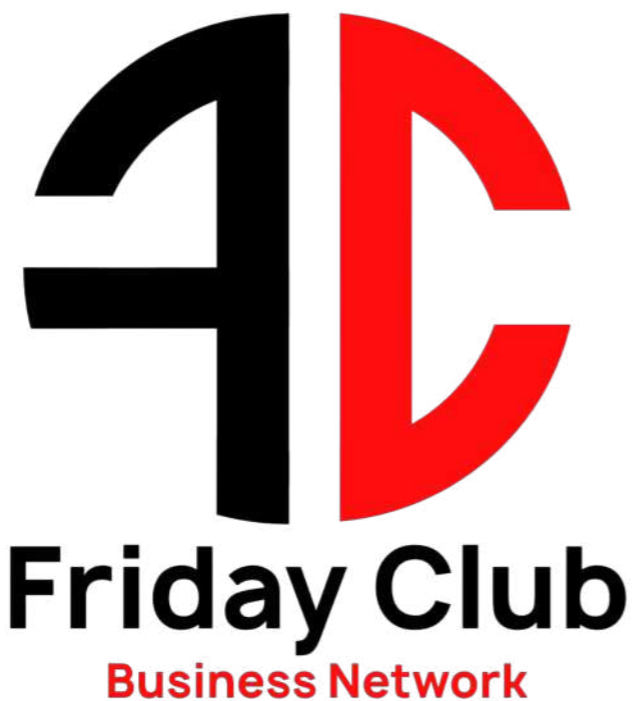
Take care Candice!

“Advertising your business”



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50+
MAGAZINE / TYDSKRIF

My Miss Global South Africa 2025 Experience

Valmarie Volschenk

I entered Miss Global South Africa 2025 not fully knowing what to expect, and in many ways, that uncertainty defined my journey. This was my first all-female pageant, and while I ultimately won the Debutant title (Thanks to my sponsors: Flowerspot, Grace makeup artistry by Abigail, The V-Line, The Crown Academy, Rock 'n tan, MW Photography and Studio, Firefly Boutique, Perfect Lines, Nailz by C), the experience itself taught me far more than any sash or crown ever could.

Our journey began at Swazulu Guest Lodge, and from the very first day, things did not go according to plan. It was pouring with rain when I arrived, and I remember feeling completely overwhelmed as my clothes and electronics were drenched. In that moment, I felt scared, out of place, and very aware that I was stepping into a world that didn't naturally feel like mine. Almost immediately, I knew I wasn't a "pageant girl" in the traditional sense, and I made peace with the idea that I probably wasn't going to win. That realisation oddly brought relief. I stopped trying to be overly proper or fit into a mould that didn't feel authentic to me.

As the week unfolded, the experience became lighter and more enjoyable. We were given opportunities that I will always be grateful for — from game drives and driving our sponsored LDV Bakkies, to my very first time shooting a gun during target practice. We also enjoyed a unique gin-making experience hosted by Love Gin, which added a fun and creative element to the week. We took part in memorable photoshoots, including one with a horse, and shared an unforgettable dinner prepared for us on the klip at Swazulu. One of the highlights for me was acrobanching — a fun, challenging experience that reminded me how important it is to enjoy the moment rather than overthink everything.

Later in the week, we moved to a new location to prepare for the finale. We shared a relaxed pajama evening with Bianca Cosmo, made even more special by the delicious food sponsored by Food Inc. This was followed by interviews and final preparations. On finale night, we wore beautiful Dian Daniels dresses and truly looked stunning. It was a moment where everything came together, and regardless of

outcomes, it felt special to be part of something so professionally executed.

Throughout the entire pageant, what stood out to me most was the effort and dedication behind the scenes. I could genuinely feel how much work our pageant director, Nelius, put into creating this experience. His commitment, along with the support of the sponsors, played a huge role in making the week what it was. I am especially grateful to my sponsors and supporters, whose support contributed directly to my journey and to me being awarded the Debutant title.

Winning the Debutant title was an honour, but I would be lying if I said it defined the journey for me. I worked hard — harder than what that title alone represents — and the real reward was the lesson I walked away with. I learnt that if you are not happy doing something for the journey and the experience itself, then there is no point in doing it at all. Titles fade, but growth stays.

Miss Global South Africa 2025 challenged me, humbled me, and reminded me to stay true to myself even in spaces where I don't quite fit the expected image. While parts of the experience felt forced at times, it also gave me clarity, resilience, and perspective. For that, I will always be grateful.

Valmarie Volschenk



Make time for family and friends

Make time for meaningful connections with family and friends, prioritize presence by putting away devices, schedule regular shared activities (like meals, games, or outdoor adventures), and focus on creating supportive, fun, and memorable moments through open communication and shared experiences, turning everyday routines into quality time.

Plan & Schedule Activities

Regular gatherings: Make time for coffee, meals, or walks with friends; integrate connection into daily life.
Shared experiences: Plan outings like picnics, hikes, game nights, or learning a new hobby together.
Create traditions: Establish weekly "adventure time" or family dinners to build lasting memories.

Be Present & Mindful

Put phones away: Create phone-free zones or times (like meals) to foster real connection.
Engage fully: Listen actively, make

make eye contact, and be in the moment during conversations.
Express appreciation: Show love and support through words and actions.

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Integrate into Daily Life

Turn chores into fun: Cook together, shop for groceries as a team, or play games in the car.
Explore together: Discover nature, try new recipes, or have creative sessions like making puppets or a scrapbook.
Focus on Connection, Not Perfection
Keep it simple: Meaningful time doesn't need to be elaborate; a chat

lover tea or a walk can be enough.
Have fun: Quality time should feel enjoyable, not like a chore.
Support each other: Create space for both celebrating joys and navigating challenges together, which strengthens bonds.

Just a message, a phone call.



Returning to work after holiday

Returning to work after a vacation can bring the "post-holiday blues," but you can ease back in by starting slow, prioritizing tasks, taking breaks, and finding ways to extend the vacation feeling, like planning future fun or sharing positive memories. Ease into your first day with a lighter workload and by taking short breaks, making it a gradual transition rather than a sudden plunge back into the routine, to preserve your refreshed mindset.

Ease In Slowly:

Don't jump into big projects or long meetings on day one; start with simpler tasks to let your brain catch up.

Schedule "You" Time: Book short meetings with yourself to calmly sort emails, organize, and plan.

Take Breaks:

Don't skip lunch or coffee breaks. Get out of the office if you can, or

don't skip lunch or coffee breaks. Get out of the office if you can, or just step away from your desk.

Manage Emails:

Don't tackle your inbox chronologically; sort by sender or conversation and focus only on urgent items first.

Maintaining the Good Mood Extend the Feeling:

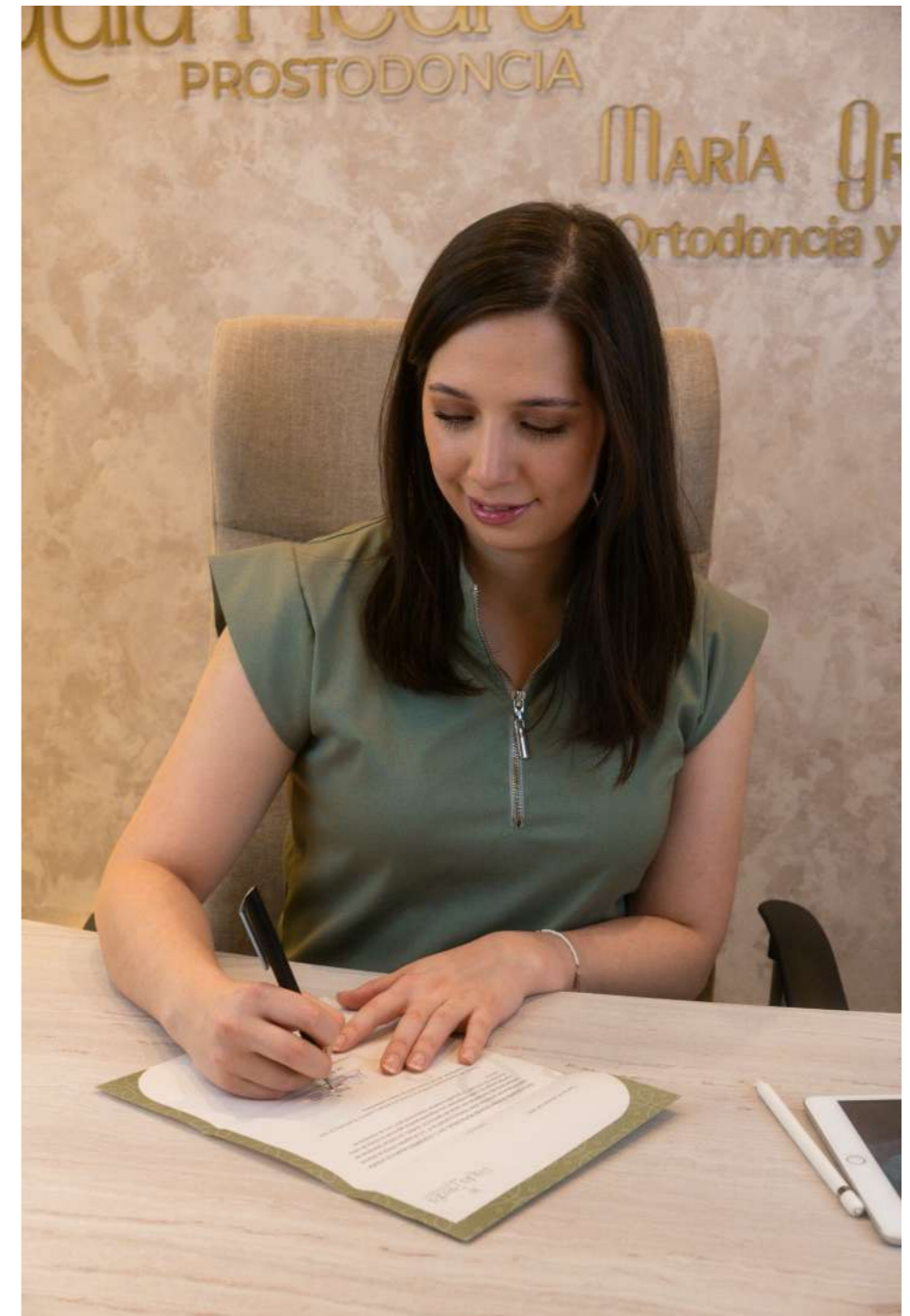
Plan simple, fun activities for your evenings and weekends to keep the relaxed vacation vibe going. **Connect with Colleagues:** Share brief, positive vacation stories to build social connections at work, suggests The Conversation.

Bring a Souvenir:

A small item from your trip can act as a "transitional object" to keep you connected to your relaxing time.

You can watch this video for tips

You can watch this video for tips on how to beat the post-vacation blues.



Grow your business in 2026...

To grow your business in 2026, focus on technology (AI, automation), customer-centricity (personalization, feedback), strategic diversification (new products/markets), operational efficiency (streamlining processes), and smart marketing (digital, storytelling). Develop a clear plan, analyze market trends, leverage emerging tech, and build strong customer relationships for sustainable growth in a rapidly evolving landscape.

Key Growth Strategies for 2026 Embrace Technology:

Integrate AI, automation, and data analytics for efficiency and insights; consider e-commerce and CRM tools.

new products/services via MVPs, reduce reliance on single markets, and explore new revenue

Deepen Customer Focus: Gather feedback, offer personalized experiences, build loyalty programs, and use data to meet unmet needs.

Innovate & Diversify: Introduce new products/services via MVPs, reduce reliance on single markets, and explore new revenue streams.

Optimize Operations:

Streamline processes with systems, improve efficiency, and build resilience.

Refine Your Marketing: Utilize digital channels (SEO, social, email) and leverage powerful storytelling (brand mythology) to connect emotionally with customers.

Build Strong Partnerships:

Forge strategic alliances to expand reach and capabilities.

There is great opportunity to grow your business with Friday Club business networking.

Business people get together over breakfast and collaborate with other business people.

We meet every Friday morning at 8 Wren Street, Vanderbijlpark.

Should you be interested please call 072 768 8582 for more information.



16 JANUARY 2026

8 AM for 08:30AM

8 Wren Street
Vanderbijlpark

Including Breakfast
RSVP by Wednesday
17H00, and Pay R200

Please RSVP
Charmaine
072 768 8582

ALL BUSINESS OWNERS ARE WELCOME TO VISIT.

**RSVP:
14 JANUARY**

Planning ahead for your Valentine's day.

Planning ahead for Valentine's Day involves deciding on an experience (staying in, going out, weekend away), personalizing it to your partner's interests (activities, food, ambiance), booking early for travel/restaurants, and prepping thoughtful touches like playlists, love notes, or make-ahead treats to reduce stress and focus on connection. Start planning early

for reservations, consider bucket-list activities, and remember that quality time, consent, and showing appreciation are key to a successful celebration.

Valentine's Day - Focus on Connection

Be Present: Put phones away and focus on quality time.

Show Appreciation: Use thoughtful actions, like doing

their favorite breakfast or giving massages.

Respect Boundaries: Ensure everything feels comfortable and consensual for both of you.

Have Fun: The goal is to celebrate your love, so don't stress about perfection.

Early Planning.

Discuss & Decide: Talk to your partner (or subtly gauge their interest) about what they'd enjoy – a relaxing night in, an adventurous trip, or trying something new.

Bookings: Make restaurant reservations or book accommodation/flights for weekend getaways now for better deals and availability.

Activity Ideas: Research local events, spas, cooking classes, or scenic spots.

Gift/Thoughtful Items: Start thinking about personalized gifts or items you'll need (like ingredients for a special meal)



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