

Top Vibe

ONLINE

MARCH 2025

ISSUE 80

KIDS MAGAZINE

*Leer jou kind hoe om
geld te spaar*

Teach children how to share...

Top Vibe

ONLINE Kids Magazine

COMMENTS:

Please send us an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

OUR ADVERTISERS:

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LEER JOU KIND GELD SPAAR:

Help jou kind om geld te spaar.

3.

MEDIA HOUSE PROJECTS:

Please support our projects for 2025 . It's so much fun...

4.

FACE OF TOP VIBE KIDS MAGAZINE 2025:

Read about our little Face of Top Vibe Kids Magazine 2024/25



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine,
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2025. It's their second year as ambassadors. Taygan Botha, and Celesté Bam

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover page is about Autumn

5. BACK PAGE 20

Back page: Our next Issue is our April 2025 Issue.



Photographer: Albertus Kriel
Venue: Turn & Tender Vaalmall

REDAKTEURS NOTA

Liewe maats,

Herfs is hier die die blare val van die bome af, dit is 'n morsige maand maar ook 'n mooi maand met al die verskillende kleure en vorms van blare.

Ons weet ook dat die dae gaan vinnig verby en voor ons weet is die winter hier, ons kla nie die laaste tyd was dit baie warm gewees.

Maats soos julle weet is ons maar altyd besig om iets lekkers te doen. Vanjaar is geen uitsondering nie.

Hou die spassie dop vir dinge wat ons beplan.

Dit is hier waar ons pret het! Werk hard en wees soet.

Geniet die maand van liefde, wees soet en werk hard.

Liefde

Charms

OUR AMBASSADORS

Helloooo lieve lesers!

Internasionale Vrouedag – 8 Maart.

8 Maart is Internasionale Vrouedag, 'n tyd om dapper en inspirerende vroue te vier wat die wêreld 'n beter plek gemaak het. In Suid-Afrika het ons baie helde om op trots te wees!

Ontmoet Mama Albertina Sisulu:

Albertina Sisulu was 'n verpleegster wat daarvan gehou het om mense te help. Sy het hard gewerk om seker te maak dat almal gelyk behandel word en is "Mama Sisulu" genoem omdat sy soos 'n ma vir ander omgee het. Sy het vir ons gewys dat vriendelikheid en dapperheid die wêreld kan verander!



Ontmoet Miriam Makeba:

Miriam Makeba, ook bekend as "Mama Africa," was 'n sangeres met 'n kragtige stem. Sy het liedjies oor hoop en vryheid gesing. Mense regoor die wêreld het na haar musiek geluister en van Suid-Afrika geleer.



Dink hierdie Internasionale Vrouedag aan die sterk vroue in jou lewe – jou ma, onderwyser of selfs jou groot suster. Sê dankie en laat hulle weet hoe spesiaal hulle is. En onthou, jy kan grootword om net so dapper en inspirerend soos hierdie wonderlike vroue te wees! 🍷🌸

Tot volgende maand,

Celesté Bam



CELESTÉ BAM

Liewe maats,

Dit is reeds die derde maand van 2025 genade maar die tyd gaan so gou verby.

Om te dink die skool sluit ook al weer amper al is dit net vir 'n week dit tel as 'n bitter kort vakansie.

Ek en 'n vriend praat nou die ander dag so oor tyd wat gou verby gaan, binne kort is ons klaar met skool en dit is die grootmens wêreld, dit maak mens nogal bang.

Dames kry julle kaartjies vir ons Vrouedag op 9 Aug ek glo julle gaan dit geniet.

Groete tot volgende maand.

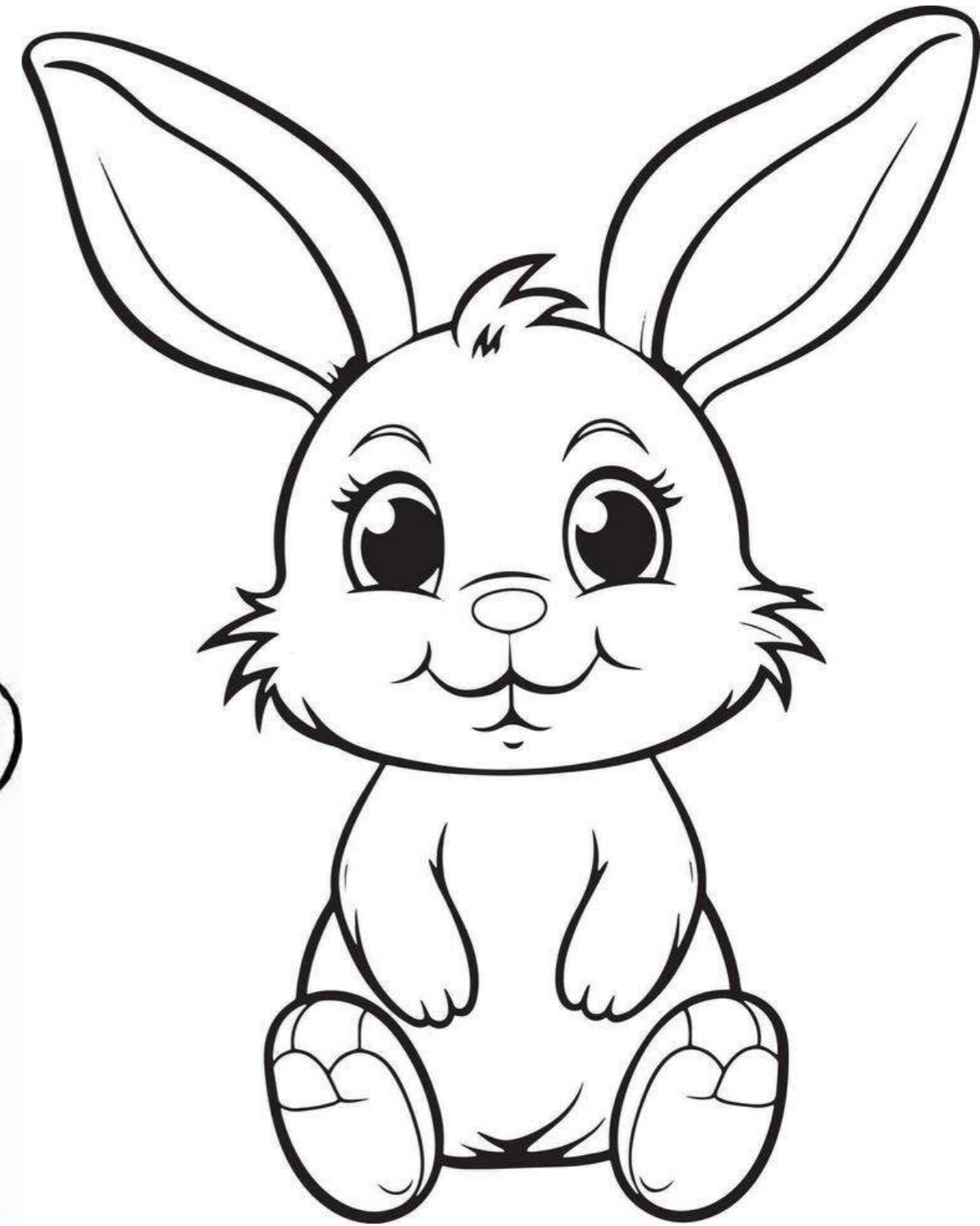
Groete Taygan



TAYGAN BOTHA



Vibe kids let's have fun - let's colour in



MEDIA HOUSE 2025 Projects

SAVE THE DATE 9 August 2025
for more Info call 072 768 8582

Women's Day event

NAUGHTY BUT NICE
WOMEN'S DAY EVENT
9 AUGUST 2025


MINNAAR STREET
SASOLBURG

*Lingerie
Let's spice
things up...*



CHARMAINE 072 768 8582
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M

Will help YOU
to put the
spark back in
Your Sex Life



R250P/P

Light lunch / Cash Bar

Loads of laughter and FUN

Bring a friend

Leer jou kind hoe om geld te spaar

Die gewoonte om geld te spaar is 'n belangrike lewensvaardigheid, maar dit kom nie altyd maklik nie. Navorsing het getoon dat tot 64% van volwassenes van salaris tot salaris leef, met min of geen geld weggebêre vir toekomstige behoeftes nie.

Hierdie situasie het dikwels verskeie oorsake, maar om die vaardigheid van spaar vroeg aan kinders oor te dra, kan hulle help om finansiële stabiliteit te handhaaf. Hier is vyf stappe om jou kinders te help leer om te spaar.

Belangrike Punte:

- Leer kinders van jongs af om te spaar.
- Bespreek konsepte soos begroting en doelwitte.
- Leer hulle die waarde daarvan om binne hul inkomste te leef.

Leer hulle onderskei tussen Wense en Behoeftes

Die eerste stap is om kinders te help verstaan wat noodsaaklik is (soos kos, klere en onderrig) en wat opsioneel is (soos lekkers of die nuutste speletjie). Jy kan 'n speletjie daarvan maak en items in en om die huis identifiseer as of 'n behoefte of 'n wens, en verduidelik dat hulle hul uitgawes moet prioritiseer, met 'n gedeelte wat vir die toekoms gespaar word.

Laat Hulle Geld Verdien

Gee jou kinders die kans om geld te verdien, deur byvoorbeeld take uit te voer in ruil vir sakgeld. Dit leer hulle nie net die waarde van harde werk nie, maar ook hoe om hul verdienste te gebruik en te bestuur.

Stel Spaardoelwitte

Help kinders om konkrete spaardoelwitte te stel. As jou kind R50 wil spaar vir 'n speletjie en hul weeklikse sakgeld is R10, kan jy hulle wys hoe lank dit sal neem om die doel te bereik. Dit help hulle om te verstaan hoe spaar oor tyd werk.

Bied Spaaraansporings

Moedig kinders aan om te spaar deur hulle te beloon. Jy kan aanbied om 'n persentasie van hulle spaargeld te verdubbel, of belonings soos 'n R50-bonus gee as hulle 'n bepaalde nuwe spaarmylpaal bereik.

Stel 'n Goeie Voorbeeld

Kinders leer die meeste deur te kyk na wat hulle ouers doen. As jy wil hê jou kinders moet spaarders wees, wees self een. Wys hulle hoe jy spaargeld eenkant sit en binne jou inkomste leef.

Om kinders te leer hoe om geld te bestuur, verg tyd en geduld, maar dit is 'n waardevolle belegging in hul toekomstige finansiële gesondheid.



Chef Tommy



Kom ons maak

'n smoothie.

Benodig:

Glase

Melk

vrugte

**Gooi omtrent in halwe glas melk
Gooi gemengde vrugte in maak dit
smooth met 'n menger.**

Dit is heerlike op 'n warm dag!

*Ons bak en brou
Saam met my maats...*



Learn the four seasons - Spring Summer etc

The four seasons are Spring, Summer, Autumn (Fall), and Winter; each bringing different weather conditions and changes in nature:

Spring:

Warm weather starts to return.
Flowers bloom, trees sprout new leaves.
Baby animals are born.

Summer:

Hottest season with long sunny days.
Fruits and vegetables ripen.
People enjoy swimming, picnics, and outdoor activities.
Think of warm weather and full growth.

Autumn (Fall):

Temperatures start to cool down.
Leaves on trees change color and fall.
Some animals prepare for winter by gathering food.
Think of colorful changes and transition.

Winter:

Coldest season with short daylight hours.

Snow may fall in many places.
Some animals hibernate.
Think of cozying up indoors and resting.

How to teach your children about seasons:

Observe nature: Take walks outside to see how plants and animals change throughout the year.

Collect natural items: Gather leaves, flowers, pinecones, and acorns to represent each season.

Read books and watch videos: Find children's books and videos that explain the seasons.

Create art projects: Draw pictures, paint, or make crafts related to each season.

Play seasonal games: Have fun with activities like leaf pile jumping in fall or building snowmen in winter.

How do you teach kids about the four seasons?

I believe a great way to teach the seasons is to first start with reading different picture books for each season. Fold a plain white paper into 4 squares, one of each season. The focus will be on trees and its environment during season

What are the four seasons description for kids?

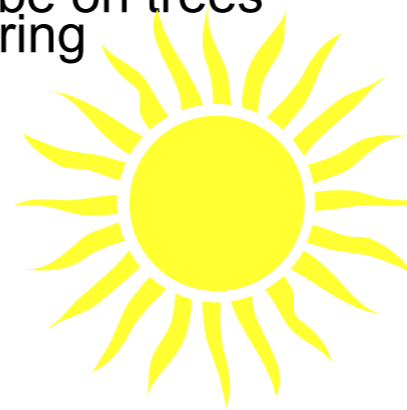
The four seasons are spring, summer, autumn, and winter. Spring is characterized by the weather beginning to warm up, and flowers and trees beginning to bloom. Summer is characterized by the warmest season/weather, and flowers and trees are in full bloom

What is the explanation of the four seasons?

The four seasons (fall, summer, spring, winter) are caused by the Earth's position in relation to the Sun. Depending on how the Earth is tilted towards the Sun affects the temperatures and climates that different regions experience.

What do each of the four seasons represent?

Spring represents new beginnings and youth. Summer represents passion, growth, and young adulthood. Autumn represents change, reflection, and maturity. Winter represents waiting, struggles, and an ending



Teach children how to share...

You can teach children to share by modeling sharing, praising them, and playing games that involve taking turns.

Model sharing

Share with your child, like when you share a snack or let them try on your hat

Ask your child if you can take a turn

When children are playing together, gently guide their hand to give a toy back to another child

Praise sharing

Tell your child how happy you are when they share

Point out that sharing makes others happy

Acknowledge both big and small acts of sharing

Play games

Play games that involve sharing and taking turns

Talk your child through the steps of the game

Encourage empathy

Ask your child how others might feel if they don't get a turn

Discuss the concept of sharing and how being generous is good

Be patient

Sharing is a social skill that develops over time

Don't worry if your child isn't sharing when you think they should be

You can build your child's sharing skills by watching for and praising good turn-taking, encouraging fairness and explaining about sharing. Activities that involve sharing and taking turns can help - for example, choosing dress-ups together or drawing a big picture together using the same packet of crayons.

How do you teach children to share?

What you can do to help your child to share Teach your child cooperative games in which players work together toward a common goal. Do puzzles together, taking turns adding pieces, for instance. Share projects, too: water the plants, sweep the floor, or unpack the shopping with him.

How important is it for children to learn about sharing?

When a child learns how to share, he or she feels more confident and can play with other children more easily. Learning to share also gives children an important set of skills that help build friendships, a solid base to build on as they grow.

Why is it difficult for children to share?

Sharing is a challenging concept for children. They have difficulty understanding that they are separate and individual people, and they are testing this idea by feeling a sense of ownership. During the early stages of cognitive development, children are learning to understand concepts like ownership and empathy.

Why is it important to share?

No matter in which capacity you choose to share, sharing inspires positive feelings in our mind. It builds trust in others and helps us build better relationships, which in turn sustain us socially for the rest of our lives

What is the main purpose of sharing?

Sharing with others gives us the opportunity to celebrate accomplishments, talk through difficult decisions, and to treat our inner dialogue as something of value.

What is the benefit of share?

Here are some advantages that come with buying shares: Higher returns than cash investment. Cash investments are low risk, but returns are low, too. Shares are riskier, but the potential rewards can far exceed interest earned on savings.



Understand Autumn - for kids..



To understand autumn for kids, think of it as a time when the weather starts to get cooler, the days get shorter, and leaves on trees change color from green to beautiful shades like red, orange, and yellow, then fall off, making it a season of change as summer transitions into winter; animals also prepare for colder weather by gathering food or getting ready to hibernate

Key points to explain to children about autumn:

Changing leaves:

The most noticeable sign of autumn is when leaves on trees change color and fall to the ground.

Harvest time:

Autumn is often considered a harvest season, where people pick fruits and vegetables that are ripe.

Cooler weather:

As autumn arrives, the days become shorter and the temperature drops, making it feel cooler than summer.

Animal preparations:

Animals like squirrels gather nuts and other food to store for winter, while some birds migrate to warmer climates.

Fun activities:

Autumn brings fun activities like pumpkin carving, apple picking, and going on walks to see the colorful leaves.

How to explain it to kids:

Use visuals:

Show pictures of autumn leaves, pumpkins, and animals getting ready for winter.

Go on nature walks:

Take your child outside to observe the changing colors of leaves and collect fallen leaves.

Read children's books:

There are many picture books about autumn that can help explain the season in a fun way.

Sensory activities:

Create a sensory bin with autumn items like leaves, acorns, and small pumpkins to explore texture.

Autumn (sometimes called fall) is one of the four seasons of the year and is the time of year that transitions summer into winter. Along with the tree leaves changing color, the temperature grows colder, plants stop making food, animals prepare for the long months ahead, and the daylight starts growing shorter.

How do you describe autumn for kids?

Autumn is known for the season where the trees change colour, the days get darker, and the temperature drops. This season is full of magical changes and exciting seasonal events such as Halloween, Bonfire Night and Thanksgiving for our American friends! There is so much to learn about and explore in autumn.

What are 5 facts about autumn?

Love Autumn? We take a look at 10 unusual facts about this cosy season

The Autumn equinox is different each year.

Autumn was once called Harvest.

The term "fall" isn't exclusive to America.

Autumn babies live longer.

Global warming may affect Autumn selfies.

The Greeks have a tragic explanation for Autumn

MAGAZINE

Media House



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