

Top Vibe Magazine

ONLINE
FEBRUARY 2025
ISSUE 189

Kasterolie gebruike wat werk..

MEDIA HOUSE Projects 2025

Adults only

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Top Vibe Magazine

COMMENTS:

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EDITOR:

Charmaine Britz

CONTACT DETAIL:

Cell: 072 768 8582

WEBSITE:

www.topvibe.co.za

1.

TOP VIBE MAGAZINE AMBASSADORS:

Welcome to our lovely ambassadors they will bring you something new every month

2.

MAAND VAN DIE LIEFDE:

Bederf mekaar so hierdie Valentyns dag Bekostigbaar!

3.

ADVERTISERS:

Support our advertisers, they support us.

4.

MEDIA HOUSE :PROJECTS

See page 12 & 13 for our upcoming events, join us in the fun



REGULARS

1. COVER PAGE: 01

Top Vibe Magazine we dedicate the cover page To the month of LOVE

2. EDITOR'S NOTE: 03

Charmaine Britz Editors note updating you on what to expect in the magazine.

3. AMBASSADORS: 04

Our Ambassadors for 2025 is Candice, and Charlotte.

4. ADVERTS: 08

Support our advertisers. To advertise in the magazine call 072 768 8582.

5. MEDIA HOUSE EVENTS: 12

Support our events - part of the proceeds of our events go towards charity.



Me having some fun with the App REMINI

Redakteurs Nota

Liewe lesers,

Die maand van liefde is hier en almal is in rep en roer, ek glimlag net en dink by myself waarom word die mense so maklik om die bos gely.

Ons almal weet tog dat dit net 'n geld maak foefie is, maar tog bly ons koop.

In vandag se ekonomiese tyd wqet ek nie Hoe mense dit doen nie, en waarom hulle geld mors op Valentynsdag nie. Maar dit is seker elkeen se persoonlike keuse.

Media House is reeds besig met ons Vrouedag beplanning sit solank die 8st Augustus op jou kalender vra nou al 'n Vriendin om saam te kom kuier.

Die advertensie sal binnekort op sosiale Media beskikbaar wees.

Kontak my gerus indien jy meer wil weet. dan wil ek net byvoeg die eerste 50 kaartjies verkoop ontvang 'n geskenk.

Ek groet dan eers tot volgende maand.

Liefde

Charms

Ambassadors



Hello Everyone and welcome to the month of Love ♡ = February ☐

Love fosters understanding, support and kindness helping to create a sense of connection and unity.

Some interesting facts about the different types of love...

Storge love (familial)

Philia love (friends)

Eros love (romantic)

Agape love (unconditional)

Ludus love (playful)

Mania love (obsessive)

Pragma love (enduring)

Philautia love (self-love)

Come let's love one another, support one another in everything we do.

If anyone is interested in attending any event, please contact me for more details

I would like to reach out and invite people to share the magazine which I write in every month... And I would love if people communicated if there is something you would like for me to share in my next article.

Please reach out to me on:

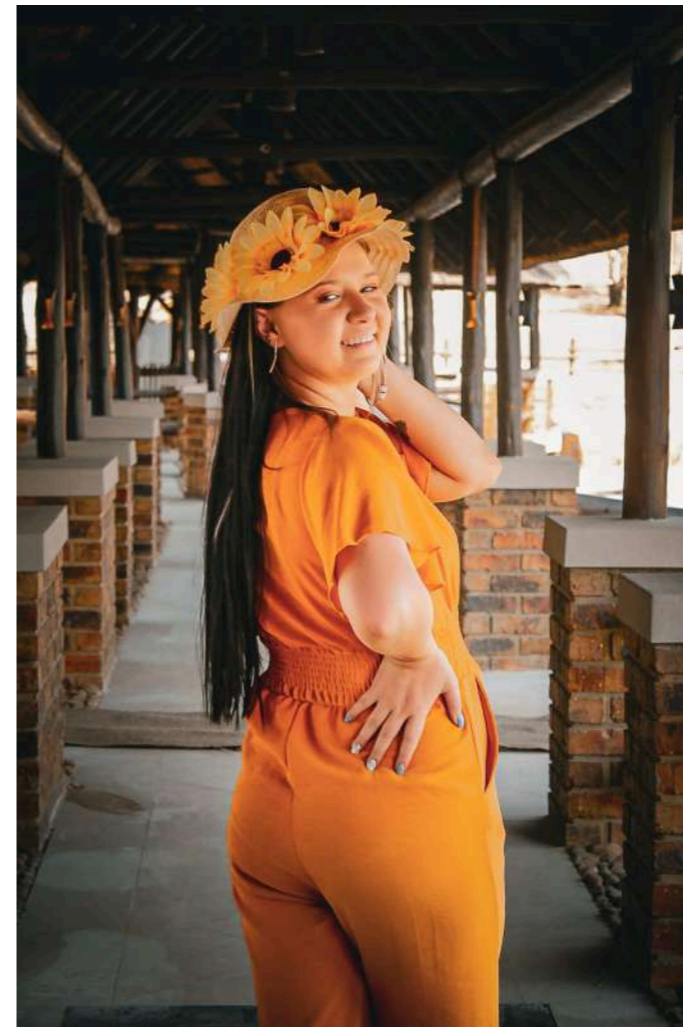
WhatsApp 0786144171

Lovies to All ♡☐♡

Candice



Candice Trietsch
Ambassador



Charlotte Malherbe
Ambassador



Liewe leser,

Dit is reeds Februarie die eerste maand is verby en dit wys jou net hoe gou die tyd verby gaan.

Ek hoop 2025 behandel julle goed tot dusvêr, ek kan nie kla nie, soms wens ek net daar was meer tyd vir myself maar nou ja dit is nie altyd moontlik nie.

Dames gruip daai dagboek van jou en teken die 8st Augustus vier ons dadelik aan dan vier ons Vrouedag en vanjaar gaan ons groot.

Dames die gaan 'n stout een wees maak seker jy gaan dit die mis nie Die eerte 50 kaartjies verkoop kry 'N GRATIS GESKENK.

Ek sien jou daar! Dit gaan pret wees.

Graag wil ek vra dat julle ons projekte sal ondersteun dit gaan vir 'n goeie doel.

Ek hoop jy geniet jou Valentyns dag en word baie bederf

Groete tot volgende maand

Charlotte



The 4 TYPES OF WOMEN

THE 4 TYPES OF WOMEN


1. Clitoridian woman:


These kinds of women do not reach orgasm by penis penetration. They only reach orgasm if you gently touch the clitoris. Thus, it will be necessary to adopt a gynecological position so that at the same time the man can penetrate and stimulate the clitoris with his hand.

2. Woman G point:


The G-spot is a very erogeneous area located in the upper part of the vagina, just a few centimeters from the entrance. G-spot gives woman more pleasure than clitoris.

3. Vaginal Woman:

They can't withstand clitoris stimulation. Their pleasure is caused by penis contact with the vagina wall. Thus, the man must avoid entering straight. he has to point his  in all directions (left-right, front-back) so that the penis touches the vaginal walls. They like it a lot when the penis lingers inside the vagina for a long time.

They like to move too much, question of allowing the penis to touch all the corners of the vagina. These kind of ladies like big  and really like to smell the penis inside tight tight.

4. Woman deep spot:

They reach pleasure if the penis touches all the way (2 cm from the cervix). Hence a strong penetration. These kind of women like very long .

If the man is on top, they hold the man tighter to get a strong penetration.

In every home, the man must understand what category his wife is in, otherwise the sexual failure of the home is guaranteed

Know your woman.

Do you know which type you are?



Kasterolie gebruike wat werk..

Gebruike van kasterolie waarvan jy dalk nie bewus is nie:

1. **Vir artritis:** Smeer die aangetasde deel deeglik met kasterolie. Dit bevat anti-inflamatoriese eienskappe wat die pyn verlig.
2. **Verligting vir seer spiere.**
3. **Smeer aan rekmerke.** Vryf dit in en plaas 'n lappie oor area. 'n Warmwatersak daarop verhaas die werking.
4. **Vir aknee - stoom jou gesig oor 'n bak met warm water, met handdoek oor jou kop.** Dit onttrek vuiligheid uit jou vel. Smeer klein bietjie kasterolie aan die geïnfecteerde areas en los oornag aan. Was die kasterolie af en droog.
5. **Gebruik as haargroei middel.** Smeer aan jou kopvel en haarwortels, bedek met storkkappie en draai toe met handdoek. Hou ten minste 15 minute aan en was hare deeglik.
6. **Een eetlepel op 'n glas water vir hardlywigheid.** Dit begin werk binne een uur.
7. **Verminder letsels se opsigtelikheid.**
8. **Genees gebarsde hakke.** Smeer met slaaptyd aan en trek sokkies aan.
9. **Neem die pyn van sonbrand weg.**
10. **Help die groei van wenkbrouhare aan.**
11. **Dit verwyder vleismoesies.** Meng met 'n bietjie koeksoda en smeer aan, daaglik vir 4 - 6 weke en sit pleister oor.
12. **Versag naelvliese en bros naels.**
13. **Om molle te verdryf:** Meng halwe bottel kasterolie met halwe emmer water en gooi in molgate.
14. **Help om die gejeuk van insekbyte te genees.**
15. **Vir toonnael fungus, smeer deeglik met kasterolie.**
16. **Vir gebarsde lippe.**
17. **Help om hoofpyn te genees.** Smeer voorkop vir 1 minuut lank met kasterolie.
18. **Om menstruele krampe te verlig, smeer kasterolie aan jou maagarea.**
19. **Vir mondsere - smeer kasterolie aan en spoel jou mond na 'n paar minute.** Herhaal verskeie kere deur die dag.
20. **Vir insomnia.** Smeer kasterolie aan jou ooglede. Dit maak jou ontspanne.

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Workshop**

MEDIA HOUSE



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22

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R100. 00

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Ref Name



**Save the date 8 August 2025 our
Women's day event the first 50 tickets
sold receive a GIFT....**

For more info WhatsApp 072 768 8582

My plekkie in die Hemel - huis

MY PLEKKIE IN SY HEMEL-HUIS...

Om ouer te word is nie maklik nie.

Jy is soveel meer broos en kwesbaar as jonger mense. Jy mis familie en vriende wat nie meer daar is nie, sommige in ouetehuse en ander reeds na die Vaderhuis.

Daar is so baie wat jy nog wou doen, maar die krag, energie en tyd ontbreek - want jy word almeer bewus dat jou jare vorentoe nie meer so baie is soos "agtertoe" in die verlede nie.

Jou liggaam raak broser en jou hart kwesbaarder. Talle goedjies begin pla, soos jou balans wat nie meer is soos wat dit behoort te wees nie.

Jou visie en gehoor wat al hoe meer en meer verswak. Al hoe meer medisyne'tjies kom by jou medisyne lysie en jou eershulp tassie word vol goedjies wat belowe omjou energie te gee.

Jy raak meer bewus van jou alleenheid - en vir sommige mense van hul eensaamheid.

Jy word nie meer na plekke saamgenooi nie en jy vra ook nie self nie omdat jy dalk al een of twee keer afgejak is.

Dis nie meer vir jou so lekker om in jonger groepe geselskappe te wees nie, want jy word almeer bewus dat mense in die geselskap verby jou of bo-oor jou kyk - jy is maar net daar, maar nie deel van die geselskap nie. Daar word vir iemand anders in die geselskap gevra hoe dit met jou gaan, in plaas daarvan om direk die vraag aan jou te vra. Wanneer jy by 'n geselligheid is, kry almal soms geskenkies - maar die jonger garde vergeet of dink nie dis nodig dat jy ook enetjie kry nie. Trane vloei soveel

makliker - trane van vreugde, verlange of hartseer, maar sakdoekies daarvoor is nie nodig nie, want die Heer vee dit self af - wanneer Hy afbuk na jou en sy arms om jou vou en in die mooiste woorde verseker van Sy Ewige Liefde vir jou.

En wanneer Hy saggies uit Sy Woord met jou praat en jou vertel dat Hy plekkie gereed kry vir jou in Sy Hemelhuis, weet jy dat jy niks meer nodig het as hierdie Vader van jou nie! En nuwe lewensenergie soos 'n vars waterval bruis skielik in jou en jy weet jy móét vir ander hierdie storie van jou en jou Hemelvader vertel.





Sexual courage



Sexual Courage ♥

It takes courage to be sexually open and sexually honest.

It takes courage to be authentic about our desires, about what we want, what arouses us, what interests us, what excites us, what draws us.

It takes courage to be honest about what we don't enjoy, when we don't want something.

It takes courage to be intimately open and honest.

It takes courage because we reveal ourselves, we open ourselves, we show ourselves.

And not only do we show what's called our shadow, what's in the so-called darkness.

We show our light, we show what we really want, the intimacy, the connection, the energy.

We show how much we want the heart.

We show how much we want presence.

We show how much we want the spiritual in our sexuality.

How much we want someone sitting opposite us, looking into our eyes in a way that sees us, all of us. With an open heart that has space for us in it.

How much we want someone sitting opposite us who has done their work and can hold us, whatever we bring.

How much we want to be seen in our pleasure, in our desire, in our fire and in our tenderness.

It takes courage to reveal ourselves in this, and it may be harder for us to talk about the desires of intimacy, of softness, than the kinks and fetishes.

It takes courage to have these conversations, as we open to rejection and judgement.

And we open to possibility.

The possibility of exploration and discovery, of sharing deeply, intimately, with joy. A joy that comes from connecting with ourselves, with so many parts of ourselves, and connecting with another.

The possibility of being able to go deep, deep, deeper within.

The possibility of fulfilment, and the exploration of what that is, the changing, the vibrancy, the creation. The mystery of what arises within us, between us

And the courage to step into the unknown.

This is some of what our intimacy, our sexuality, our sensuality, has for us.

When we're more aware, more conscious.

When we're out of chasing orgasm, chasing the next experience, the next fantasy.

When we're able to be with our bodies, our hearts, connected within us, and share the desire that arises from that.

In love, in possibility.



POSDUIF BREATHES NEW LIFE INTO AN AFRIKAANS CLASSIC

A busy and thrilling year of nationwide performances – including opening for legendary Kip Moore – the SAMA award-winning band POSDUIF is excited to wrap up 2024 on a high note with a fresh and unique cover of Bles Bridges' popular hit, **RUITER VAN DIE WINDJIE**.

This iconic song, as intrinsic to South African culture as melktert and koeksisters, celebrates adventure, freedom, and the pursuit of dreams – a theme that resonates deeply with the band members, which inspired them to give the track a new, modern twist.

"We didn't want to alter the song or just use parts of it. Instead, we decided to record the entire track and infuse it with our own style and energy," they explain. *"It was thrilling to take something classic and introduce it to a new generation. The song's themes of freedom and the drive to follow the wind really resonated with us. It reminds us to stay curious and embrace life with open arms."*

The band believes this distinctive blend of nostalgic and contemporary elements perfectly reflects the two sides of POSDUIF, featuring James Boland (lead vocals and guitar), Nick Jordaan (rhythm guitar and vocals), Amiel Gopal (bass

guitar), Brendan Campbell (producer and lead guitar), and Nick McCreadie (drums). *"We love combining past and present. By giving classic songs like RUITER VAN DIE WINDJIE a fresh sound, we're creating a bridge between generations. It also reflects who we are—we respect tradition but are always seeking new ways to express ourselves."*

Their latest single follows in the footsteps of *Kaalvoet Kinders* and *VoeGout*, both recent releases that regularly feature on the radio. POSDUIF was founded in 2018 and made their debut with the song *Brandy Special*, which became an instant hit. Since then, they have released several other hits and were nominated by Bok Radio as *Group of the Year* and for *Song of the Year*. Their previous album, *Niks Vergelyk*, won the SAMA in 2022 for *Best Pop Album*.

"The award was a huge honour that deeply touched us," they say. *"It not only recognized our hard work but motivated us to aim even higher. It's inspired us to keep innovating and take our music to the next level."*

This release solidifies POSDUIF's role as pioneers in modern Afrikaans music. Fans can look forward to their upcoming *Bil erlekker Tour* in the Cape as well as collaborations with other local artists.

We believe music can inspire people to pursue their dreams and embark on their own life journeys," they conclude. *"That's exactly what RUITER VAN DIE WINDJIE did for us, and we hope it can mean the same for others."*

The single is now available on all digital streaming platforms.

Get it here: <https://posduif.lnk.to/>

[RuitervanDieWindjie](#)

You can also watch the lyric video here: https://youtu.be/_JGvKlKOsIq?si=SKuOJ39ktiKZtflw

SOCIAL MEDIA LINKS

Facebook: <https://www.facebook.com/PosduifLive/>

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PUBLICITY & MARKETING

Starburst Promotions

Danelle Liebenberg El Far

Cell: 071 534 7796

E-mail: danelle@starburstmusic.co.za

Website: www.starburstmusic.co.za



NEVER SEE FLIES OR MOSQUITOES IN YOUR HOUSE AGAIN

Do this and you will never see flies and mosquitoes in your house again Only polite members will thank you for the recipe 😊

Creating this trap is surprisingly simple and requires just a few basic ingredients. Here's what you'll need:

1 tablespoon of ground cinnamon

Water

Sugar

Dish soap

Prepare the Solution: In a bowl, mix water with a generous amount of sugar to create a sweet solution that will attract flies and mosquitoes.

The exact amounts can be adjusted, but you want the water to be sweet enough to lure the pests effectively.

Add Cinnamon: Stir in 1 tablespoon of ground cinnamon. The cinnamon acts as a repellent, confusing the pests and making the trap even more effective.

Add Dish Soap: A few drops of dish soap should be added to the mixture. This breaks the surface tension of the liquid, ensuring that once the flies or mosquitoes are attracted to the solution, they will be trapped.

Set the Trap: Place the bowl in areas where you've noticed flies or mosquitoes congregating. The pests will be drawn to the sweet scent but will be repelled by the cinnamon and trapped by the soapy solution.

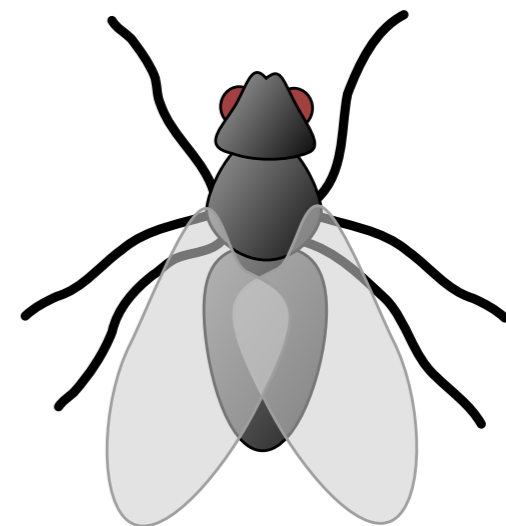
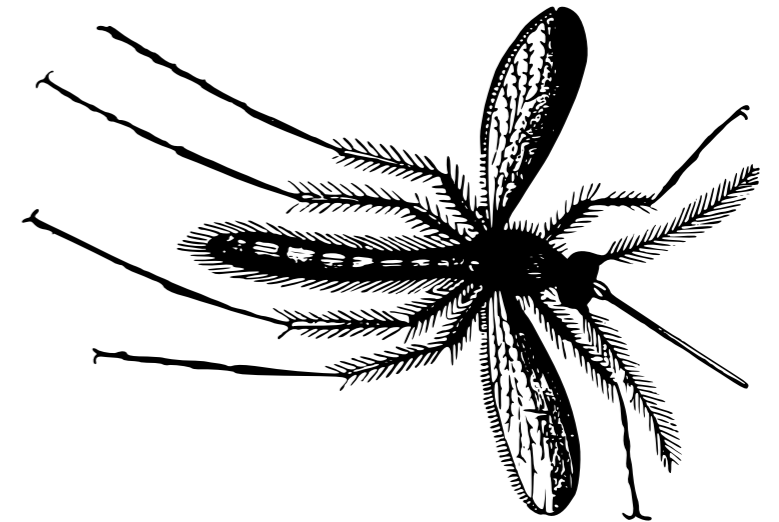
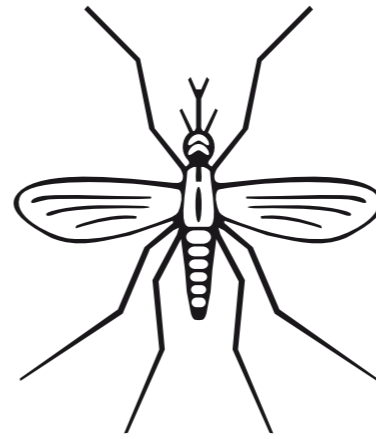
Why This Trap Works

This homemade trap works on two levels: attraction and repulsion. The sweet water attracts the flies and mosquitoes, while the cinnamon repels them, making it difficult for them to escape once they're drawn in. The dish soap then ensures they can't simply land on the surface and fly away.

The Benefits of Natural Repellents

Using natural repellents like cinnamon is a safe and eco-friendly way to control pests in your home. Unlike chemical repellents, natural options are safe for use around children and pets, making them ideal for family households. Plus, they're often more cost-effective and easy to make using ingredients you already have.

With this simple and effective homemade trap, you can enjoy a fly and mosquito-free home, keeping your living space comfortable and healthy for everyone. Give it a try and see the difference it makes in controlling pests naturally and safely.



MAGAZINE

MEDIA HOUSE



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