

Glamour Talk Mag



ONLINE

**March 2024
Issue 42**

**Media House gave
Cupcakes to Cormed
Hospital for
Valentine's day see
page 8-9 & 16 - 17**

Cover page competition Winner

John & Lizette Leslie

Photographer: Andre du Toit- classique Sports Photography

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CONTENT

Glamour Talk Magazine

COMMENTS:

Please send an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

MEDIA HOUSE PROJECTS 2024:

Please support our Ambassadors

2.

ADVERTISE YOUR BUSINESS HERE:

How to advertise your business here and save money.

3.

COVERPAGE OPPORTUNITYS:

You can be on one of our cover pages just follow us on Facebook for more information.

4.

WEDDING COMPETITION:

More photos inside



REGULARS

1: COVER PAGE: 01

Our cover page winner of our hats cover page competition is Charmazel Janse van Rensburg

2. EDITORS NOTE: 03

Editor - Charmaine Britz owner of Media House with magazine's like Glamour Talk Magazine / Top Vibe Magazine / Top Vibe Kids Magazine & 50+ Magazine

3.AMBASSADORS: 04

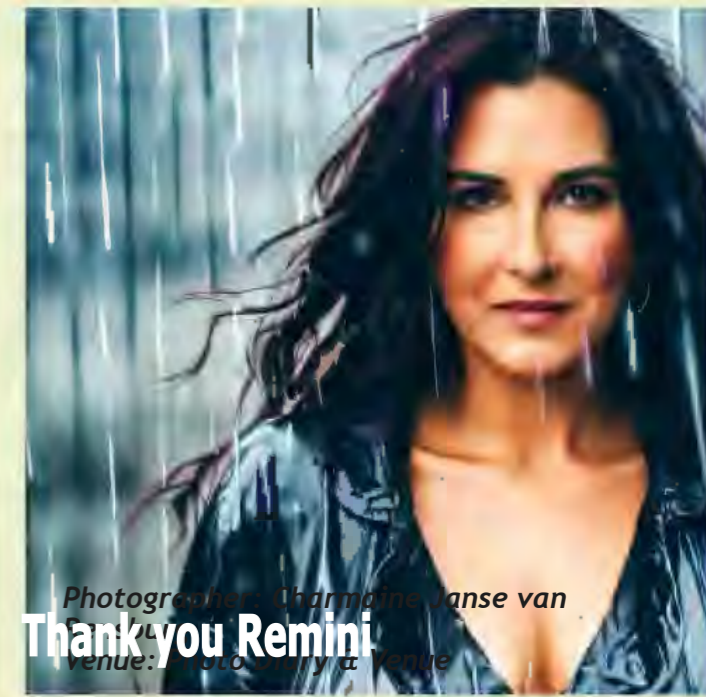
Our Glamour Talk Magazine Ambassadors Valmarie Volschenk Voschenk and our new ambassador Candice keep you updated.

4. MEDICAL HELP: 14

Dr. Q Fourie - give some medical advise.

5. BACK PAGE: 20

Our back page is in April issue



Photographer: Charmaine Janse van Rensburg
Venue: Photo Studio & Venue

Redakteurs Nota

Liewe leser,

Ons was opsoek na troufotografie vir ons voorblad en dit was 'n moeilike keuse om 'n wenner aan te kondig sien nog trou fotos op bl 6-7.

Ons is opgewonde oor ons 2024 projekte. Ons staan ons voorblad af aan die publiek skryf in en neem deel jy kan dalk ons volgende voorblad gesig wees. Vat 'n kans mens weet net nooit of jy dalk kan wen nie - probeer is die beste geweer.

Vrouedag 3 Aug klink ver maar tyd gaan so gou verby, ons nooi die dames uit om die aand saam met ons te kom geniet. Kry jou kaartjie by Bar with no name of kontak my 072 768 8582.

So vir nou moet ek groet daar is nou baie wat moet gebeur. Mooi bly tot volgende maand.

Liefde
Charms

Our Ambassadors



VALMARIE
VOLSCHENK

Dear readers,

With our Women's day 3 Aug it's around the corner we have a jam pack day for the women and you know what you welcome to bring hubby with. This is going to be something you never experienced before. Make a note in you diary get your tickets early to avoid disappointment.

Ask me for tickets watch my Facebook page for all the info.

Follow me on social media.

tiktok valmarie_v

Facebook Valmarie volschenk and

Facebook page: Valmarie

volschenk Glamour talk

ambassador

Instagram: @valmarie_v

Valmarie

50+
MAGAZINE / TYDSKRIF

Mother & Daughter Cover page
photogenice competition

All ages Photogenic & Cover Page
Competition.

Name & Surname.....

Daughter.....

Age:..... (Mom) Age:..... Daughter

Contact Number.....

POPI Act: I.....

give Top Vibe Kids Magazine permission to
publish my photo. Panel of Judges the Judges decision is final.
Winner will be on the April Cover.

How to enter:

1. Entry form
2. Send 2 x funny photos
3. Proof of payment
to admin@topvibe.co.za

Bank details:

Mrs. C. Mulder
Standard Bank
Acc: 10 13248 3317
Ref: Name & Surname.

Cell: 072 768 8582

ENTRY FEE R150

CLOSING DATE
24 MARCH



Nog Trou fotos.

Foto geneem 1965

Antonio de Oliveira born 1937 age 87

Ulrinia de Oliveira born 1940 age 83 pass

away 2013



Mariska en Tiaan Janse van Rensburg

Huwelik datum: 12 Maart 2022

Adriné en Christian Coetzee

Huwelik datum: 7 Mei 2022



Valentyn cupcakes vir Cormed.

Vrydag 9 Februarie 2024

CORMED DOKTERS KAMERS VANDERBIJLPARK

En daar skop ons die jaar 2024 se eerste gemeenskapsdiens projek met die allermooiste "Cupcakes" wat ons as Ambassadeurs skenk aan elke personeelid by die Cormed Mediese Sentrum, Vanderbijlpark vir Valentynsdag

Met hierdie "cupcake" vol liefde wil ons DANKIE sê vir die puik diens wat hul deurentyd gee aan hul pasiente, van ontvangsdames, susters, dokters en selfs van die pasiente wie wag om hul dokter te sien is dit n atmosfeer vol liefde en omgee. Dankbaarheid op elke gesig want hul het dit nie verwag nie.

So begin 'n middag vol pret en plesier wanneer 'n sekere Ambassadeur se voertuig se sleutels "verdwyn" terwyl slegs ons 4 dames saam is rondom haar voertuig om al die "Cupcakes" uit te haal. Na 'n groot gesoek wat in skaterlag ontpop het, en die "blond" die sleutels ontdek waar die "brunet" dit neergesit het.

En so begin die #mediahouse2024saamstaanprojek in die beste gees ooit.

Saterdag 10 Februarie 2024 -CORMED PRIVAAT HOSPITAAL - VANDERBIJLPARK

En op hierdie spesiale dag daag n span "volbloed" Ambassadeurs op met #tonneliefdevollecupcakes en ons bederf elke moontlike persoon wie op die regte plek op die regte tyd is. Van Ontvangs tot mediese sale, kombuis, x-strale se personeel tot vriendelike dokters wie die bederf opreg geniet en waardeer.

En die hoogtepunt natuurlik, die pasiente, nadat ons met mediese personeel bevestig het wie mag en wie mag nie 'n "cupcake" ontvang. Die "satisfaksie" om te beleef hoe opreg elke persoon die gebaar van onbaatsigte omgee waardeer en die glimlagte op hul gesigte laat 'n warm gevoel om elke Ambassadeur se hart.

Dankie dat Media House / Top Vibe se 2024 Ambassadeurs so vriendelik ontvang is. Deur 'n klein gebaar aan n medemens wil ons net weer God se onvoorwaardelike liefde aan elkeen beklemtoon.

Fredricka

Liefde Groete



ADVERTISE YOUR BUSINESS HERE

Broodsakkie-knippies en
Plastiese bottel - proppies

Ambassadeur uitdaging!

Uitdaging begin van 1 Januarie'24
tot 30 November'24

Die Ambassadeur
wat die meeste
knippies en
proppies
insamel wen
'n prys



*Kom ons
kry 'n rolstoel
en maak 'n
verskil*

MEDIA HOUSE 2024

**MEDIA HOUSE
PRESENT
WOMEN'S DAY
WITH A TWIST**

Scallywag
I know You're Scared



Date: 3 Aug 2024

Time: 18:00 - 18:30

Venue: Bar with No
Name - Village

Tickets: R200p/p snacks

Cash bar available

Bookings: Charmaine 072 768 8582

Carin: 082 827 6556

Tickets @ Bar with No Name



It pays to advertise

Teenage Pregnancies!!!

A Mother's Reflection: Navigating Teenage Pregnancy Through Empathy and Action

Introduction:

Teenage pregnancy is a complex issue that affects individuals, families, and communities worldwide. As a mother, experiencing this firsthand through my 18-year-old son's involvement with a friend's pregnancy scare provided me with valuable insights into the challenges faced by young people today. In this article, I will reflect on my son's compassionate response to his friend's situation and discuss the broader implications of teenage pregnancy, highlighting the importance of empathy and action in addressing this pressing issue.

The Initial Revelation:

It all began with a somber conversation initiated by my son, who approached me one day with a heavy heart. His words, "Mom, my friend is in trouble," resonated deeply within me, signaling the gravity of the situation. As he proceeded to confide in me about his friend's suspicion of his girlfriend's pregnancy, I couldn't help but

admire the maturity and sincerity with which he conveyed his concerns.

My Son's Response:

For those acquainted with my son, his unwavering resolve and honesty are defining traits. In the face of his friend's predicament, he exhibited a remarkable level of empathy and determination to offer support. From accompanying his friend to purchase a pregnancy test to engaging in heartfelt conversations with both parties involved, my son demonstrated a profound sense of responsibility and compassion.

Empathy in Action:

What struck me most was not only my son's willingness to stand by his friend but also his genuine concern for the well-being of the girl in question. He approached the situation with empathy and understanding, recognizing the potential ramifications of their actions. Moreover, he took proactive steps to educate them about the consequences of teenage pregnancy, underscoring the importance of informed decision-making.

Confronting the Reality:

As my son recounted his conversations with his friend, I couldn't ignore the stark reality he presented regarding teenage attitudes towards sex. His revelations about the prevalent casualness and frequency of sexual encounters among adolescents shed light on the urgent need for comprehensive sex education and awareness initiatives.

Broader Implications:

Delving deeper into the issue, my son shared alarming statistics about teenage pregnancy in South Africa, where one in three girls aged between 10 and 19 years falls pregnant and does not return to school. These statistics serve as a sobering reminder of the multifaceted challenges faced by young individuals, often compounded by societal norms and inadequate support systems.

Lessons Learned:

As a parent, this experience served as a poignant reminder of the importance of fostering open and honest dialogue with our children about sensitive topics such as sex and relationships. It reinforced the need to equip them with the knowledge and resources necessary to make informed decisions and navigate life's challenges responsibly.

Conclusion:

In conclusion, my son's response to his friend's teenage pregnancy scare exemplifies the power of empathy and action in addressing complex societal issues. By engaging in meaningful conversations, offering support, and advocating for comprehensive sex education, we can empower young people to make informed choices and contribute to positive change in their communities. Let us heed this call to action and work together to create a world where teenage pregnancy is not just a statistic but a rarity, and where every young individual has the opportunity to thrive and fulfill their potential.



Vra vir Dr. Q Fourie die vrae wat pla?



Vra vir dokter?

Ek is seker jy het baie mediese vra, so dit is nou jou kans om vir ons dokter te vra.

Stuur jou vrae na admin@topvibe.co.za en Dokter Fourie sal jou vra beantwoord.

Vraag 1:

Dokter ek wil graag weet, my hande slaan soms rooi kolle uit wat vreeslik jik?

Antwoord 1.:

Klink soos 'n allergie, dit kan wees dat jy allergies is vir baie goed. Laat 'n allergiese toets doen.

Dr. Quinten Daniël Fourie

Insta: [quintenfourie](#)
Twitter: [DrQFourie](#)

016 982 1677
016 982 6911

Whatsapp: 061 537 3198
drqfourie.myhousedoctor@gmail.com

Vraag 2:

Dokter ek bly moeg kan vir dae aangekaar slaap?

Antwoord 2:

Jy kan 'n vitamien te kort hê klink na yster te kort. Maak 'n afspraak by jou dokter en laat hy die nodige toetse doen.



Capcake's for Cormed



Thank you to all Media House Ambassadors YOU are
A wonderful team, with BIG hearts....





MEDIA HOUSE

Media House Ambassadors will spoil 43 residence at Moredou old age home in Sasolburg with soup & bread on 8 June 2024

ONLY 5 SPOTS



ENTRY CLOSE 24 MARCH

Glamour Talk Mag

PINK PHOTOGENIC COVER PAGE COMPETITION

All ages Photogenic cover page competition.

Name & Surname.....
 Age.....Contact number.....
 POPI Act: I,.....give Glamour Talk Magazine permission to publish my photo.

Judges decision is final. Winner will be on the April cover page.

How to enter:
 1. Send entry form
 2. 2 x Photos dressed in pink
 3. Proof of payment
 Send to admin@topvibe.co.za

ENTRY FEE R150

Bank details:
 C Mulder
 Standard Bank
 Acc: 10132483317
 Ref: name & surname

072 768 8582

MAGAZINE

Media House



**NEXT ISSUE APRIL 2024 TO
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