

# Top Vibe

ONLINE Kids Magazine

JUNE 2023 ISSUE 59

**ADVERTISE YOUR  
BUSINESS**



**Support our Charity  
Event Vaalpets page 8**

**Entries open for:  
Face of Top Vibe Kids Magazine  
Go to: <http://gle/wCNniJDmQXwg2EYRA>**

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**Top Vibe**  
ONLINE Kids Magazine

COMMENTS:

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1.

OUR ADVERTISERS:

Support our advertisers they support us!

2.

FUN FACTS ABOUT ANTS:

Learn some facts about ANTS.

3.

MEDIA HOUSE PROJECT :

Please support our ambassadors with our Vaalpets Charity event.

4.

FACE OF TOP VIBE KIDS MAGAZINE:

Entries are open - enter today and be crowned as Face of Top Vibe Kids Magazine'23



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE  
Top Vibe Magazine / Top Vibe Kids Magazine,  
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2023.  
Dyne Mulder, Taygan Botha, and Sonja Botha

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover page is all about Father's day Happy Father's Day.

5. MODEL BACK PAGE 20

Back page: Our next Issue is May - celebrate Mothers Day 14 May'23



Photographer: Albertus Kriel  
Venue: Turn & Tender Vaal mall

REDAKTEURS  
NOTA

Liewe maats,

Ondersteun asseblief ons ambassadeurs met die projekte waarmee ons besig is. Help ons om 'n verskil te maak.

Ons is besig om kos in te samel vir Vaalpets sodat die honde se magies vol kos is in die winter. Ons is ook opsoek na komberse, handoeke enige iets wat ons kan gebruik.

Vra jou maats by die skool om te help! Raak deel en wees 'n super hero!

Vra ma of pa om die tydskrif vir jou af te laai by [www.topvibe.co.za](http://www.topvibe.co.za) of gaan na ons Facebook blad. Facebook: <https://www.facebook.com/Vibekids.britz> sodat jy niks mis nie.

Ons is opsoek na die Face of Top Vibe Kids Magazine. Skryf in hulle sê wie nie waag nie kan nie wen nie. Ons wag op jou inskrywing!

Pas julle mooi op tot volgende maand. Liefde

Charms

MEDIA HOUSE:  
TOP VIBE MAGAZINE  
TOP VIBE KIDS MAGAZINE  
GLAMOUR TALK MAGAZINE  
50+ MAGAZINE / TYDSKRIF

# OUER AAMBASSADORS

Beste Maats

Sjoe dit is al klaar June maand helfde van die jaar is verby, ons het met eksamen begin en my swem seisoen het begin en moet nie vergeet van die koue winter nie, maar tog 'n voordeel ons kan lekker warm aantrek en lekker Hot Chocolate met Marshmallows drink.

Junie maand vier ons Vadersdag op die 18de Junie dit is gewoonlik op 'n Sondag en "Youth Day" vier ons altyd op die 16de Junie dit is een van ons Nasionale vakansie dag. Ons gaan ook bietjie na Moredou Ouetehuis toe op die 16de Junie waar ons bietjie vir hulle kos gaan vat. Ons het ook klomp goedjies bymekaar gemaak met die hulp van vriende en familie vir Vaal Pets waar ons die 4de Junie bietjie met die hondjies gaan speel.

Vadersdag is iets baie spesiaal vir my want dit gee my die kans om vir my Pa dankie te sê vir alles wat hy vir my doen en beteken, om vir hom dankie te sê vir die mooi voorbeeld wat hy is vir my is en my altyd die regte pad wys na sukses en my te wys hoe om die beste man te wees wanneer ek groot is. Maats, wees dankbaar vir wie en wat jy het want daar is baie kinders daar buite wat niks het nie en ons is bevoorreg om so baie in die lewe te hê.

Ek is dankbaar vir die voorreg wat ek alles in die lewe het en is baie dankbaar vir ouers soos wat ek het wat altyd daar is vir my en net die beste vir my wil hê. Mag julle 'n baie lekker Junie maand hê sterkte met die eksamen wat voorlê doen julle bes en die Here sal die res doen.

Tot volgende keer  
Dyne 🙏



DYNE MULDER

Dear readers,

Father's Day is a special occasion celebrated every year to honor and appreciate fathers, grandfathers, stepfathers, and father figures. It is a day to express gratitude for the love and support that a father provides his family throughout their lives.

The origins of Father's Day can be traced back to early 20th century America. The holiday was first proposed by Sonora Smart Dodd in 1909 after she heard a sermon about Mother's Day. Dodd wanted to create a similar holiday to celebrate the contributions of fathers in society. She chose June as the month for the holiday, as it was her father's birthday month.

Over the years, Father's Day has become an important day for families all over the world. On this day, children take the time to show their appreciation for their fathers through gifts, cards, and special activities. It is also a day to reflect on the role of fathers in society and the importance of strong father-child relationships.

For many dads, Father's Day is a chance to spend quality time with their children. Whether it's going on a fishing trip, taking a hike, or simply enjoying a meal together, Father's Day is a time to bond with your family and create lasting memories.

There are many ways to celebrate Father's Day, from simple gestures like making breakfast in bed to more elaborate surprises like planning a weekend getaway. The most important thing is to show your dad how much you care and appreciate everything he does for you.

Happy Father's Day

Love Taygan



TAYGAN BOTHA

# OUR AMBASSADOR.



**SONJA BURGER**

Vadersdag vir elke spesiale oupa  
Wat is 'n oupa?

'n Oupa is iemand nes jy, net 'n bietjie slimmer, want hy kan jou help met goed waarmee jy nie self kan regkom nie.

Oupas gaan stap met klein kinders en gesels net oor visvang en trekkers.

'n Oupa het altyd tyd vir sy klein kinders en luister graag na hulle.

'n Oupa kan ook nie altyd mooi sien nie, daarom wil hy altyd sy bril by hom hou.

Oupas het baie geld, want hulle koop elke dag die koerant en koop altyd vir sy klein kinders lekkers.

'n Oupa is iemand wat altyd bly is om sy klein kinders te sien en gee hulle altyd lekker drukkies.

Klein kinders is baie dankbaar vir oupas, want hulle is slimmer as televisies, selfone en rekenaars.

Dankie aan elke oupa wat so lief is vir elke kind.

Gelukke Vadersdag aan elke spesiale oupa.

Liefde Sonja

**MEDIA HOUSE**  
**FOOD** drive

Media House will spoil 41 residence at Moredou old age home in Sasolburg with curry & rice on 16 June '23

We @ Media House would like to request from the public to kindly assist us by sponsoring any non perishable foods and toiletries in order to make this food drive successful Home of 41 elderly.

**Jar of hope**

Fill a jar with the following ingredients... it can feed 1 person

Share a Jar of Hope

- 1/2 cup rice
- 1/2 cup soup mix
- 1/2 cup lentils
- 1 uncrushed stock cube
- 1 pkg soup powder

Instructions: Add 2 and 1/2 litres of water and mix thoroughly for consistency. Cook in 15-20 mins and enjoy.

# ADVERTISE YOUR BUSINESS

## MEDIA HOUSE

Top Vibe Magazine

Top Vibe Kids Magazine

Glamour Talk Mag

50+ MAGAZINE / TYDSKRIF

Please support our Ambassadors with donations for Dog food, blankets, towels, toys, washing powder, anything useful. Our project will start 1 April and we will DROP OFF 4 June 2023

### VAALPETS

Public drop off

THE BAR WITH NO NAME

We DROP OFF 4 JUNE 2023 @ Vaalpets



WE MANAGE

YOUR BUSINESS

FACEBOOK FOR YOU!

072 768 8582



**CALL: 072 768 8582**

**TO ADVERTISE HERE**

# Up coming Charity projects

**WOMEN'S DAY**  
**9 AUG 2023**

**DATE: 9 AUGUST '23**  
**VENUE:**

**Wine Barrel**  
 119 Vlei Street  
 Stephanopark,  
 Vanderbijlpark

**TIME: 10H00**  
**ENTRANCE FEE: R200 p/p**  
 Snacks (platter)  
 Refreshments:  
 Juice/Coffee/Tea etc

**WELCOME DRINK**  
**FREE GIN**  
**FREE GIFT**

**Bookings Essential:**  
 Charmaine 072 768 8582  
 Carin 082 827 6556






**MC:**  
**JULIEN DU PLESSIS**  
**MRS AFRICA 2023**



**MOTIVATIONAL SPEAKER**  
**FREDRICKA STORM**



**CHARITY EVENT**  
**IN AID OF**

# CHARITY SKYDIVE




**HENNETTE JUMP FOR BORN2CARE CHARITY**  
 September date will be announced.

**Skidive PARYS**

**DONATE R100**

**MEDIA HOUSE**

**BANK DETAILS:**

**C.T SMUTS**  
**CAPITEC BANK**  
**SAVING ACC:1355 32 8487**  
**REF: CHARITY JUMP**



**Born 2 Care**  
**VEREENIGING**  
**CRISIS PREGNANCY CENTRE**

**CRISIS HELP** **CRISIS LOVE** **CRISIS HAS A SOLUTION ALTERNATIVES**

**CRISIS HELP** 082 419 3779 **FUNDAISING** 082 419 3779 **COORDINATING** 072 299 9025

made with PosterMyWall.com

# Chef Tommy



## GEROOSTERDE KAAS BROODJIE:

Maklik en vinnig om te maak.  
Wees net versigtig om nie te brand nie.

Jy benodig.

2 x snytjies boord met botter gesmeer.

Kaas

Neem jou gesmeerde botter broodjies en sit kaas op jou broodjie.

Plaas dit in die reeds warm rooster tot bruin.

Haal uit en geniet jou geroosterde kaas broodjie.

Pasop! Vir brand.

WhatsApp my met jou prentjie van jou gekookte eier na 072 768 8582



*Kom bak en brou saam met my!*

**Face of**   
Top Vibe Kids &  
Top Vibe Magazine'23

**SUPREME OVER ALL WINNER!**  
Best Judge's gift  
Best Contestant gifts  
Best dressed  
Best Personality

Entries Open 1st March'23  
<https://forms.gle/wCNniJdmQXwgzEYRA>

**Face of**   
Top Vibe Kids &  
Top Vibe Magazine'23

**SUPREME OVERALL WINNER!**  
Best Judge's gift  
Best Dressed  
Best Personality  
Best Contestant gift

Crown / Sash/ Trophy Gifts

**Date: 3 September'23**  
**Time: 10H00 for 11H00**  
**Venue: Bar with No Name (No Name Village)**  
**Dress code: Summer**

**Category Boys & Girls:**  
10-12      13-15  
16 - 18      19+

1. Judge's decision is final
2. No modelling experience needed.
3. No make up 10- 12 / Age 13 make up appropriate
4. Finalist to promote sponsors on Social Media
5. Each contestant to hand in stationary box at Registration: Pen, Pritt, pensile, colouring pencils etc

**Entries Open 1 March'23 - Entries Close 30 June'23**  
**Entry Fee: R200 till end June / Late entries: R250 till end July'23**  
**Spectator's Fee R50 p/p - Children under 13 FREE**

**Organizers:**  
Julien du Plessis  
061 597 5503

Carin Mulder  
082 827 6556

Charly  
Born 2 care



**Bank Details:**  
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# Facts about Ants

**Ants hold the record for the fastest movement in the animal kingdom.**

**Ants can be found on every single continent except Antarctica.**

**Ants are social insects which live in colonies.**

**Ants don't have ears, and some of them don't have eyes!**

**The largest ant's nest ever found was over 3,700 miles wide!**

***What is interesting about ants?***

**The ant is one of the world's strongest creatures in relation to its size. A single ant can carry 50 times its own bodyweight, and they'll even work together to move bigger objects as a group! Ants carry leaves and twigs back to their nests!**

***How many stomachs do ants have?***

**Ants have two stomachs**

**They have two stomachs, and it isn't because they're greedy. One stomach is for holding food sources for their own intake, while the second stomach is to hold food sources to be shared with others. The process is referred to as trophallaxis and permits a colony to work efficiently.**

***What color do ants hate?***

**The study involved pair choice trials, in which workers were digging and removing colored glass beads. The beads were blue, green, yellow, orange and red. Based on the count of removed beads, *S. invicta* workers do have color vision and have a preference for green, orange and red and least prefer blue.**

***How long do ants sleep?***

**A recent study of ants' sleep cycle found that the average worker ant takes approximately 250 naps each day, with each one lasting just over a minute. That adds up to 4 hours and 48 minutes of sleep per day. The research also found that 80 percent of the ant workforce was awake and active at any one time**





# Make your own Father's Day gifts..



## Tea Gift Box

Tea is the name of the game in this sophisticated gift basket.

Even the basket itself is lined with a tea towel! Include a bag of pancake mix, a jar of fresh jam, ripe apples, and loose-leaf tea for a gift that's as delicious as it is nice to look at.

## Book Spine Bookmark

Have an old book that can't be saved? If the spine is salvageable, use it to help dad mark his place in the next novel he reads.

To make:

Using a utility knife, remove the spine, then line the inside with patterned contact paper. Punch a hole at the top and thread twine through.



## DIY Koozie

Dad will be filled with joy while sipping cans of his favorite summer chiller out of this DIY drink koozie.

To make:

Cut a length of craft foam that is just shorter than a can. Wrap around can and cut the length so that it just overlaps itself. Have kids draw a picture on the foam with fabric markers. Add a piece of velcro to the back to keep it closed.



## Business Card Holder

Stitch up vintage postcards to make a slim wallet or business card holder.

Here's how: Fold the postcard in half with the decorative side face up, and cut a half-moon from the top front of the postcard.

Open the card flat and cover with a sheet of clear, lightweight vinyl; stitch all around the postcard, 1/4-inch from its edge. Trim vinyl to fit and refold the postcard in half.

Sew the wallet around three edges, leaving the top open.



# Winter Safety Tips for Children...

**L**ayer up!.

**Dress your child in several layers, and make sure their head, neck and hands are covered. Dress babies and young children in one more layer than an adult would wear.**

**Beware of clothing hazards. Scarves and hood strings can strangle smaller children so use other clothing to keep them warm.**

**Check in on warmth. Before kids head outside, tell them to come inside if they get wet or if they're cold.**

**Then keep watching them and checking in. They may want to continue playing outside even if they are wet or Use sunscreen. Children and adults can still get sunburned in the winter.**

**Use caution around fires. Wood-burning stoves, fireplaces and outdoor fire-pits are cozy but can present danger – especially to small children. Use caution and put up protective gates when possible. If you've lost power or heat and are alternative heating methods like kerosene or electric heaters, be sure smoke detectors and carbon monoxide detectors are working. cold.**

**Get trained and equipped. Children should wear helmets when riding a bicycle. And to avoid injuries, teach children how to do the activity safely.**

**Prevent nosebleeds. If your child suffers from minor winter nosebleeds, use a cold-air humidifier in their room. Saline nose drops can help keep their nose moist.**

**Keep them hydrated. In drier winter air kids lose more water through their breath. Offer plenty of water, and try giving them warm drinks and soup for extra appeal.**

**Don't forget the accessories: Kids' heads, hands and feet get cold quickly, so be sure they have a warm hat and mittens or gloves to wear. Thick socks, along with some winter boots or rain boots, are also important.**

**So ensure that you feed your child plenty of hearty meals consisting of some good winter foods that help keep their energy up and keep the sniffles away.**

**Capsicum. ...  
Root vegetables. ...  
Green peas: ...  
Green leafy vegetables: ...  
Cruciferous vegetables: ...  
Fresh fruits: ...  
Dry fruits:**



# MAGAZINE

## Media House



**NEXT ISSUE - JULY 2023**

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