

Top Vibe

ONLINE Magazine

MAY 2023
ISSUE 168

Best
MOM
Ever
Happy Mother's Day



Support our Vaalpets charity

Pageant with a difference page 18 & 19

Top Vibe Magazine

COMMENTS:
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1.

TOP VIBE MAGAZINE AMBASSADORS:

Messages from our lovely Ambassadors, they will bring you something new every month.

2.

SUPPORT OUR CHARITY PROJECTS:

Help us with our charity projects let's make a difference in our community.

3.

ADVERTISERS:

Support our advertisers, they support us.

4.

FACE OF TOP VIBE KIDS & TOP VIBE MAGAZINE:

Read about our pageant with a difference see page 18 - 19 Entries open.



REGULARS

1. COVER PAGE: 01

Mother and daughter celebrate Mother's Day 14 May 2023.

2. EDITOR'S NOTE: 03

Charmaine Britz Editors note.

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Our Ambassadors for 2023 Carin, Julien and Bianca.

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Support our advertisers. To advertise in the magazine call 072 768 8582.

5. LANIE'S LANE: 12

Read about what Lanies Lane is all about.



Redakteurs Nota

Liewe lesers,

Mei maand en ons vier Moedersdag op 14 Mei 2023. Mamas sit agteroor en laat jou huismense jou lekker bederf.

Met die winter wat nader sluipe kry ek die kinders wat skool toe gaan so jammer. Ek is glad nie 'n winter mens nie.

Ons soek ondersteuning met ons Vaalpets projek? Ons benodig kos vir die honde, komberse, handoeke die handoeke kan maar oud wees. Enige iets wat ons kan gebruik sal welkom wees.

Onthou 18 Junie is dit Vadersdag. Dan is dit pappa se beurt.

Vir eers moet ek tótsiens sê tot volgende maand bly gesond en sterkte met jou dingetjies wat gedoen moet word.

Liefde

Charmaine

Our Ambassadors.

In the month of April 2023 I had the great honour to donate twenty cases of peanut butter, pumpkin and sweet potato to numerous welfare organizations.

I'm extremely grateful towards Noa ha Gente como A gente for their generous donation. NHGCAG is a registered non-profit organisation with members who strive to make a difference, word will never be enough to thank you.

As I promised to for full my duties as MRS Africa, I'm truly touched and appreciate all the help I get to be able to support those in need.

Much Love
Julien du Plessis



Julien du Plessis



Dear reader,

Happy May - may this month be full of positivity 12

Have you ever experienced that if your day starts badly, it is as if your whole day is full of bad moments? Most likely your answer will be yes.

My next question is whether you have ever tried to see these 'bad' situations as good ones? This takes time and expectations of you to change your whole perspective, but once you have mastered this you will be forever grateful!

Next time when you find yourself in a tough situation or even in a queue which takes forever to move, simply think of the positives - at least it's not raining, luckily, I am blessed enough to be able to stand here on my own two feet, etc. I promise you if you start doing this, you will only attract positive energy, and no one will ever be able to burst your bubble.

Try it this month and reflect to yourself whether your perspective and mood changed or not.

Bianca



Bianca Bezuidenhout

Events Ambassador

Good day awesome readers
This month we celebrate a very special day Mother's Day!

Mother's Day

We celebrate Mother's Day in May in South Africa and in some Countries that celebrate it in March. We honour the woman who gave birth to us, who took all our pains, happiness and sorrow and made it her own. She sacrifices so much just to make sure we are safe and healthy. I will always be blessed to have had a beautiful Mother who stood by my side every day. Unfortunately, God had a better plan for her and she sadly passed away. Treasures the moments you have with your mother tell her you love her and thank her for what she has done and still will do as we are only lend to each other and time well it is all we got. This is my letter of thanks to my mother in heaven.

Dear Mum in heaven,
I just want you to know how I miss you every day and how much I love you so.
I cannot send you a card, but I send you, my love. Upon wings of angels to heaven up above.
I wish you a happy Mother's Day.
For you were the best.
To have you as my mother.
I knew I had been blessed.

Rest in peace my angel.
One day we will be together.
The next time I see you, I know it will be forever.

Take care of yourself and your loved once, until next time.

Love Carin



Carin Mulder



MEDIA HOUSE

Top Vibe
Magazine

Top Vibe
Kids Magazine

Glamour Talk Mag

50+
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Please support our Ambassadors with donations for Dog food, blankets, towels, toys, washing powder, anything useful. Our project will start 1 April and we will DROP OFF 4 June 2023



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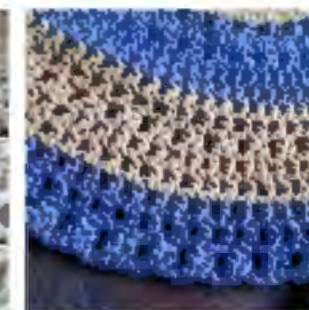
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MEDIA HOUSE Projects

MEDIA HOUSE PROJECTS:

Top Vibe Magazine / Top Vibe Kids Magazine / Glamour Talk Mag and 50+ Magazine

MEDIA HOUSE FOOD drive



Media House will spoil 41 residence at Moredou old age home in Sasolburg with curry & rice on 16 June '23

We @ Media House would like to request from the public to kindly assist us by sponsoring any non perishable foods and toiletries in order to make this food drive successful. Home of 41 elderly.

Jar of hope



Health Heart and Home

Share a Jar of Hope

- 1/2 cup rice
- 1/2 cup soup mix
- 1/2 cup lentils
- 1 cube liquid stock cube
- 1 gnt soup powder

Instructions: Put 2 and 1/2 litres of water and add the jar contents. Soup stirring and enjoy



WOMEN'S DAY 9 AUG 2023

DATE: 9 AUGUST '23

VENUE: Wine Barrel 119 Vlei Street Stephanopark, Vanderbijlpark

TIME: 10H00

ENTRANCE FEE: R200 p/p

Snacks (platter)

Refreshments: Juice/Coffee/Tea etc

WELCOME DRINK

FREE GIN

FREE GIFT

Bookings Essential:
Charmaine 072 768 8582
Carin 082 827 6556



MC
JULIEN DU PLESSIS
MRS AFRICA 2023



MOTIVATIONAL SPEAKER
FREDRICKA STORM



CHARITY EVENT IN AID OF

Reporting back!!!! Siegen

By Lelanie van Niekerk

Back home, is always the best place after a long trip your own bed and pillow long lost friend waiting for you...

Our trip to Germany Siegen was an absolute blessing, beside the ten-and-a-half-hour flight to Frankfurt International Airport and a two-hour drive to the town Siegen.

For the first time to see a different country, and experiencing a totally new culture was mind blowing, but to add there is no other country like Africa (South Africa) being home after such a long trip made me realize that our country is not that bad and if everyone stands together, we can make it better.

There is real so much that I would love to share and maybe I should do it over period to crake everything in one would be to much...

So, we had some time to explore in between work, Siegen is a beautiful town very old and has a lot of history first recorded in the year 1079 Siegen was name after the river that runs through the town Sieg. About 80% of the town was destroyed in the second World War and the people in Siegen started to rebuild parts of the town in the early fifties.

Here is a picture from our hotel Amedia where we stayed in



The photo to the side is part of the old town or as they call it Altstadt von Siegen, this is looking down about halfway to the top where the upper castle is



The town itself has a lot to offer for the general tourist, just make sure you bring good pair of boots and warm jacket, the photo to the left is part of the old town its uphill for about two kilometers. The average steps we walked each day was around about eleven thousand steps it is about eight kilometers. So, the reason behind walking everywhere is that public transport is very expensive, and everyone is walking if you want to travel and want to make use of public transport, I suggest using the train or taxi services, but everything is close shops, sites to visit....

One thing that looks very different to South Africa is the fashion which I thought looked amazing



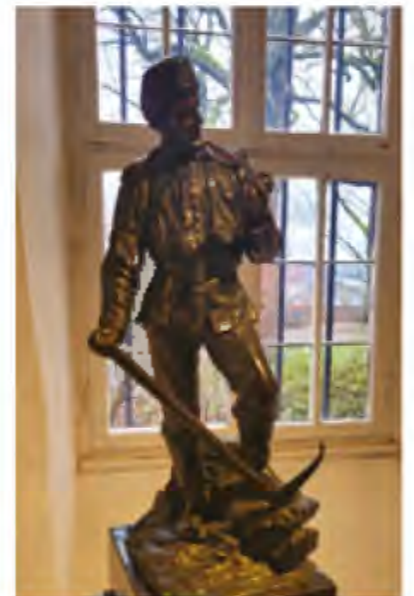
The Siegen Obere Schloss (Upper Castle) dates from around the 13th century, and it has carried the name Oberes Schloss since around 1670.

It's very beautiful and defiantly worth the walk, inside the Castle the history of Siegen is portrayed, and the origin of the Mining Town can be seen clearly. So, till next time, I will then share the restaurants which by the way was amazing

Ciao!!!



The photo's above, is basically the look of the town they don't have garages to park the cars or let me rephrase not all the house comes with garages cars are mostly park outside the house exactly like the photos shows.



How to Save Money on Groceries

If you feel like the price of groceries has gotten out of control, you aren't going crazy. Our State of Personal Finance study found that 84% of people have noticed higher prices at the grocery store. And they're right. Since October 2021, the price of groceries has jumped 12.4%! While some of those price hikes were because of food shortages from panic buying and factory shutdowns, the price surges are still happening (gee thanks, inflation). And it can make figuring out how to save money on groceries feel almost impossible.

But it's not just the higher prices. Sometimes just walking into the grocery store can tempt you to blow your grocery budget. Maybe it's the fluorescent lighting, those flashy product labels or that squeaky wheel on the cart that

When it comes to getting a good deal, timing is key. Many experts say it's cheaper to do your food shopping on Wednesdays. That's because grocery stores restock their shelves midweek and mark down what didn't sell from the week before. But because they're in the process of changing the discounts, sometimes they'll still give you the price cuts from last week's sale. If going on a Wednesday isn't doable, just try to avoid the weekends. Bigger crowds equal fewer deals.

Time of day plays a big role with bargains too. Early bird gets to hit the clearance shelves first! But if you're slow to rise, shopping right before closing time when the deli and bakery counters are trying to sell off the rest of their stuff is another great way to score big sales

Need to figure out how to save money on food fast? Say hello to freezer meals. There are a ton of freezer meal recipes online. Look them up! You can set aside a Saturday to make a bunch of freezer meals and then reap the benefits later on down the road. Not only will you save money, but you'll also save time. And you won't have to eat the same meal every day out of fear that your ingredients will go bad. Can't beat that!

If you're wondering how to save money on groceries, this is one of the easiest ways. Make a meal plan and grocery list before you leave the house. When you get to the store, stick to the list. Don't give yourself any room for budget-breaking surprises. If you go shopping as a family, let your kids help plan the meals and find the items (it's like a grocery store

to stay on budget when you're shopping with a plan and working as a team . . . and when you get used to saying no to candy.

Don't shop when you're hungry. People do a lot of silly things when they're hungry. They say things they don't mean, eat all of their roommate's chips, and aimlessly stroll the grocery store aisles like zombies.

And while your best friend might not hold you responsible for what you said when you were hangry, your grocery bill won't let you off the hook so easily. Step away from the 48-count of frozen waffles, and put back that pineapple upside-down cake from the bakery.

Walk into the grocery store with a full stomach, and you might be shocked by how much lower your grocery bill is.

NEIL SANDILANDS IS “VERSIGTIG OPGEWONDE” OOR SY NUWE RADIO-ENKELSNIT WAT HANDEL OOR ‘N POSKAART VANAF SY OUPA JOE SANDILANDS AAN SY OUMA NETTIE TYDENS DIE TWEEDE WÊRELDORLOG.

Die eerste radio-enkelsnit van die bekende internasionale akteur, sanger en liedjieskrywer, Neil Sandilands is onlangs bekendgestel en die werk wat aangebied word is van die hoogste gehalte. Dit dwing jou tot stilte, laat jou dink en máák jou luister.

Sandilands se lied, *Huistoe*, handel oor ‘n poskaart wat sy Oupa, Joe Sandilands vir sy Ouma Nettie tydens die Tweede Wêreldoorlog gestuur het. Hy vertel in sy eie woorde:

“Ek is versigtig opgewonde oor die bekendstelling van hierdie liedjie.

Verlede jaar, September 2022, was ek in Sydney, Australië toe die liedjie kom aanklop het. Ek het ‘n poskaart onthou wat in ons huis was, wat Oupa Joe Sandilands vir Ouma Nettie gestuur het ten tye van die Tweede Wêreldoorlog. Natuurlik was ons eietydse belewenis onthuts deur die moontlikheid van ‘n Derde Wêreldoorlog. Ek verwys na die onstabiele wat die wêreld beleef het (en steeds beleef) met die situasie tussen die groot moonthede Rusland, die VSA en China rondom die Oekraïne vraagstuk.

Oupa was ‘n tenkbestuurder vir die Suid-Afrikaanse troepe tydens die slag van Tobruk, Libië, 1942. Dié poskaart, nou vergeel deur tyd, was ‘n foto van die piramides in Egipte en regs bo is daar ‘n inleg van Oupa Joe met sy militêre baret en links bo, sekerlik die enigste foto wat Oupa van sy beminde, Ouma Nettie, gehad het. Moontlik het die bestuur van die operasie dit goedgevind om vir al die troepe so ‘n poskaart te maak om aan hul geliefdes te stuur, want ek ken nog ‘n persoon met ‘n soortgelyke poskaart.

Oupa Joe het nie die geleentheid gehad wat ek kon geniet met betrekking tot skool en geletterdheid nie, maar hy kon sy naam skryf: Josef Willem Sandilands. Ek dra sy name. Ek het wonder wat hy graag sou wou skryf vir Ouma Nettie. ‘n Gedig? ‘n Liefdesverklaring? ‘n Liedjie? Ek het gedink oor die hunkering na ongedeerde tuiskoms en vereniging met die mense wie jy lief het, die omgewing wat jy lief het, die taal en kultuur wat jy ken en lief het. *Ek kon op*

‘n manier identifiseer.

Die tweede element wat ook van waarde is, met die skepping van hierdie liedjie, was ‘n persoonlike belewenis ver van Suid-Afrika op die eiland van Kauai, in die Stille Oseaan. Ek was daar rondom 1997. Dit is letterlik die anderkant van die planeet. Die pad hou op by Ke’e strand. Dis nie menslik moontlik om verder te ry of verder weg van jou oorsprong, Randfontein, Suid-Afrika, te wees nie. Toe ek weer in die kar klim en daar wegry, het die gedagte by my posgevat, dat dit nie saakmaak of ek noord, oos, wes of suid bestuur nie, op ‘n manier reis ek “huistoe”. Terug na oorsprong.

Met ons onlangse toer “Woorde en Akkoorde na die Noorde” het hierdie liedjie dit self begin uitsonder as een van die gunsteling liedjies vir die gehoor. Ek dink dis omdat daar universalisme aan die gedagte van tuiskoms, hunkering, verlange, en in mees eenvoudige terme, “huis” is.

Die openingslyn is: “By Giza, in Egipte, kyk Josef in die lens...”

Ek deel graag, Huistoe.”

Huistoe is nou op alle digitale platforms beskikbaar, tesame met die eerste enkelsnit, *Verkenner*, wat reeds ‘n week gelede beskikbaar gemaak is. Beide hierdie snitte kan saam met ‘n skakel afgelaai word waar jy die volle album wat op 1 Mei beskikbaar sal wees kan gaan merk. Kyk gerus uit want daar sal elke week nog ‘n enkelsnit bekendgestel word vanaf hierdie merkwaardige opkomende album.

Kry dit hier: <https://linktr.ee/neilsandilands>

SOSIALEMEDIASKAKELS:

Facebook: <https://www.facebook.com/realsandilands?mibextid=ZbWKwL>
Instagram: <https://instagram.com/>



Pageant with a difference enter today

Do you have what it takes to be the Face of Top Vibe Kids & Top Vibe Magazine? Then you need to enter today.

The Face of Top Vibe Kids & Top Vibe Magazine'23 is a pageant with a difference.

It's NOT about beauty
It's Not about modeling
It's about caring

The supreme over all winner will be the face of the magazine's and will be a Ambassador for Charity

Top Vibe Kids & Top Vibe Magaazine will give you the opportunity to make a difference in someone else's life.

We have four categories for boys and girls.

Our Organizers is available for any questions,

Our Judge's is excilent in Judging. We have two social media Judges.

Two fotographer that will make sure your momeries will be captured.

Great sponsors with lovely prizes to be won.

Up for grabs is a crown / sash trophy and gifts. Each contestant will receive a gift

This is something not to be missed.

Looking forward to meet you!



**Face of
Top Vibe Kids &
Top Vibe Magazine'23**

SUPREME OVERALL WINNER!

- Best Judge's gift
- Best Dressed
- Best Personality
- Best Contestant gift

Crown / Sash/ Trophy
Gifts

Date: 3 September'23
Time: 10H00 for 11H00
Venue: Bar with No Name (No Name Village)
Dress code: Summer

Category Boys & Girls:

10-12	13-15
16 - 18	19+

1. Judge's decision is final
2. No modeling experience needed
3. No make up 10- 12 / Age 13 make up appropriate
4. Finalist to promote sponsors on Social Media
5. Each contestant to hand in stationary box at Registration: Pen, Pritt, pensile, colouring pencils etc.

Entries Open 1 March'23 - Entries Close 30 June'23
Entry Fee: R200 till end June / Late entries: R250 till end July'23
Spectator's Fee R50 p/p - Children under 13 FREE

Organizers:
Julien du Plessis
061 597 5503

Carin Mulder
082 827 6556

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MAGAZINE

MEDIA HOUSE

HAPPY
Father's
Day 

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