

# Top Vibe

**ONLINE**

## Magazine

**June 2023**  
**Issue 169**

**Please support**  
**Our Charity!**  
**Page 10 & 11**



**Happy Father's Day**

# Top Vibe Magazine

**COMMENTS:**  
Please send us an e-mail to [admin@topvibe.co.za](mailto:admin@topvibe.co.za) to share your opinion, ideas and comments.

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**EDITOR:**  
Charmaine Britz

**CONTACT DETAIL:**  
Cell: 072 768 8582

**WEBSITE:**  
[www.topvibe.co.za](http://www.topvibe.co.za)

## 1.

**TOP VIBE MAGAZINE AMBASSADORS:**

Our lovely ambassadors will bring you something new every month

## 2.

**SUPPORT OUR CHARITY PROJECTS:**

Help us with our charity projects all our projects are for a good cause.

## 3.

**ADVERTISERS:**

Support our advertisers, they support us.

## 4.

**FACE OF TOP VIBE KIDS & TOP VIBE MAGAZINE:**

Read about our pageant with a difference see page 18 - 19  
Entries open.



Happy Father's day

# REGULARS

**1. COVER PAGE: 01**

*Father's Day cover page.  
Martin - lee and Brandon Lee Smuts  
Spoil Dad this Father's Day*

**2. EDITOR'S NOTE: 03**

Charmaine Britz Editors note.

**3. AMBASSADORS: 04**

*Our Ambassadors for 2023 is Julien, Carin and Bianca*

**4. ADVERTS: 08**

*Support our advertisers. To advertise in the magazine call 072 768 8582.*

**5. LANIE'S LANE: 12**

*Read about what Lanies Lane is all about.*



# Redakteurs Nota

Liewe lesers,

Baie gelukkige Vader's dag aan al ons pappas daar buite, dankie vir alles wat julle opoffer vir julle gesinne. Geniet Vadersdag!

Ons is hard besig om vir ons lesers die beste lees stof bymekaar te kry met interessante dinge. Hoop julle gaan dit geniet.

Die winter sluij stadig maar seker nader. Wil jy ons asseblief ondersteun met ons Vaalpets projek? Ons benodig kos vir die honde, komerse, handoeke die handoeke kan maar oud wees. Enige iets wat ons kan gebruik sal welkom wees.

Dames die kaartjies vir vrouedag is reeds beskikbaar by 072 768 8582 kry jou kaartjie jy gaan uitmis op baie pret... en lekker vet pryse wat gewen kan word.

Vir eers moet ek totsiens sê tot volgende maand bly gesond en sterkte met jou dingetjies wat gedoen moet word.

Liefde



# Our Ambassadors.

Dear readers,

What makes a Dad?

God took the strength for a mountain, the majesty for a tree,

The warmth for a summer sun, the calm of a quiet sea, the generous soul of nature, the comforting arm of night. The wisdom of the ages, the power of the eagle's flight the joy of a morning spring the faith of a mustard seed. The patience of eternity and the depth of a family need.

Then God combine these qualities. As there was nothing more to add, He knew that His masterpiece was complete.

He called it DAD

Much Love

Julien du Plessis



Julien du Plessis

Dear readers.

A father is the one friend upon whom we can always rely - this month we celebrate Father's. This does not mean it has to be your biological dad, but someone who took the role of being a dad to you and who you have been looking up to since the beginning. Work extra hard this month to show your appreciation to your dad and remind them how they are loved.

For those who lost their father, like me, you are thought about and let us take this time to celebrate them and what they have done for us. Luckily, memories cost nothing and live in our heads rent free. Every time we think and talk about them, they are kept alive, and in this way their legacy will live on forever.

What does the word 'Father' means to you?

Love Bianca



Bianca Bezuidenhout

# Events Ambassador

Dear Readers

Can you believe we are already half way through the year and this month we celebrate Father's Day on the 18<sup>th</sup> June 2023 and Youth Day on the 16<sup>th</sup> June 2023. We honour our fathers and we celebrate the gift of our children.

This month we are running two special charity events where we will be donating dog food, blankets and toys to Vaal Pets in Vanderbijlpark and we will be making food and donating to Moredou Old Age Home in Sasolburg.

Celebrating Father's Day has always been close to my heart as I never met my real Dad as he past away when my mother was only 4 months pregnant with me but I was truly blessed with the one and only best stepdad. My stepdad took us in and raised us as his own and I am so thankful to have a dad like him, he is my best friend, my hero. I can talk to him, laugh, cry ask him for advice no matter how bad or good the situation is, he is always willing to listen and help.

Treasure the memories you have with your family as we are only lend to each other and time has no limit. Be thankful, love and care for each other as we only have each other. Life will always lead us on a path but in the end, you have to decide which is the right path to take.

With love and until next month, take care  
Carin



Carin Mulder

## MEDIA HOUSE FOOD drive



Media House will spoil 41 residence at Moredou old age home in Sasolburg with curry & rice on 16 June '23

We @ Media House would like to request from the public to kindly assist us by sponsoring any non perishable foods and toiletries in order to make this food drive successful Home of 41 elderly.

### Jar of hope



# “Advertising your business”

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salads.  
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*Just be ...*

CARPETS 🍂 HANDBAGS 🌿 PLACEMATS  
BLANKETS 🌻 THROWS  
AND MANY MORE TO CHOOSE FROM



*Crochet with love*

**ORDER 2 ITEMS AND PAY  
ONLY 50% COURIER FEE**



# MEDIA HOUSE Projects

## MEDIA HOUSE PROJECTS:

Top Vibe Magazine / Top Vibe Kids Magazine / Glamour Talk Mag and 50+ Magazine

## MEDIA HOUSE

Top Vibe Magazine

Top Vibe Kids Magazine

Glamour Talk Mag 50+ MAGAZINE / TYDSKRIF

Please support our Ambassadors with donations for Dog food, blankets, towels, toys, washing powder, anything useful. Our project will start 1 April and we will DROP OFF 4 June 2023

**VAALPETS**  
Public drop off  
we DROP OFF 4 JUNE 2023 @ Vaalpets  
BAR WITH NO NAME  
Midvaal PRIVATE HOSPITAL

**WOMEN'S DAY**  
9 AUG 2023

DATE: 9 AUGUST '23

VENUE:  
Wine Barrel  
119 Vlei Street  
Stephanopark,  
Vanderbijlpark

TIME: 10H00

ENTRANCE FEE: R200 p/p

Snacks (platter)

Refreshments:  
Juice/Coffee/Tea etc

WELCOME DRINK  
FREE GIN  
FREE GIFT

Bookings Essential:  
Charmaine 072 768 8582  
Carin 082 827 6556

MC  
LILLIEN DAN PLESSIS  
MRS AFRICA 2023

MOTIVATIONAL SPEAKER  
FREDRICKA STORM

Box 2 Care  
KINDNESS  
LIFE & LOVE  
OFFICE: 072 768 8582  
HOME: 082 827 6556

CHARITY EVENT  
IN AID OF

# Growing up in a digital world

By Lelanie van Niekerk

Digital technologies have profoundly changed childhood and adolescence. The internet and the means to access it, such as tablets and smartphones, along with social media platforms and messaging apps, have become integral to the lives of youth around the world.

They have transformed their education and learning, the way they make and maintain friendships, how they spend their leisure time, and their engagement with wider society.

UNICEF's *State of the World's Children 2017: Children in a Digital*

*World report* reveals that one in three internet users is younger than 18 years and 71% of 15–24-year-olds are online, making them the most connected age group worldwide. However, the so-called digital divide is substantial: 346 million youth are not online, with African adolescents the most affected (60% are not connected compared with 4% in Europe).



Young people who lack digital skills, live in remote regions, or speak a minority language are also being left behind in harnessing the opportunities that digital technologies can provide. These benefits include access to education, training, and jobs, which can help break intergenerational cycles of poverty, and access to news and information sources that can help protect their health, safety, and rights.

Along with the substantial opportunities the digital age brings, come a diverse range of risks and harms. Digital technologies have increased the scale of child sexual abuse and exploitation. Child sex offenders have increased access to children through unprotected social media profiles and

online gaming forums. Technological advances have allowed individual offenders and trafficking rings to evade detection through encrypted platforms and the creation of false identities, and have enabled them to pursue multiple victims at the same time.

Young people are not only at risk from adult exploitation; children can also obtain sexual or intimate photos of a peer and share them with or without the individual's consent. Digital advances have meant that bullying is no longer left at the school gates; [cyberbullying](#) is a new method for bullies to hurt and humiliate their victims with the click of a button. Words and images posted online that are designed to cause harm are also difficult to delete, increasing the risk of re-victimization.

[Concerns](#) have also been raised about the time children spend using digital technology and its effect on their physical activity and mental health. Evidence suggests moderate use of digital technology can be beneficial to children's mental wellbeing, whereas excessive use can be detrimental. Children's social relationships seem to be enhanced by digital technology,

# As ek net geweet het ...

**As ek net geweet het**

**As ek net geweet het, hoe moeg sy was...**

**As ek net geweet het, hoeveel bondels sy moes was...As ek net geweeg het, hoe min sy kon slaap...**

**As ek net geweet het, hoeveel moed sy bymekaar moes skraap...**

**As ek net geweet het, hoeveel keer sy in die stort gehuil het....**

**As ek net geweet het, haar eie lyf was vir haar vet...**

**As ek net geweet het, hoeveel nagte ek haar laat wakker lê...**

**As ek net geweet het, sy het so baie wat sy nog vir my wou sê...**

**As ek net geweet het, hoeveel keer sy honger was na ete...**

**As ek net geweet het, haar identiteit was lankal vir haar vergete...**

**As ek net geweet het, sy beplan elke gebeurtenis met soveel sorg...**

**As ek net geweet het, in haar dae was daar nie sprake van selfsorg...**

**As ek net geweet het, haar liggaam was vir my gebreek...**

**As ek net geweet het, haar geheue het homself soms weggesteek...**

**As ek net geweet het, haar hande was seer van die werk...**

**As ek net geweet het, bietjie rus sou haar kon laat aansterk...**

**As ek net geweet het, wat moederskap beteken...**

**As ek net geweet het, hoeveel van haar woorde was amen...**

**As ek net geweet het, wat sy alles met my moes deel...**

**As ek net geweet het, in hoeveel stukkies sy haarself moes opdeel...**

**Sou ek elke oomblik van die wondervrou, omhels...  
#mahetgepraat**





# STEPHAN VISAGIE WIL BOSVELD TOE IN NUWE ENKELSNIT SAAM HENRI ALANT!

Stephan Visagie, 'n gerekende sanger en liedjieskryer in die Afrikaanse musiekbedryf, het in samewerking met die talentvolle musikant, Henri Alant, 'n nuwe enkelsnit vrygestel genaamd "Vergeet My Hier". Die liedjie is beskikbaar op alle digitale platforms vanaf 21 April 2023.

Stephan Visagie is 'n trotse lid van die legendariese Vonk Musiek, wat bekend is vir die ontdekking van baie bekende en suksesvolle kunstenaars in die Afrikaanse musiekbedryf. Hy is reeds bekend vir sy treffer "4 Keeps", wat hom in 2017 in die kollig geplaas het. Sedertdien het sy musiekloopbaan 'n stroomversnelling ondergaan en sy werk word tans hoog aangeskryf in die musiekbedryf.

"Vergeet My Hier" is die perfekte opvolg enkelsnit na Stephan se vorige uitgawes, insluitend "Amper Daar", wat in 2022 bekendgestel is. Hierdie nuwe liedjie het egter 'n heeltemal unieke tema wat uit Stephan se liefde vir die bosveld gebore is - 'n plek wat hy beskryf as sy "Happy Place". Dit is die plek waarheen hy gaan om te ontsnap van die stres van die lewe en om

te ontsnap van die stres van die lewe en om sy siel te voed. Hierdie gevoel word perfek vasgevang in die woordkeuse en melodie van die liedjie.

Die kombinasie van Stephan se unieke en warm stem met Henri se mooi melodie skep 'n liedjie wat jou sal ontroer en jou 'n hoendervleis aanslag sal gee. Henri Alant, wat al 'n geruime tyd in die musiekbedryf werk, is 'n baie talentvolle musikant en word beskou as een van die beloftevolle jong kunstenaars van ons tyd. Sy bydrae tot die sukses van die onmiskenbaar.

"Vergeet My Hier" is 'n liedjie wat nie net 'n spesiale plek in Stephan se hart het nie, maar ook 'n liedjie wat ons almal kan inspireer en aanmoedig om ons eie "Happy Place" te vind. Die liedjie is 'n weerspieëling van die rustigheid en vrede wat daar in die bosveld ervaar word en bied 'n boodskap van hoop en gemoedsrus aan almal wat dit hoor.

Ons nooi almal uit om "Vergeet My Hier" te beluister en te geniet. Hierdie liedjie is 'n

welkome byvoeging tot die Afrikaanse musiekbiblioteek en het die potensiaal om 'n treffer te wees. Stephan Visagie en Henri Alant het bewys dat hulle uitstekende musikante is en dat hulle saam 'n liedjie kan skep wat diep in die harte van die mense sal resoneer.

Luister die liedjie hier: <https://linktr.ee/stephanvisagie>

## SOSIALE MEDIA

### STEPHAN VISAGIE

Facebook: <https://www.facebook.com/stephan4keeps>

Instagram: <https://www.instagram.com/stephan4keeps/>

### HENRI ALANT

Facebook: <https://www.facebook.com/Henrialantofficial>

Instagram: [https://www.instagram.com/1henrialant\\_\\_/](https://www.instagram.com/1henrialant__/)

## PLATEMAATSKAPPY:

**Vonk Musiek**

Tel: 011 823 1771 / 011 823 1772

Epos: [sing@vonk.co.za](mailto:sing@vonk.co.za)

Webblad: [www.vonkmusiek.co.za](http://www.vonkmusiek.co.za)

## PUBLISITEIT & BEMARKING:

**STARBURST PROMOTIONS**

Danelle Liebenberg

Sel: 0715347796

Epos: [danelle@starburstmusic.co.za](mailto:danelle@starburstmusic.co.za)

Webblad: [www.starburstmusic.co.za](http://www.starburstmusic.co.za)



# Pageant with a difference enter today

Do you have what it takes to be the Face of Top Vibe Kids & Top Vibe Magazine? Then you need to enter today.

The Face of Top Vibe Kids & Top Vibe Magazine'23 is a pageant with a difference.

It's NOT about beauty  
It's Not about modeling  
It's about caring

The supreme over all winner will be the face of the magazine's and will be a Ambassador for Charity

Top Vibe Kids & Top Vibe Magaazine will give you the opportunity to make a difference in someone else's life.

We have four categories for boys and girls.

Our Organizers is available for any questions,

Our Judge's is excilent in Judging. We have two social media Judges.

Two fotographer that will make sure your momeries will be captured.

Great sponsors with lovely prizes to be won.

Up for grabs is a crown / sash trophy and gifts.

This is something not to be missed.

Looking forward to meet you!



**SUPREME OVERALL WINNER!**

Best Judge's gift  
Best Dressed  
Best Personality  
Best Contestant gift

Crown / Sash/ Trophy  
Gifts

**Date: 3 September'23**

**Time: 10H00 for 11H00**

**Venue: Bar with No Name (No Name Village)**

**Dress code: Summer**

**Category Boys & Girls:**

**10-12      13-15**

**16 - 18      19+**

1. Judge's decision is final
2. No modeling experience needed
3. No make up 10- 12 / Age 13 make up appropriate
4. Finalist to promote sponsors on Social Media
5. Each contestant to hand in stationary box at Registration: Pen, Pritt, pensile, colouring pencils etc

**Entries Open 1 March'23 - Entries Close 30 June'23**

**Entry Fee: R200 till end June / Late entries: R250 till end July'23**

**Spectator's Fee R50 p/p - Children under 13 FREE**

**Organizers:**  
Julen du Plessis  
061 597 5503

Carin Mulder  
082 827 6556

Charity  
Born 2 care



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# MAGAZINE MEDIA HOUSE

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