

Top Vibe

ONLINE Magazine

July 2023

Issue 170

Pageant with a difference enter today

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Page 7, 10 & 11

SOCIAL
MEDIA

Top Vibe Magazine

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1.

TOP VIBE MAGAZINE AMBASSADORS:

Our lovely ambassadors will bring you something new every month

2.

SUPPORT OUR CHARITY PROJECTS:

Help us with our charity projects all our projects are for a good cause.

3.

ADVERTISERS:

Support our advertisers, they support us.

4.

FACE OF TOP VIBE KIDS & TOP VIBE MAGAZINE:

Read about our pageant with a difference see page 18 - 19
 Entries open.



Redakteurs Nota

Liewe lesers,

Vanjaar se winter is bitter koud en daar is so baie mense wat tans siek is en sukkel om gesond te word. Vaalpets en Moredou projekte is agter die rug. Baie dankie vir amazing BORGE Ambassadeurs wat vir ons bygestaan het sien fotos op bladsy 14- 17.

Dames die kaartjies vir vrouedag is reeds beskikbaar by 072 768 8582 kry jou kaartjie jy gaan uitmis op baie pret... en lekker vet pryse wat gewen kan word.

Kom julle maak die beste van die winter en voor jy weet is die somer hier.

Vir eers moet ek totsiens sê tot volgende maand bly gesond en sterkte met jou dingetjies wat gedoen moet word.

Liefde
Charms

REGULARS

1. COVER PAGE: 01
Stay warm this winter! Anonymous model.

2. EDITOR'S NOTE: 03
 Charmaine Britz Editors note.

3. AMBASSADORS: 04
Our Ambassadors for 2023 is Julien, Carin and Bianca

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Support our advertisers. To advertise in the magazine call 072 768 8582.

5. LANIE'S LANE: 12
Read about what Lanies Lane is all about.

Our Ambassadors.

Dear readers,

What does self-love mean?

Self-Love and What It Means |
Brain & Behavior Research ...

Self-love is a state of appreciation for oneself that grows from actions that support our physical, psychological and spiritual growth.

Self-love means having a high regard for your own well-being and happiness.

Self-love means taking care of your own needs and not sacrificing your well-being to please others



Julien du Plessis

Much Love

Julien du Plessis

Dear readers.

As a 4th year education student I have to complete my practicals. This means that I have to go to two different schools in two terms in order to complete my practicals. I have just finished my first term at a school in Pretoria. For someone coming from Meyerton and being used to how things are done here, it was quite intimidating stepping into a school where you know no one and also nothing about! It felt as if I was one of the learners rather than a teacher. I was pleasantly surprised after my first day as the teachers welcomed me with open arms and immediately made me feel like one of them. This is when I realized that life is busy teaching me a lesson. You never know what someone is going through nor how someone feels on a specific day. Your attitude towards someone can make or break that person. If the teachers did not make me feel welcomed that day, I would have probably hated every second of my 7 weeks there and second guessed why I am doing what I'm doing, but they welcomed me and my whole mindset changed.

I challenge you this month to go out of your way to be kind to someone at least once a day as you don't know in what mindset that person might be. Happy July!

Bianca



Bianca Bezuidenhout

Events Ambassador



Carin Mulder

Dear Top Vibe Awesome Readers

Once again we came to yet another month full of excitement and challenges. We tend to judge our situations far worst than thoses of others. Have you resently sat down and for just once thought about someone else situation and what you can do for them, how to help them, how to comfort them or just thinking of them.

This is my July month challenge to you, instead of thinking and worrying about your daily ups and downs think of someone you know that is going through a difficult time, if it is fiancially, seperations, divorce, loss or just feeling down, take the time to ask the question. How can I help you today? If we can help 1 person we will have made the world of difference.

August we have a big event coming up... Yes you guest right it is our Womansday Event where to get to celebrate how awesome and beautiful our woman of today are. Please make a note of this it will be on the 9th August in Vanderbijlpark keep an eye on our social media pages for more details, get your tickets still today big prize to be won so don't delay be part of the awesome event. I have an hard-working team behind me and this one will surely be for the books. I hope you are all safe and warm as this Winter came in strong and believe I don't easily get cold but I am freezing my toes off

lately... 😊 Take warm, try to stay health and support each other, don't judge cause you don't know what that person is going through rather smile and say how can I help you today.

With all my love

Carin 😊



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Entries Close 31 Oct 2013

Face of Glamour Talk Magazine 2013 Photographic & Cover Model Competition

Entry Fee: R50 (main) **R50 per Extra category**

Name (Surname / Forename) _____
 Age (years) (do not include) _____
 Email _____
 Telephone (area code) _____
 Cell (area code) _____
 Address (street, suburb, postal code) _____
 City & Country (eg: Grahamstown, SA) _____
 Married / Single / Divorced / Widowed _____
 Categories: Female / Male / Transgender / Other (specify) _____
 All prizes are subject to availability and subject to change without notice.

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Just a Mumble!!!!

By Lelanie van Niekerk

I really don't like winter. No more Friday afternoon braais and Saturday basking in the sun...

Therefore, I choose to JUST MUMBLE during winter, it is nothing more than complaining.

So, mumbling along LOL... I will indeed...

A childhood memory, I have of coming of winter, I remember the smell in the air changing the feel of the air and even how the clouds looked.

My nose can still smell winter a mile away... some people don't even notice it, but for some reason, I was born with a built-in weather forecaster, so how do you get to the point when you decide "OK today I will start wearing winter clothes"? The thing is, during the whole year if I'm cold, I will wear warm clothing...but normally what happens is that I will dress and then it will be the hottest day ever!!!

As a result, I just wing it during the year when it comes to dress code As for winter warmers, is there a summer cooler and what will it be?

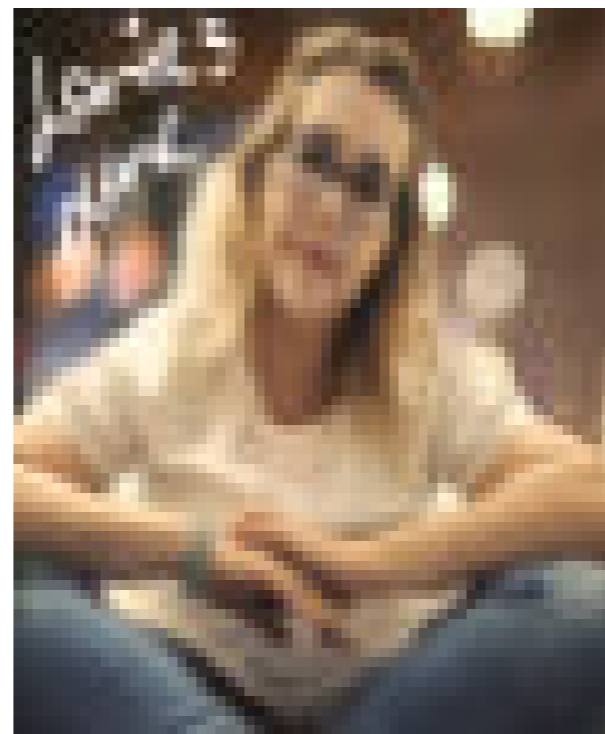
Food and beverages are the same for me, people make soup in winter, I make soup all year round...

Mumbling about winter makes me feel better if there is one session, I will sleep through it will be this: "Maybe I was a bear once, hmmm".

Among other things I don't understand, I tend to eat less during winter and love to lose an extra kilo and it is easy for me... I can't do this during any other session because it is too difficult...

I wonder how much one person can mumble about winter or if there were any historical well-known writers who wrote about this... let's see and consult the World Wide Web... LOL

As it turns out, I am not the only one who is complaining about winter in the first heading of one paper "You're not the only one". But there wasn't a specific famous person who complained about winter, but I am sure there were a few.



What I did find was people that made winter famous which I think is even better then so let me share these remarkable individuals with you

So, this guy Roald Amundsen first reached the south pole, he was defiantly going the wrong direction is NORTH Roald the fat guy with the beard with all the presents is in the North Pole, but just look at him shame.

This I found very interesting in the South Pole in midsummer the max temperature is "listen MAX -25.9C "like who does this" For me this one it so far, the best LOL. So, apparently this guy Mathias Zdarsky AKA father of Alpine skiing was not the first to ski but invented the ski.

So, if you take the picture and all that snow I sure this guy invented the ski to get home quicker, to take a hot bath and some winter warmers LOL



So, apparently this guy Mathias Zdarsky AKA father of Alpine skiing was not the first to ski but invented the ski.

So, if you take the picture and all that snow I sure this guy invented the ski to get home quicker, to take a hot bath and some winter warmers LOL

Guys it gets better!!!

So, Peter Aschauer wait for it, invented the Avalanche Airbag... Yes, you read it correctly the Avalanche Airbag

I'm like way... what are you doing on a mountain or building houses on the slopes of active avalanches it's like volcanos WHY?

Peter nothing against you but maybe you should have invented the STOP sign DON'T BUILD OR HIKE HERE

Sure, at the time it was an excellent idea.

Again, lady wrong direction it's the NORTH POLE...

SO, Helen Thayer was the first woman SOLO to travel to the North Pole...

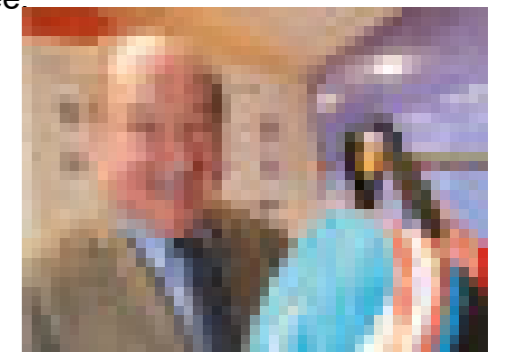
"Wonder if her dog went along SOLO" LOL

Before I leave for the winter LOL good one, one article "People should stop complaining about winter" I read it, yes, this individual is trying to convince the readers that changing your cloths for winter and wearing the correct winter cloths will make winter much more enjoyable hmmm tough one to crack... Lol

Don't get me wrong I love all aspects of the winter the change the smells but I would really love the most is to have skipped it all together...

So, guys enjoy the winter because I know I will like every other day

Just a Mumble Lol



Vaalpets drop off 4 June'23

Media House is grateful for the dog food that we received as part of our Charity event.

You can make a difference by adopting a dog and give him a warm loving home.

Media House Ambassadors thank you for sharing our charity poster on social media.

If each person that see such a post could donate 1 item towards this charity event, just think the difference we make can be much bigger.

This was our second years that we maid Vaalpets part of our charity.

We are glade that we could make a difference in a dog's life.



MEDIA HOUSE VISITS MOREDOU OLD AGE HOME IN SASOLBURG

Stephan Visagie, 'n gerekende sanger en liedjieskryer in die Afrikaanse musiekbedryf, het in samewerking met die talentvolle musikant, Henri Alant, 'n nuwe enkelsnit vrygestel genaamd "Vergeet My Hier". Die liedjie is beskikbaar op alle digitale platforms vanaf 21 April 2023.

Stephan Visagie is 'n trotse lid van die legendariese Vonk Musiek, wat bekend is vir die ontdekking van baie bekende en suksesvolle kunstenaars in die Afrikaanse musiekbedryf. Hy is reeds bekend vir sy treffer "4 Keeps", wat hom in 2017 in die kollig geplaas het. Sedertdien het sy musiekloopbaan 'n stroomversnelling ondergaan en sy werk word tans hoog aangeskryf in die musiekbedryf.

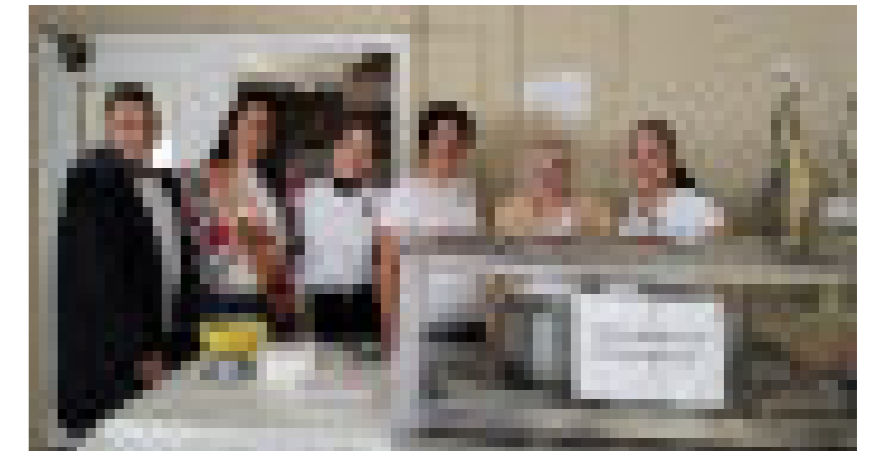
"Vergeet My Hier" is die perfekte opvolg enkelsnit na Stephan se vorige uitgawes, insluitend "Amper Daar", wat in 2022 bekendgestel is. Hierdie nuwe liedjie het egter 'n heeltemal unieke tema wat uit Stephan se liefde vir die bosveld gebore is - 'n plek wat hy beskryf as sy "Happy Place". Dit is die plek waarheen hy gaan om te ontsnap van die stres van die lewe en om

te ontsnap van die stres van die lewe en om sy siel te voed. Hierdie gevoel word perfek vasgevang in die woordkeuse en melodie van die liedjie.

Die kombinasie van Stephan se unieke en warm stem met Henri se mooi melodie skep 'n liedjie wat jou sal ontroer en jou 'n hoendervleis aanslag sal gee. Henri Alant, wat al 'n geruime tyd in die musiekbedryf werk, is 'n baie talentvolle musikant en word beskou as een van die beloftevolle jong kunstenaars van ons tyd. Sy bydrae tot die sukses van die onmiskenbaar.

"Vergeet My Hier" is 'n liedjie wat nie net 'n spesiale plek in Stephan se hart het nie, maar ook 'n liedjie wat ons almal kan inspireer en aanmoedig om ons eie "Happy Place" te vind. Die liedjie is 'n weerspieëling van die rustigheid en vrede wat daar in die bosveld ervaar word en bied 'n boodskap van hoop en gemoedsrus aan almal wat dit hoor.

Ons nooi almal uit om "Vergeet My Hier" te beluister en te geniet. Hierdie liedjie is 'n



Pageant with a difference enter today

Do you have what it takes to be the Face of Top Vibe Kids & Top Vibe Magazine? Then you need to enter today.

The Face of Top Vibe Kids & Top Vibe Magazine'23 is a pageant with a difference.

It's NOT about beauty
It's Not about modeling
It's about caring

The supreme over all winner will be the face of the magazine's and will be a Ambassador for Charity

Top Vibe Kids & Top Vibe Magazine will give you the opportunity to make a difference in someone else's life.

We have four categories for boys and girls.

Our Organizers is available for any questions,

Our Judge's is excellent in Judging. We have two social media Judges.

Two photographers that will make sure your memories will be captured.

Great sponsors with lovely prizes to be won.
Up for grabs is a crown / sash trophy and gifts.

This is something not to be missed.

Looking forward to meet you!




Face of Top Vibe Kids & Top Vibe Magazine '23

Date: 3 September '23
Time: 10:00 for 10:00
Venue: Bar with No Name (No Name Village)
Dress code: Summer

Prizes:
Crown / Sash / Trophy
Best Judges gift
Best Overall
Best Personality
Best Confidence gift

Category Boys & Girls:
10-12 13-15
16-18 19+

Judges decision is final
a. No monetary assistance received
b. Not over 18 on 11/1/23
c. Must be a resident of the United States
d. Not a professional model or actor/actress
e. No all. Prohibited. Fee. Photo. Agency. Following parents etc.

Entries Open 1 March '23 - Entries Close 30 June '23
Entry Fee: \$200 US and June / Late entries: \$200 US and July '23
Spectator's Fee: \$10 p/p - Children under 12 FREE

Organizers:
Juliana de Moraes
902.497.4503

Charity:
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MEDIA HOUSE

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