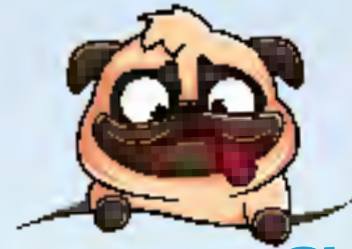


Top Vibe

Kids Magazine

ONLINE
APRIL 2023
ISSUE 57

Facts about Rabbits



Support our Charity
Event Vaalpets page 8

Make your own gifts....



Entries open for:
Face of Top Vibe Kids Magazine
Go to: <http://gle/wCNniJDmQXwg2EYRA>

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Top Vibe
ONLINE Kids Magazine

COMMENTS:

Please send us an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

OUR ADVERTISERS:

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2.

FUN FACTS ABOUT RABBITS:

Learn some facts about rabbits, They are not only fluffy

3.

MEDIA HOUSE PROJECT :

Please support our ambassadors with our Vaalpets Charity event.

4.

FACE OF TOP VIBE KIDS MAGAZINE:

Entries are open - enter today and be crowned as Face of Top Vibe Kids Magazine'23

Happy Easter



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine,
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2023.
Dyne Mulder, Taygan Botha, and Sonja Botha

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover all about the easter bunnys having fun!

5. MODEL BACK PAGE 20

Back page: Our next Issue is May - celebrate Mothers Day 14 May'23



Photographer: Albertus Kriel
Venue: Turn & Tender Vaalmall

REDAKTEURS
NOTA

Liewe maats,

Ondersteun asseblief ons ambassadeurs met die projekte waarmee ons besig is. Help ons om 'n verskil te maak.

Ons is besig om kos in te samel vir Vaalpets sodat die honde se magies vol kos is in die winter. Ons is ook opsoek na komberse, handoeke enige iets wat ons kan gebruik.

Vra jou maats by die skool om te help! Raak deel en wees 'n super hero!

Vra ma of pa om die tydskrif vir jou af te laai by www.topvibe.co.za of gaan na ons Facebook blad. Facebook: <https://www.facebook.com/Vibekids.britz> sodat jy niks mis nie.

Ons is opsoek na die Face of Top Vibe Kids Magazine. Skryf in hulle sê wie nie waag nie kan nie wen nie. Ons wag op jou inskrywing!

Pas julle mooi op tot volgende maand. Liefde

Charms

MEDIA HOUSE:
TOP VIBE MAGAZINE
TOP VIBE KIDS MAGAZINE
GLAMOUR TALK MAGAZINE
50+ MAGAZINE / TYDSKRIF

OUR AMBASSADORS



DYNE MULDER

Hallo Maats!

April, sjoe kan julle glo ons is al klaar met die eerste kwartaal van skool en die eerste kwartaal van die jaar. Kyk dit was nou vir jou 'n besige kwartaal. Ons het 'n harde en lang toets reeks agter die rug en in tussen het ek SA Regional Level 2 geswem en het my Level 2 gekry. Ek is super opgewonde ek het hard geoefen en al my harde werk het afbetaal. My volgende "Goal" is om Level 3 te kry in 2023 wat ek sommer weet ek sal kan bereik, met harde werk en fokus en my vertroue in God is enige iets moontlik. Ons vier die maand April waarin ons skoolvakansie het en moet sê wel verdien ook en ons vier Paasfees, wat lekker is, is al paaseiers wat ons kry maar in die selfde asem moet ons nie vergeet waarom Paasfees gaan nie. Dit is die opstanding van Jesus Christus wat na die derde dag na sy kruisiging uit die dood opgestaan het waar hy aan die kruis vir ons sondes gesterwe het.

Hoekom moet ons oefen?

Oefening is nie net voordelig vir jou fisiese gesondheid nie, maar ook vir jou verstandelike gesondheid. Ons almal beweeg teen 'n baie vinnige tempo en Tegnologie neem alles oor. Ons loop nie meer regop nie ons kom nie meer buite nie, ons eet ongesond want dit is gemaklik, ek moet bieg ek is ook skuldig aan van die goedjies maar het 'n punt daarvan gemaak om dinge te verander al is dit tree vir tree op die ou einde as jy al daai tree bymekaar sit het dit klaar groot verskil gemaak.

Daar is 4 belangrike goedjies wat jy moet onthou oor sport / oefeninge:

1. Jy is uniek, neem deel aan iets wat by jou pas.
2. Moenie bang wees vir oefening en sport nie.
3. Begin met klein treetjies.
4. Daar is baie tyd om 'n sportheld te word. Moenie dit oordoen nie.

Geniet die vakansie en veilig wees.

Groete Dyne 😊

Dear friends.

What is Bully?

Bullying refers to aggressive behavior. Bullying can happen at any stage of life, such as school bullying, College bullying, Workplace bullying, Public Place bullying, etc.

Many times it's not just the people around you that is bullying but the family to by making constant discouraging remarks.

Some reasons that people Bully is because they have an Emotional Trauma, they're Insecure or they've been Bullied. No matter what type of bullying you have experiences, it's painful. So here are some ways to deal with Bully.

- * Acknowledge the behavior is unacceptable
- * Don't bully back
- Or
- * Tell someone STOP Bullies



TAYGAN BOTHA



Taygan

OUR AMBASSADOR.



SONJA BURGER

Goeie dag maats
Die maand wil ek hê ons moet bietjie stilstaan
en dink aan Jesus.

Kom ons lees nou lekker saam na die storie wat
gaan oor Paasfees.

Lekker lees maats

Die Verhaal van Paasfees

Dis Paasfees in Jerusalem. Met Paasfees sê
die Jode vir God dankie dat Hy hulle uit
Egipte laat trek het, en vir hulle gesorg het.
Dan slag hulle 'n lammetjie en eet spesiale
brood.

Jesus en sy dissipels vier ook Paasfees, hy
vra sy dissipels om 'n spesiale kamer
daarvoor reg te kry. Terwyl hulle om die
tafel sit sê Jesus vir sy dissipels dat een
van hulle Hom gaan verrai. Een van hulle
gaan Sy vyande help om Hom te vang.

Almal skrik, want hulle kan nie dink dat een
van hulle so iets sal doen nie, hulle is dan
almal lief vir Jesus. Jesus sê dat die een
wat sy brood saam met syne in die skottel
steek, die een is wat Hom gaan verrai -
Judas steek sy brood saam met Jesus s'n in
die skottel en staan dan op van die tafel en
loop uit.

Jesus weet dat Hy gaan sterf. Hy wil hê ons
moet altyd onthou dat Hy vir ons sondes
gesterf het. Hy neem toe brood en breek dit
en gee vir elke dissipel 'n stukkie. Hy sê:
"Dit is my liggaam, eet dit en onthou My".
Toe neem Hy die wyn, gee vir elkeen 'n
bietjie en sê: "Dit is my bloed wat al julle
sondes weg was."

Dit was die eerste Nagmaal gewees. Vandag
vier ons wat in Jesus glo nog altyd die
Nagmaal, want dan onthou ons dat God vir
Jesus gestuur het om ons sondes weg te
neem.



Nadat Jesus en sy dissipels klaar die
Nagmaal gebruik het, gaan hulle na 'n tuin
met die naam Getsemane toe. Jesus weet
dat hulle Hom daardie nag nog gaan vang om
hom te kruisig. Hy is baie bang, want Hy is
God se Seun en Hy weet presies wat hulle
met Hom gaan doen, en hoe moeilik dit vir
Hom gaan wees. In die tuin bid Hy en vra
God sy Vader dat as dit moontlik is, hierdie
dinge nie met Hom moet gebeur nie, maar as
God regtig dink dis nodig, dan sal Hy dit
doen.

Hier in die tuin van Getsemane word Jesus
deur die soldate gevang, nadat Judas vir die
priesters vertel het waar om Jesus in die
hande te kry.

Pilatus, die man wat moes besluit wat hulle
met Jesus moes doen, het geweet dat Jesus
niks verkeerd gedoen het nie. Toe hy die
Jode vra wat hy met Jesus moes doen, het
hulle geskree: "kruisig hom".



Nadat Jesus BAIE geslaan was, soveel so
dat Hy nie eers meer sy eie kruis na Golgota
kon dra nie, het hulle Hom aan die kruis
vasgespyker. Almal wat rondom die kruis
gestaan het, het met Hom gespot, en gesê
ander kon Hy red, maar nie Homself nie, as
jy God se Seun is, kom van die kruis af.



Jesus het nie, want Hy het geweet HOEKOM
Hy aan die kruis hang, nie omdat Hy iets
verkeerd gedoen het nie, maar vir elkeen van
ons se sondes, sodat as ons HOM kies, dan
hoef ons nie hel toe te gaan en self die
straf vir ons sondes te kry nie.

Terwyl Jesus aan die kruis gehang het en
BAIE swaar gekry het en almal met Hom
lelik was en Hom gespot het, het Hy niks
leliks terug gesê nie, Hy het net vir God
gevra om hulle te vergewe, want hulle weet
nie wat hulle doen nie.

Toe begin dit skielik donker word. Dit was
nog middag gewees, maar die son het nie
meer geskyn nie. Die aarde het begin bewe
en die mense het bang geword, en hulle het
nie meer gespot nie. Jesus sê toe: "Dit is
volbring". Dit beteken: nou is die sonde klaar
betaal, Jesus het satan oorwin en hy het
geen mag meer ons nie. Op daardie oomblik
het Jesus gesterf, en een van die soldate
het geweet dat Jesus regtig God se Seun
was.

Toe hulle 'n spies in Jesus se sy steek het
daar net bloed en water uitgekome, wat vir
hulle gewys het dat Jesus regtig dood is.

Na Jesus se dood het een van Jesus se
vriende met die naam Josef na Pilatus
gegaan en gesê dat hy Jesus graag wil
begrawe. Hulle het sy liggaam gevat, dit in
doeke toegedraai en in 'n rotsgraf gesit met
'n groot klip voor dit. Drie dae later, die
Sondagmôre, het Maria Magdalena na Jesus
se graf toe gegaan, maar toe sy daar kom
was die swaar klip voor die graf weggerol, en
die graf was leeg gewees. Sy het dit toe vir
twee van Jesus se dissipels gaan vertel, en
terwyl hulle daar was het hulle gesien dat
die graf leeg was.

Maria was baie hartseer gewees en het nie
verstaan dat Jesus leef nie, toe sy weer in
die leë graf inkyk sien sy twee engele op die
plek sit, waar Jesus gelê het. Hulle vra haar
toe hoekom sy so huil, en sy sê sy weet nie
waar hulle Jesus nou begrawe het nie.

Toe Maria omdraai staan Jesus voor haar,
maar sy het nie geweet dat dit Hy was nie,
want sy het gedink Hy is dood. Hy vra haar
ook hoekom sy so huil, en toe sy Hom
dieselfde antwoord as vir die engele gee,
noem Hy net haar naam, en sy weet dis Hy
en dat Hy leef!! Nadat Jesus met haar
gepraat het, het sy gehardloop om vir die
ander te vertel dat Jesus regtig opgestaan
het, en dat Hy leef!!!



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Glamour Talk Mag

50+ MAGAZINE / TYDSKRIF

Please support our Ambassadors with donations for Dog food, blankets, towels, toys, washing powder, anything useful. Our project will start 1 April and we will DROP OFF 4 June 2023

VAALPETS

Public drop off

THE BAR WITH NO NAME

We DROP OFF 4 JUNE 2023 @ Vaalpets



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TO ADVERTISE HERE

Up coming Charity projects

MEDIA HOUSE FOOD drive



Media House will spoil 41 residence at Moredou old age home in Sasolburg with curry & rice on 16 June '23

We @ Media House would like to request from the public to kindly assist us by sponsoring any non perishable foods and toiletries in order to make this food drive successful. Home of 41 elderly.

Jar of hope



Health Heart and Home

Put a coffee jar with the following ingredients... It can help 4 people.

Share a Jar of Hope

- 1/2 cup rice
- 1/2 cup soup mix
- 1/2 cup lentils
- 1 unwrapped steak cube
- 1 pkt soup powder

Instructions: Add 2 and 1/2 litres of water and add the jar contents. Keep stirring and enjoy.



WOMEN'S DAY 9 AUG 2023

DATE: 9 AUGUST '23
VENUE:

Wine Barrel
119 Vlei Street
Stephanopark,
Vanderbijlpark

TIME: 10H00
ENTRANCE FEE: R200 p/p
Snacks (platter)
Refreshments:
Juice/Coffee/Tea etc

WELCOME DRINK
FREE GIN
FREE GIFT

Bookings Essential:
Charmaine 072 768 8582
Carin 082 827 6556



MC:
JULIEN DU PLESSIS
MRS AFRICA 2023



MOTIVATIONAL SPEAKER
FREDRICKA STORM



CHARITY EVENT
IN AID OF

Chef Tommy



GEKOOKTE EIER:

Maklik en vinnig om te maak.
Wees net versigtig om nie te brand nie.

Jy benodig.

Pot met water
2 of 3 eiers

Plaas die pot op die stoofplaat en kook die water.

Plaas die eiers in die water en kook vir 5 tot 6 min. Haal van die stoofplaat af, laat afkoel en dop die eier af

Strooi bietjie sout en peper op en siedaar jou eier is reg.

WhatsApp my met jou prentjie van jou gekookte eier na 072 768 8582



Kom bak en brou saam met my!

Face of
Top Vibe Kids &
Top Vibe Magazine'23

Supreme Over All Winner!
Best Judge's gift
Best Contestant gifts
Best dressed
Best Personality

Entries Open 1st March'23
<https://forms.gle/wCNnUdmQXwgzEYRA>

Face of
Top Vibe Kids &
Top Vibe Magazine'23

The Face of Top Vibe Kids & Top Vibe Magazine is a pageant with a difference. It's not about beauty, It's not about modeling, It's about caring. The titel holder will be the Face of the Magazine and be a Ambassador for charity. The Face of Top Vibe Kids & Top Vibe Magazine give you the opportunity to make a difference in someone else's life.

Date: 2 September'23
Time: 10H00 - 14H00
Venue: To be confirmed
Dress code: Spring / Summer

Entries open 1 March'23 - Close 15 Aug
Entry Fee: R200 till end of May'23
Late entries: R250 from end May till 15 Aug'23

Category: Boys & Girls
3- 4 years
5-6 years
7-9 years
10-12 years
13-14 years
16-18 years
19+ years

1. Judges decision are final. 2. NO Modeling experience needed
3. Finalist commit to attend photoshoot & promote sponsors on Social Media. 4. Charity work

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Born 2 Care
VEREENIGING
CHILD PROTECTION CENTRE

IN AID OF Born 2 Care

Top Vibe Magazines 11

Facts about Rabbits

Rabbit facts

A baby rabbit is called a kit, a female is called a doe and a male is called a buck.

Rabbits are very social creatures that live in groups. ...

A rabbit's teeth never stop growing! ...

Rabbits perform an athletic leap, known as a 'binky', when they're happy – performing twists and kicks in mid air!

Facts about rabbits

A single bunny is a lonely bunny. ...

They can live for up to 12 years. ...

They're masters of hearing. ...

Their eyesight isn't bad either. ...

They're closer to wild rabbits than you might think. ...

Rabbits communicate using a secret code. ...

Baby rabbits are called 'kittens' ...

Rabbits and guinea pigs don't make good pals.

What are rabbits explained to kids?

What is a rabbit? Rabbits are small, furry mammals characterised by their big, floppy ears and large back feet used for hopping around. They're also known for their fluffy tails and long front teeth. Rabbits are very successful animals and can be found in the wild on every continent apart from Antarctica.

Do rabbits sleep at night?

Nope! Another question that people often ask is whether rabbits sleep mostly during the day or at night. And the answer is neither. They are crepuscular, meaning that they are most active at dusk and dawn.

What do rabbits eat and drink?

Fresh, clean drinking water and good quality hay and grass should make up the majority of your rabbits' diet. A rabbit's digestive system needs hay or grass to function properly so a healthy supply is extremely important. You can supplement with leafy greens and a small amount of pellets.



Make your own gifts....

Something for bathtime:

Pick rose petals and throw them in the bath.

You can put the fresh petals in or you can dry it.



Chocolate lip gloss

3 X tablespoon coco butter.

**4-5 chocolate chips
1 x capsule, vitamin E**

Melt and blend ingredients with a spoon until smooth, put in a container and Refrigerate until solid.



Something for bathtime:

Rosemary

Pick rosemary make a bunch and hang on the tape let the water run over the Bunch.



Dry nails

2 x tabelspoon gelatin

1/2 glass fruit juice.

Mix together and drink all at once repeat for 6 Weeks every day

Hobbies for Kids You Haven't Thought Of...

Gardening:

Aside from the obvious appeal of a hobby that allows kids to get their hands dirty, gardening is also an excellent activity for mindfulness, so it will calm your kid down while providing a physical workout to boot. Bonus: You don't even need to have an outdoor space of your own for your child to put their green thumb to work, because time spent at a community garden can be equally rewarding.

Volunteering:

Regular volunteer work is a crash course in compassion that teaches kids the importance of giving back to the community. It's also a fun way for kids to make new friends and meet interesting people from all walks of life. Plus, given the huge variety of volunteer opportunities available, this hobby will never get old.

Chess:

This classic game of strategy provides a stimulating challenge at every level of play. The critical thinking involved in chess also has major brain-boosting benefits and kids can join chess clubs and compete in tournaments for some friendly competition as their skill-level increases.

Yoga:

Yoga is a well-known and widely practiced activity that strengthens muscles, improves physical fitness and calms the mind—and it's not just for grown-ups. Yoga classes for kids are an excellent option for young people who want a hobby that involves physical activity, without the competitive component of most other sports.

Photography:

Older kids can nourish their creativity with photography as a hobby. Of course, you'll have to provide the camera and your child will need to put some effort into learning the skills that go into getting a good shot, but the process of exploring their surroundings in search of new subjects is sure to inspire budding artists.

Scrapbooking:

Any kid who's old enough to work with a pair of scissors can take up scrapbooking—a hobby that encourages self-expression and creativity, while producing pieces of art that will continue to inspire pride any time your child decides to take a walk down memory lane.

Cooking:

Remember those tender toddler years when you first noticed your child was interested in what went on in the kitchen? Well, if you do, it will come as no surprise that cooking can be an engaging hobby for older kids (i.e., ones that can reach the kitchen counter). This hands-on activity is lots of fun for picky eaters and budding gourmands alike—and because cooking requires a degree of adult supervision, it's an excellent bonding opportunity to boot.

Sculpting:

Sculpting is often neglected in standard art curriculum, but a kid who tries their hand at it might just discover a new passion. This art form is a hands-on hobby that allows kids to bring their imagination to life with 3D models—a decidedly rewarding fine motor activity that encourages creativity (and can yield pretty impressive results).

Martial Arts:

Martial arts are an excellent outlet for kids who've got energy to burn, but don't dig the competitive vibe of team sports. Aside from the obvious physical benefits (balance, coordination, strength and overall fitness), this hobby also promotes individual growth in other areas—including discipline, goal setting, focus and even basic respect for others.



MAGAZINE

Media House

Best

M♥M

Ever

NEXT ISSUE - MAY 2023

MOTHER'S DAY 14 MAY'23

TO DOWNLOAD GO TO www.topvibe.co.za