

# Top Vibe

ONLINE  
DECEMBER 2022 ISSUE 53

Kids Magazine



**ADVERTISE  
YOUR BUSINESS**

**Cover page models**

**Lehanke (11) en Ryan (8) Beets  
Fotograaf: Moments in Focus Photography**

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# CONTENT

## Top Vibe ONLINE Kids Magazine

### COMMENTS:

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# 1.

### OUR ADVERTISERS:

Support our advertisers they support us!

# 2.

### LET'S HAVE FUN:

We just love to have fun. Join us!

# 3.

### FACTS ABOUT THE STARS:

We have some fun facts about the stars in the universe

# 4.

### FACTS ABOUT LEOPARDS:

Learn some facts about the Leopard.



## REGULARS

### 1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE  
Top Vibe Magazine / Top Vibe Kids Magazine,  
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

### 2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2022.  
Dyne Mulder, Meagan Rielander & Tanita de Gouveia.

### 3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

### 4. MODEL COVER PAGE 01

Our cover page model from Facebook - Lehanke (11) and Ryan(8) Beets

### 5. MODEL BACK PAGE 20

Back page: Christmas decorations -our next Issue is January 2023.



Photographer: Charmaine Janse van Rensburg.  
Venue: Photo Diary & Venue.

## REDAKTEURS NOTA

Liewe maats,

Dit is uiteindelik die maand waarop ons almal gewag het. Nou tel ons die dae af tot Kersfees. Het jy al vir Kersvader 'n brief gestuur? Oooo jinne skryf gou daai brief en maak seker dat Mamma of pappa dit pos.

Ons hoop julle geniet die tydskrif. Ons groet ongelukkig Tanita, een van ons ambassadeurs maar ons kry ook 'n nuwe ambassadeur.

Vra ma of pa om die tydskrif vir jou af te laai by [www.topvibe.co.za](http://www.topvibe.co.za) of gaan na ons Facebook blad.

Facebook: <https://www.facebook.com/vibekids.britz>

Pas julle mooi op tot volgende maand. Liefde

*Charms*

MEDIA HOUSE:  
TOP VIBE MAGAZINE  
TOP VIBE KIDS MAGAZINE  
GLAMOUR TALK MAGAZINE  
50+ MAGAZINE / TYDSKRIF





Dear friends

Christmas is a day that we celebrate with family and friends. It's a day were we celebrate Jesus and His birth.

This yearfor Christmas I would like to encourage everyone by spreading the Christmas cheer this year for Christmas by giving more, loving more and laughing more.

“Christmas is not a time or season but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have real spirit of Christmas”  
President Calvin Coolidge.

Si I wish everyone a Merry Christmas and remember, the true spirit of Christmas lies in your heart.

With that said I would like to say my goodbye's thank you that I could have been part of Top Vibe Magazine. I'm going to miss you guys.

Take care of yourself and others.

Love

**Tanita**



Liewe Top Vibe Maats,

WoW, wat `n jaar was 2022 nou nie vir jou nie, besig, deurmekaar, warm en koud alles sommer in een, maar gaan nie stry nie 2022 was nie maklik nie, maar ons het dit gemaak. Ek kan amper my 2de boek afsluit en `n nuwe lewens boek begin propvol lekker tye, nuwe maats en nuwe “Memories”. Ek is so opgewonde om uiteindelik weer terug te wees by die swem dit was `n lang Gr 7 eksamen om nie te kon swem nie.

Ek sien ook uit na die EGA Summer Champs in Delville vanaf die 8-12 Desember 2022, wel nie die vroeg opstaan nie maar die swem ek werk hard om my tye te verbeter en om Level 3 te kry. Na Summer Champs is dit dan bietjie tyd om te rus, bietjie vis te vang en tyd saam vriende. Wel verdien..... Kersfees is om die draai en dit is die heel lekkerste tyd want dan kan ons tyd spandeer saam die mense vir wie ons die meeste omgee en liefhet.

Julle moet julle vakansie geniet die wat op vakansie gaan ry versigtig en kom veilig by julle bestemming uit. Ek sien uit na 2023 om nog lekker dinge met julle te deel.

Kers Groete

**Dyne**



Liewe vriende,

Kersfees is om die draai, ons wag opgewonde en met blink oë na hierdie wonderlike geleentheid. Dit kom net een keer per jaar en dit is `n kosbare tyd saam met die familie.

Na `n lang jaar kan ons nou net die feestyd geniet en saam met vriende en familie wees.

Vir nou wil ek net Desember maand geniet, en vergeet van als.

My wens vir julle is geniet Kersfees en als wat saam met dit gaan. Waarook al julle is wees veilig, drink baie water as julle in die son gaan wees.

Liefde

**Meagan**



# ADVERTISE YOUR BUSINESS



**WE MANAGE  
YOUR BUSINESS  
FACEBOOK FOR  
YOU!  
072 768 8582**



An advertisement for Copperbrite Cleaner. The background is black with gold stars and a central illustration of a lit oil lamp. Text includes: 'THIS PRODUCT IS EASY TO USE AND LEAVES NO RESIDUE' in a gold oval at the top; 'Copperbrite' in a large, gold, cursive font; 'COPPER &amp; BRASS CLEANER' in bold gold letters; 'CLEANS QUICKLY AND EFFECTIVELY' in smaller gold letters; and 'TE KOOP / FOR SALE 072 768 8582' at the bottom.

An advertisement for 'Sparkling Nails by Michelle'. It features a large, sparkling diamond ring set against a background of purple and pink floral patterns. The text 'Sparkling Nails by Michelle' is written in a cursive font, and 'Cell: 074 958 6402' is written at the bottom.

**CALL: 072 768 8582  
TO ADVERTISE HERE**

An advertisement for Top Vibe Magazine and Online Media House. It has an orange background with a circular graphic containing the magazine logos. Text includes: 'ONLINE MEDIA HOUSE' in bold black letters; 'Top Vibe Magazine' and 'Top Vibe Kids Magazine' in black and red/green; 'Glamour Talk Mag' in a script font; '50+ MAGAZINE / TYDSKRIF' in red and black; 'CEO Charmaine Britz Cell 072 768 8582' next to a circular photo of a woman; and 'Cell: 072 768 8582 www.topvibe.co.za' at the bottom right.



# Fun facts about the stars



# Did you know?

Top 10 cool things about stars  
Every star you see in the night sky is bigger and brighter than our sun.  
You can't see millions of stars on a dark night.  
Red hot and cool ice blue – NOT!  
Stars are black bodies.  
There are no green stars.  
Our sun is a green star.  
Our sun is a dwarf star.  
Stars don't twinkle.

Fun facts about Stars  
Most of the stars in the universe are red dwarfs.  
They twinkle because of movement in the Earth's atmosphere.  
Many stars come in pairs called binary stars. ...  
The smaller they are the longer they live.  
...  
The nearest star to Earth is Proxima Centauri. ....  
The Sun is around 4.5 billion years old.

What are 3 facts about stars?  
Image result for facts about the stars in the sky for kids  
The average star is between 1 and 10 billion years old, although some stars are older than this. Large stars live shorter lives compared to smaller stars, because large stars burn through their fuel much faster. Giant stars explode into a bright supernova when they die.  
Why do stars twinkle?

The stars seem to twinkle in the night sky due to the effects of the Earth's atmosphere. When starlight enters the atmosphere, it is affected by winds in the atmosphere and areas with different temperatures and densities. This causes the light from the star to twinkle when seen from the ground.

How are stars born?  
Image result  
A star is born when atoms of light elements are squeezed under enough pressure for their nuclei to undergo fusion. All stars are the result of a balance of forces: the force of gravity compresses atoms in interstellar gas until the fusion reactions begin.

How big is a star?  
They may contain the mass of one or two Suns but are often just 20 to 40 km in diameter. White dwarf stars are a bit bigger - often similar in size to our planet Earth. The largest supergiant stars can be more than 1500 times larger than our Sun. This makes them over 2,000 million km across.

How old are the stars?  
Most stars are between 1 billion and 10 billion years old. Some stars may even be close to 13.8 billion years old—the observed age of the universe. The oldest star yet discovered, HD 140283, nicknamed Methuselah star, is an estimated  $14.46 \pm 0.8$  billion years old.

Do stars move?  
The stars are not fixed, but are constantly moving. If you factor out the daily arcing motion of the stars across the sky due to the earth's rotation, you end up with a pattern of stars that seems to never change.

Why do stars change colors?  
This is because of scintillation ("twinkling") as the light passes through the atmosphere of the Earth. As the air moves in and out, the starlight is refracted, often different colors in different directions. Because of this "chromatic aberration," stars can appear to change colors when they are twinkling strongly

What is inside of a star?  
Stars are mainly made of hydrogen and helium gas. In the centre of a star, the temperature and pressure are so high that four protons can fuse to form helium, in a series of steps. This process releases huge amounts of energy and makes the stars shine brightly.

Can stars grow?  
When the gas comes close enough to the star, it falls onto the surface of the star because of gravity, and the star grows. This process of growing is called an accretion process and the star is said to accrete (accumulate) matter from the disk.

Do stars move at night?  
These apparent star tracks are in fact not due to the stars moving, but to the rotational motion of the Earth. As the Earth rotates with an axis that is pointed in the direction of the North Star, stars appear to move from east to west in the sky





# Chef Tommy



## MAKLIKE PIZZA DEEG:

Kors:

500ml bruismeel

150ml kookwater

125ml kook olie

Knypie sout

Meng als in n bak tot `n sagte deeg gevorm het.

Druk ewe dik in rolkoekpan.

Bedek met `n klam doek hou eenkant tot benodig.

Voorverhit oond tot 180grade celcius. Enige vulsel kan opgesit word.

Bak 30min tot kaas bo-op verbruin.

Geniet jou pizza.

*Kom bak en brou saam met my!*



# MR & MISS

# 2023

# Top Vibe

Kids Magazine

## Entries open February 2023



# You will have FUN...



# Facts about Leopards



## **Leopard facts**

**Most leopards are light coloured and have dark spots on their fur. ...**

**Leopards can be found in various places around the world – they live in Sub-Saharan Africa, northeast Africa, Central Asia, India and China.**

**Leopards are fast felines and can run at up to 58km/h!**

**These facts include the following as listed below.**

**Leopards are solitary animals.**

**Leopards are the smallest of the large cat family.**

**Leopards are not picky eaters.**

**Leopards are ambush predators.**

**Leopards are adaptive cats.**

## **What is a leopard for kids?**

**Image result for facts about leopards for kids**

**Leopards are powerful big cats closely related to lions, tigers, and jaguars. They live in sub-Saharan Africa, northeast Africa, Central Asia, India, and China. However, many of their populations are endangered, especially outside of Africa.**

## **How high can leopards jump?**

**A leopard is known to leap over 20 feet and can jump up to 10 feet into the air. Such a powerful big cat.**



# What to do with your pets when you go on holiday



**It's the holiday season and families are headed to the beach, safari or the countryside and as a pet owner, you may be wondering what to do with your furry friend.**

There are few options to consider, including taking your pets on holiday with you, getting a pet sitter or putting them into a kennel, cattery or pet hotel.

Take note, however, that, all pets, including dogs, cats, parrots, rabbits, hamsters, guinea pigs and fish need proper planning, well ahead of your holiday.

While some families may consider taking their pet with them on the family vacation, many institutions including the National SPCAs do not recommend the idea of travelling with pets.

"The dreadful practise of transporting pets tied or otherwise – is unacceptable for obvious reasons. There are documented cases of accidents on the road and pets escaping or being left inside the vehicle for prolonged periods and suffering terribly," reads the NSPCA statement.

## Travel with the pet

Should you take your pet with, please consider the following:

First things first, check with your vet that your pet is healthy and safe to travel.

Ensure vaccinations, flea and worm treatments are up-to-date. Vaccinations prevent diseases that can be passed between animals and also from animals to people. Diseases prevalent in wildlife, such as rabies and distemper, can infect unvaccinated pets.

Ask your vet about pet tranquillisers. Travelling can be stressful for animals, consult your vet for advice as tranquillisers may be harmful to some animals.



Make sure you have enough room for your pet to lie in case they need to rest during the trip?

If you have a crate for your pet, ensure that it is large enough for your pet to stand and to change position comfortably. Ensure that the crate can be securely locked.

Do not put your pet in the boot of the car - they will suffocate and die.

Never let your pet roam around the car unrestrained.

Ensure that you have enough water for your pet to drink during the journey.

Bring along their favourite toys, and familiar smelling items like a blanket and treats.

Ensure that the leash is readily available so that you can ensure that your dog does not run free when you and your pet (dog or cat) stop for restroom breaks.

Never leave your pet alone in the car, not even for a brief period.

Enquire with your vacation destination, about their pet policy ahead of time - there are many pet-friendly accommodations across the country.

Be sure to search for one of them if you are hoping to take your pet on holiday. Contact them for more information to ensure your pet will be safe and well catered for.

Taking your pet to a boarding kennel, cattery or a pet hotel for most pet owners, kennels are a great option to ensure that their pets are cared for while they are away.

However, if you're taking your pet to a kennel or cattery the first time, be sure to keep the following in mind. Is your pet's Immunisation up to date? Reputable boarding kennels require proof of your pet's vaccination certificates.

This should be dated at least 2 weeks before your pets are admitted to boarding facilities.

Visit the kennel, cattery or pet hotel first before booking your pet.

Do not rely solely on information from the internet. Visit the place to ensure your pet's needs and expectations will be met. Pay them an unexpected visit to observe how animals are treated.

Ensure that the food being served by the boarding kennel, cattery or hotel meets your pet's dietary requirements.

Ensure your pet will get regular exercises.

Check that the kennel or cattery appear to be well maintained and well looked after.

Check that the place is not overcrowded.

Ensure that the kennel or cattery has a vet visit on a daily basis.

Are the staff trained to recognise animals that may not be well?

A well-run, reputable boarding kennel is normally a safe way to house your animals while you're away.

Bring your pet's food, blankets and toys. Most kennels will provide food, but if your pet has special dietary requirements, ensure that you buy enough food for their entire stay.

Leaving your pets with their blanket or favourite toys will help if they are prone to anxiety.

To find a reputable kennel or cattery in your area, ask family, friends or neighbours for recommendations.

Most families use the same kennel for years or search in Google, but do your own homework. Ensure that you visit the place prior to making any bookings.

There are pet hotels, you can search for the one nearest to you, for your pet's comfort and luxury stay that include pampering and grooming. These hotels come at a price but after all luxury is costly.



# Family Fun Beach in the Vaal

**FAMILY FUN BEACH** the closest you will come to the beach 🏖️

Booking enquiries can now be made on our website :  
<http://www.familyfunbeach.co.za/>

19 van der walt road  
harmoniesrus Vereeniging  
close to Sonlandpark.

WhatsApp: 083 321 9142

Email :  
sherlainholmes7@icloud.com

Entrance fee 🌟  
R90 per person (3 above )  
Kids 2 and under free  
Pensioners R60 (60 plus)  
We have braais available!  
Entrance only through bookings.

**NO Glass**  
**NO speakers or boomboxes**  
allowed (will be confiscated)

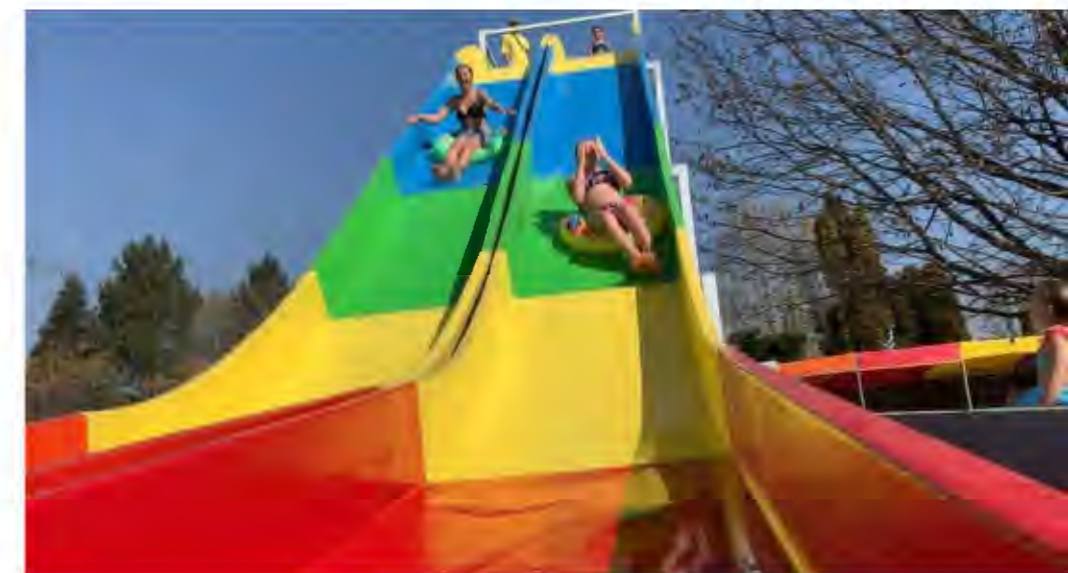
- pool 1.5 m deep (for adults and kids)
- 4Kg of charcoal and firelighter available to buy.
- own food and drinks allowed
- Bubble bounce
- bicycle park (own bicycles & skateboards)
- pool with 9 slides including the new tube slid.

- sand castles
- volly ball
- jungle gym area
- plenty of games to do along.
- dances to do along with entertainers
- tuck shop with popc

entertainers  
▪ tuck shop with popcorn , slushy , coddrink, ice and coffee



**Entrance only through booking:**  
**083 321 9142**





# Make your own Christmas gifts

**C**hristmas Tips to Save Money.  
Develop a gift-giving philosophy. Normally, our first suggestion in every instance of life is to budget.

**Budget.**  
Track your spending.  
Rein in other spending.  
Choose time over money.  
Shop early.  
Give fewer gifts.  
Resist retail marketing.

Create a holiday budget.

Stick to a shopping list.  
Stay home for the holidays.  
Be flexible about when you fly.  
Set boundaries around gift giving.  
Give your time.  
Find (and use) those old gift cards.

How to Afford Christmas on a Budget  
Set realistic expectations for the holidays.  
Figure out how much you can spend on the holidays.  
Work on saving the money you need for the holidays.  
Get on the nice list with a holiday side hustle.

Save on your holiday food budget.  
Make your holiday shopping list and check it twice.

Christmas Gifts To Make And Give When You're Broke.

A Personalized Mug For A Coffee Lover.  
Homemade Bath Bombs For A Pampered Princess.  
Dip-Dyed Clipboards For Your Friend Who Loves Lists.  
DIY Molded Soap For A Clean Freak.  
Sparkly Phone Cases For A Techy Fashionista.  
Tassel Keychain For An Accessory Fiend

What is the 5 gift rule for Christmas?

In the 5 Gift Rule, the first four gifts are the same - something they want, something they need, something to wear and something to read. But the 5th? The 5th is the real winner. It's something they need or want but don't really know it.

Is it OK to give a friend money for birthday?

Giving money is fine as a birthday gift and there's also giving gift cards as an alternative if you know where the recipient of the gift loves to shop.

Knit Mittens.  
Punch Needle Embroidery Pillow.  
Christmas Cutout Candle.  
Photo Collage.

Christmas Cookie Mix in a Jar.  
Christmas Tree Drink Picks.  
Crochet Daisy Tote.  
Arch Candle Holder.

Body Scrub. This Brown Sugar Vanilla Body Scrub is super easy to mix together and would be the perfect thing for anyone who loves a little pampering!

Personalized Wooden Hangers.  
Rice Bag Warmers.  
Monogrammed Soap Bottle.  
Kindle | iPad Cover.  
Beautiful Pillows.  
Lap Desk.  
Cup Cozy.





# MAGAZINE

## Media House



**NEXT ISSUE - JANUARY 2023**

**TO DOWNLOAD GO TO [www.topvibe.co.za](http://www.topvibe.co.za)**