

# Top Vibe

ONLINE

Issue 160 - SEP 2022

Magazine

Adam Kethro- Pleasures of  
the Harbour

**Cover page model - Jaunnel Richards**

*So word vrouedag gevier - Media House*

# Top Vibe Magazine

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**EDITOR:**

Charmaine Britz

**CONTACT DETAIL:**

Cell: 072 768 8582

**WEBSITE:**

[www.topvibe.co.za](http://www.topvibe.co.za)

# 1.

**TOP VIBE MAGAZINE AMBASSADORS:**

Messages from our lovely Ambassadors, they will bring you something new every month.

# 2.

**BLOM WAAR JY GEPLANT WORD?:**

Hier is 'n klomp foto's van die vrouedag wat ons gevier het op 9 Aug 2022.

# 3.

**LANIE'S LANE:**

Lanie vertel ons van vrouedag en die geskiedenis daar agter.

# 4.

**MATRIC FAREWELL:**

We share some ideas on your Matric Farewell.



## Welcome summer

## REGULARS

1. EDITOR 03

*Charmaine Britz Editors Note:*

2. AMBASSADORS 04

Messages from our lovely Ambassador Jenny - Lee We say farewell to Dillan and Etienne

3. ADVERTISERS 09

*Business people will have the opportunity to advertise in this magazine.*

4. OUR WOMEN'S DAY EVENT: 06

*Read about our Women's Day Charity event.*

5. COVER PAGE 01

*Wear your hat this summer and remember the sunblock.*



## Redakteurs Nota

Liewe lesers,

Gelukkig is die somer oppad en daar gaan heerlik gebaljaar word met die son op jou lyf onthou daai sonroom.

Soos belowe deel ons fotos oor wat gebeur het op ons vroue dag. Dit was een heerlike funksie.

Ek het binnekort my boek bekendstelling 63 Charms - hou ons Facebook dop vir die datum.

Maak seker jy kry jou tydskrif aanlyn die beste nuus is as jy een uitgawe gemis het kan jy dit aflaai by [www.topvibe.co.za](http://www.topvibe.co.za)

Dit is amper die silly season en dan raak dinge net nog maller.

Tot siens tot volgende maand bly gesond en bly soet.

Liefde

*Charms*

# Ambassadeur.



## Begroting van n toekomstige bruid

Hierdie is my laaste inskrywing as Mej. Op 1 September 2022 is die groot dag. Vir die 1ste Keer kan ek se ALLES is in orde, betaal en nou wag ons net vir die grootdag. Ek begin al "butterflies" kry as ek

daaraan dink. Die nagmerries het al begin 😊 jy droom van die ergste goed wat gebeur op jou trou dag.

Ek sien vreeslik uit na hierdie nuwe begin wat ek altyd van gedroom het maar nooit gedink dit gaan realiseer nie. Die dinge wat in my twintigste jare gebeur het was maar wild. (almal het maar 'n verlede) Op 30 jaar oud trou ek. Op 30 jaar oud het ek eers begin rigting en standvastigheid gekry. So dames/meisies moenie net trou omdat jy 24 jaar is of omdat jou vriendin trou wat 24/25 jaar oud is.

Die Here het 'n doel met elkeen van ons se lewe. My lewe het net bietjie agterste voor begin met 'n kind eers en toe trou maar dis "okay".

Trou vir liefde  
Trou vir vertroue  
Trou vir vrede  
Trou vir onafhanklikheid  
Trou vir geduld  
Trou vir gelukkigheid

Lengte dag beteken vir my:

- ♥ Liefde
- ♥ Hoop
- ♥ Geluk
- ♥ Lewe
- ♥ Nuwe begin
- ♥ Nuwe seisoen

🍀 Gelukkige Lengte dag 🍀

🔗 Tot volgende Keer 🔗

*Jenny-lee*



# You can be our next Media House

## Ambassadors

Send a photo to our WhatsApp number with you name



WhatsApp 072 768 8582

*Closing date 15 September 2022*

# Cover page Jaunnel Richards



**I, am a sweet, kind, outgoing young woman from Secunda who loves to do make-up, hair and nails.**

**My hobbies is gym, fitness and of course modeling. When I'm done with school I want to become a beautician.**

**My passion is to help other people by donating clothing and food.**

**If I, could change one thing in this world it would be to stop all kinds of bullying. I hate it when people are unhappy.**

**My motto in life is, there's always a rainbow after a storm.**

- **IFM - 2min Noodle & Soup Project - Top Vibe Magazine**
- **Woman's Day Event Contributions**
- **Project Done & Dusted**
- **Jar of Hope - Family of 4 people total 24 x Jars Completed**
- **Carin Mulder - Top Vibe Magazine Event Ambassador.**  
**Mrs Curve Vaal 2021/ 2022 1<sup>st</sup> Princess**



# “Advertising your business”



**R A D I O**  
I n t o - F u n - M u s i c

The background of the advertisement shows a glass of orange juice with a slice of orange and a medical drip chamber with a yellow liquid being administered.

**IV Med Lounge**  
**Drip therapy for multiple conditions.**  
Helps with immune support, exercise, fatigue, vitamin and mineral deficiencies, skin health, and weight loss.

**Dr. M. Bester Medical Centre**  
Call **016 982 1637 / 6911**  
to make your appointment.



Place your  
**ORDER**

before the 15th  
of each month

**082 332 4393**

Vellies, Pierre Cardine,  
Foxy, Safari Vellies etc

The background features a large, faceted purple diamond set against a purple and white abstract background.

*Sparkling Nails*  
by *Michelle*

Cell: 074 958 6402

# So word vrouedag gevier - Media House



**9 Aug 2022 - Blom waar jy geplant word!**  
**Venue: Bar with No Name**  
**Fotograaf: Albertus Kriel**  
**Blome: Fresh Cut Flowers**

**Organiseerders: Carin Mulder (Media House event Ambassadeur) en Charmaine CEO Media House**





# WOMEN'S MONTH

By Lelanie van Niekerk



History and the struggles of woman

On 9 August 1956 as reported over 20 000 women march the to the Union Buildings in Pretoria in protest against the proposed amendments to the Urban Areas Act of 1950, more know to us as "pass book" 14 000 of these women stood silently for 30 minutes and started singing "Now you have touched the women, you have struck a rock."

As I read about the celebration of woman's day, a memory was triggered our "Gloria" was one of those women never left her passbook when she left...

We have read and learned about influential women in the world and in the bible.

Unknow to us are woman that did amazing things,

Andrée de Jongh, aka Dédé saved 118 out of 700 men during the world war against Germany

Beulah Henry "Lady Edison", spent her whole life inventing, she didn't have the technical or mathematical tools needed to make them herself, but she was the mind behind 49 separated patents and over 100 inventions

Like the woman on 9 August 1956 that marched to the Union Buildings in protest are

women today, you don't have to be famous to make a change in someone life... all you need is a reason is this affecting us and will it be affecting us for years to come...

It's like the 5 sisters in the bible according to the Jews law if a man did not have sons there will be no inheritance, these 5 sisters went to Moses as they were the only offspring and should their father pass, they would have nothing this law was changed and still stands today...

I'm a strong believer when it comes to equality and doing the right thing no matter what... we as woman should not forget why we were created...

One woman in the bible stopped the killing of a whole nation risking her own life...

We don't need the recognition all the time, sure that there are more women out there that have done amazing things and still more to come,

As this song "Now you have touched the women, you have struck a rock." Most women know exactly how that feels,

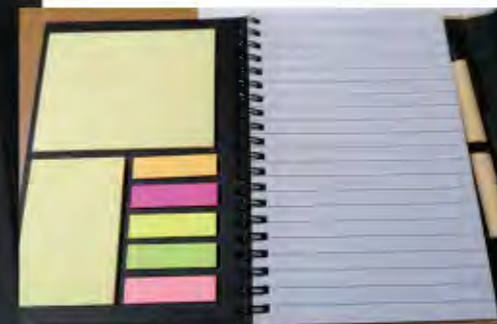
My youngest son was once accused of signing his own math test he was 12 years old his average was 85% he was so unhappy about the teacher accusing him in front of all his class mates, I told him that I would speak to the teacher but he insisted that he is strong and will show the teacher his innocents...the morning I toke him to school and decided to take a walk with him as we said our goodbyes and turned around one more time like mothers do I saw his teacher pointing fingers at him and I could just see my sons face dropped...long story short I spoke in a loving angry manner to the teacher said to her " you just barked up the wrong tree lady" Lol my son's face that night he did not know what to expect...I just said to him we are going to kill cruelty with kindness my son...And we did

Unknow the act of kindness to a lot of us... this was "Now you have touched the women, you have struck a rock."



**Sandri Showroom uitstalling van Vellies, Babydolls ens. Die legendaries Country sanger Jeffrey De Bruyn het die dames bekoor met sy stem. Motiveeringspreuker: Deleen Voster het almal aangraak met haar boodskap.**

**Organiseerders: Carin Mulder (Media House event Ambassadeur) en Charmaine CEO Media House**





A D A M  
K E T H R O

**PLEASURES  
OF THE  
HARBOUR**  
A Novel



Adam Kethro is a renowned and respected South African logistics expert, businessman and author.

Born in Eshowe, KwaZulu-Natal, in 1956, he attended St. Helena Primary School and matriculated from Durban Boys High School in 1973 but rewrote matric at Damelin College in 1974. Following his military conscription, Adam was offered a job in logistics through a family connection.

With no formal post-school business qualifications, he started his own freight company, Bridge Shipping, in 1980.

Under Adam's leadership and direction, it grew into one of Southern Africa's leading logistics companies, boasting more than 750 employees when he retired as executive chairman in 2005. At the time, he left behind 45 millionaires, many of whom still work at the company.

Adam's motto – we are each responsible for the quality of our own lives – are words he has lived by his entire life.

Now semi-retired, he owns and is

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# Adam Kethro- Pleasures of the Harbour

actively involved in four diverse enterprises, including a bridging finance company, a computer firm, a cargo salvage business, and a horse training farm.

Despite these business interests keeping him busy, the evergreen entrepreneur aspires to spend half of his time exploring the world and pursuing his various hobbies, which include collecting music, art, books, and war memorabilia.

Over the past few years, he has also rekindled a passion he has held since he was a teenager – writing.

His debut novel, Pleasures of the Harbour, tells the story of a young man's fortitude to achieve his life goals. Published by [Tracey McDonald Publishers](#), it is due for release in September.

A second novel is also planned for the near future.

According to Adam the writing process has taught him that storytelling is a craft, not a recital, and his advice to aspiring writers is simple – make money first.

The intrepid entrepreneur, explorer and author currently lives in Cape Town with his wife.

FOLLOW HIM ON:

LinkedIn: <https://www.linkedin.com/in/adam-kethro-60528515a/?originalSubdomain=za>



**PUBLICITY & MARKETING  
STARBURST PROMOTIONS**

Alishia van Deventer  
Cell: 083 635 4717

E-mail: [alishia@starburstmusic.co.za](mailto:alishia@starburstmusic.co.za)  
Website: [www.starburstmusic.co.za](http://www.starburstmusic.co.za)



# Matric Farewell

## What is a matric farewell?

Also known as Matric Farewell - Is when grade 12 (last year of high school) learners have one final formal function, often followed by parties, underage drinking and bad decisions.

Each school usually has its own dance and pupils usually come with a date and wear expensive suits and dresses

## Why is a matric farewell important?

Matric farewells are opportunities for learners to relax and have fun but they should be held after the final exams; that way learners have time to prep for and give attention to their exams.

If it is held before the exams, learners might deviate from studying

## How do I Organise my matric farewell?

Here is some steps in planning of your Matric Dance

### Step 1 : Finding the right Date.

Your date for your matric dance should be a person who will compliment you but also someone who you can let go and have fun with.

### Step 2 : Dress and shoes decisions.

This is something some of you might struggle with. Remember you must be comfortable.

### Step 3 : Accessories.

More is less don't kill your dress with the wrong jewelry.

### Step 5 : Strike a pose/ photographer

Remember to make use of a photographer with whom you are comfortable.



### Step 6 : Make-up and hair.

Rather go for an upstyle that way your hair looks good for the whole night.

### Step 7 : Enjoy your night !

Make the best of the night, you only have a matric farewell once in a lifetime.

Well here is a glimpse into what most guys go through before and during the matric dance.

Do guys stress about who they are going to ask to this important occasion?

The answer is yes. Guys are just as stressed about who will accompany them to the matric dance and mostly worried about being rejected if they ask the girl they would like to go with them and she says no.

It's not easy to go up to someone you admire, especially if she is with her friends, and ask the big question. Girls must understand that this takes a lot of guts and they mustn't be nasty or laugh at the guy.

You should be flattered that he thought of asking you, even if you cannot go with him.

How does a guy go about asking someone to go to the matric dance with him?

A good place to pose the question to his dream date is at school – it is neutral ground and you see each other every day.

He might try to catch you at your locker, or just before you go home, but almost always when you are on your own.

Alternatively, the phone is always a good option – you are both relaxed at home and he will have time to practise what he is going to say.

# MAGAZINE

## MEDIA HOUSE



**NEXT ISSUE OCTOBER 2022 TO  
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