

## VIDE Kids Magazine



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## Top Vibe Kids Magazine

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1.

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#### LET'S HAVE FUN:

We just love to have fun. Join us.



#### WAYS TO KEEP KIDS BUSY ON RAINY DAYS:

How to keep your kids busy on a rainy day.

4.

#### COMPETITION;

Please join us in our competitions, it's going to be loads of fun.

#### Happy Mother's Day



#### 1. EDITORS NOTE

03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine,
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

#### 2. AMBASSADORS

04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2022.

Dyne Mulder, Meagan Rielander & Tanita de Gouveia.

#### 3. IT'S FUN TIME

08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

#### 4. MODEL COVER PAGE

01

Happy Mother's Day heart.

#### 5. MODEL BACK PAGE

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Back page: Next Issue Father's Day



Photographer: Albertus Kriel Venue: Turn 'n Tender - Vaal mall

#### REDAKTEURS NOTA

Liewe maats,

Met Moedersdag die 8st Mei om die draai kan ons nou uitsien daar na om ons Mammas te bederf.

Ons ambassadeurs het ook vir hulle moeders boodskape gelaat.

Geniet Moedersdag! Saam met Mamma

Ons deel graag die volgende met julle. Soos hoe om ons tydskrif in die hande te kry, vra maar mamma of pappa se hulp met 5 maklike stappe. Daar is nog maatjies wat dit nie reg kry nie, vra hulp ons help graag. (Sien bl13)

Facebook: https://www.facebook.com/vibekids.britz

Pas julle mooi op tot vogende maand. Liefde

#### Charms

EDIA HOUSE: DP VIBE MAGAZINE DP VIBE KIDS MAGAZINE AMOUR TALK MAGAZINE + MAGAZINE / TYDSKRIF





Dear Mommy,

I would just like to say thank you for everything that you do for me and for always being there for me when I need you.

Thank you for being the best mom in the world. You are such a beautiful, kind and amazing woman and I couldn't have asked for a better

I love spending time with you because of how much you make me laugh. Thank you for making me the young lady that I am today, I couldn't have achieved all my goals and dreams without you.

I love you to the moon an back!

Lots of love your daughter Tanita.

Happy Mother's day to all moms out there!



Liewe Mamma,

Sonder Mamma is ek niks, dankie vir alles wat mamma vir my doen En dat mamma so lief is vir my, my altyd ondersteun in dit wat ek doen.' Ek het die beste mamma gekry.

Gelukkige Moedresdag.

Liefde

**Dyne** 





#### Liewe mamma

Dankie vir alles wat mamma vir ons doen, ek waardeer dit baie. Dankie dat mamma altyd daar is met model, by die skool en enige iets anders wat ek doen.

Dankie dat mamma altyd my support in enige iets wat ek doen. Mamma is defnitief die beste en ek kon nie vir beter vra nie. Ek is hier om te sê,"Ek het ń ma soos geen ander nie.

Sy het vir my lewe gegee, my geleer, baklei vir my en soen my...maar sy was nog altyd lief vir my.

Daar is nie genoeg woorde wat kan beskryf hoe lief ek mamma het.

Liefies Jou Meagsie.

Geseënde Moedersdag vir all die moeders ek vertrou dat julle kinders julle dag wonderlik sal maak.



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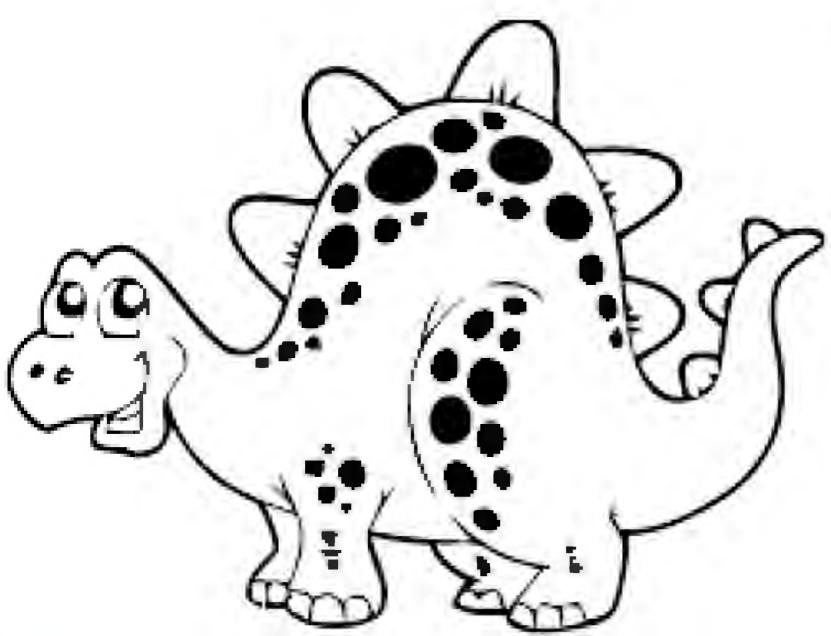


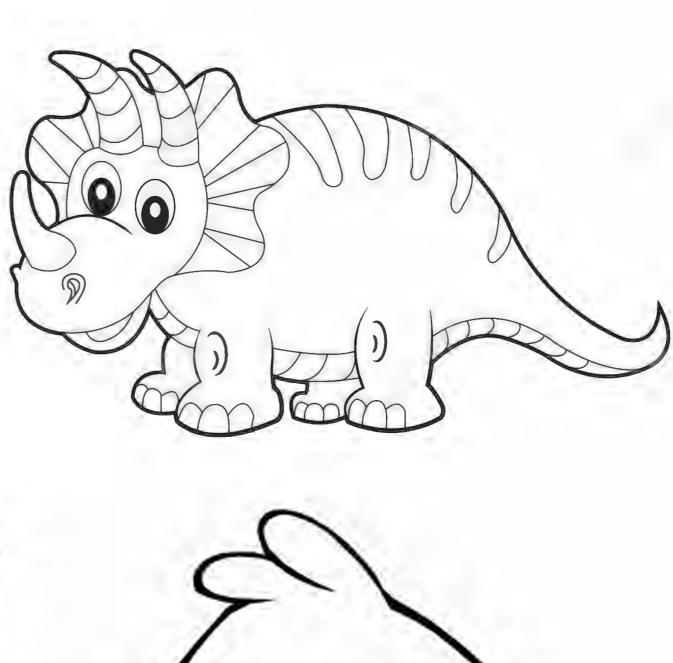
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## Lids let's have fun...







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# Chef Tomy



Hallo Maats, Kom ons maak Crunchies

250g botter
50ml stroop
10ml koeksoda
250ml suiker
250ml koekmeel
500ml hawermout
250ml klapper
Knypie sout.
Smelt die botter en gouestroop, voeg koeksoda by en meng.

Meng die droë bestanddele en roer bottermengsel saam.

Druk in 'n gesmeerde bakplaat bak by 160c tot goudbruin vir 20 minute. Laat afkoel en sny in blokkies



So laai jy die tydskrif af met net 5 maklike stappe

Stap 1 - Gaan na Google

Stap 2 - Tik in www.topvibe.co.za

Stap 3 - Dan sien jy Top Vibe Magazine

Stap 4 - Regs op jou foon skerm is daar 3 strepies kliek daar op.

Stap 5 - Dan sal jy sien Welkom en die tydskrifte se name - as jy op die tydskrif kliek wat jy wil aflaai sal dit oopmaak Jy kan of download of van jou skerm af lees.

Onder dit sal jy lees "read more" en dan kry jy die opsie van download

Kom bak en brou saam met my!

# Ways to Keep Kids Busy on Rainy Days

It's that time of year where we have lot of rain in our forecast. Sometimes it's hard to come up with new ideas to keep little ones busy, so today I am sharing 15 ways to keep kids busy on rainy days. Or you really could use these ideas any time you need something different to keep kids busy

My boys love playing with cars, so to make it really fun we set up a big race track! I used the same gutter we used for our soap boat racing. We just put it on the stairs and it made the cars zoom down so fast!

To do this activity, just pull extra or expired items from our pantry and let kids create whatever they want. It usually looks disgusting, but they are so proud of their work! And it is a great way to clean out your pantry

This one is so much fun! We got the directions from this blog and it brings a lot of fun on rainy days to our house! (Please only try this idea if your little one does not put things in their mouths. Also please watch your kids carefully since balloons are involved!)

If you need an activity that is a little longer, then try making new crayons! All you do is take old crayons and peel off the paper (that is the time consuming part!). Then you break them into pieces and place them in a silicone mold or muffin tin. Lastly, you bake them in the oven for 15-20 minutes at 250 degrees Fahrenheit and then let them cool. If you want detailed instructions with pictures, check out this post.

.Create a car wash for toy vehicles using your sink! Just fill the sink up with soapy water, have a bucket of water to rinse with, and add a towel. You could also wash action figures, plastic dolls, etc.

This is a game where you put on music to dance to and then pause it during the song and have your child freeze. Then resume the music and pause again. If you play with multiple children, you can play that if a child moves during the freeze time, they sit out. And then keep playing until there is a winner. My kids love dance time and this game burns energy on rainy days!

Sensory play is one of the best activities for a rainy day. So long as it's safe, put on some old clothes and go outside and play. Children will soak up the feel of the rain, wet grass, mud and its earthy scents. Encourage them to also listen for the sounds the rain makes as it falls on different objects.



## Rainy Days can be Jun!

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## Child need this from their

Mom





Safety - As little people, we experience the world as dangerous. We feel alone. We don't have love inside -- we have overwhelming needs and feelings. This is painful. You can see this pain on the face of any infant who needs to be picked up or of the child who is terrified of something in her imagination. The child does not have safety inside but danger. Safety can only be found in the mother -- or in whoever is providing the mothering.

Safety comes in the form of a person who is predictable, stable, and danger-free. This kind of mother creates a foundation for all the other tasks of mothering. Without this person, the child remains in a state of panic or anxiety, unable to love or learn. The mother's consistent, caring, and soft and understanding attention gives the child a safe place to turn; she transforms the dangerous world into a place of safety.

Nurture - Webster says that to nurture is to "feed or nourish." A mother's nurture is fuel for the soul. Good mothers pour care into the souls of their children much like sunlight and water pour nutrients into a plant. Our souls flourish when we are being nurtured and cared for. We grow, develop, and change according to the way we were designed.

Without nurture we wither. The "failure to thrive" syndrome and many other childhood problems are directly related to a lack of nurture. In some cases, institutionalized babies have even died from maternal deprivation and a lack of nurture. We were created with needs that go deeper even than our physical need for food. We need the immaterial and spiritual requirements of relationship in order to live.

Basic Trust - Basic trust is the ability to invest oneself in a relationship. We must first experience many instances of trustworthiness before we can truly trust others. We aren't born trusting; trust is learned. Trust enables us to reach out, to depend, to need, and to see others as the source of good things. We can depend on our caretaker - when we reach out, she will be there and she will respond to our needs.

When we trust someone, we invest something of ourselves and hope for a good return. If we invest our money, we want safety and dividends. With a good mother, we invest our hearts and our being and find a good return, which leads us to invest again and again in relationships. Trust nurtures our ability to need and to depend, which allows us to grow and develop relationally. We need to need, and we need to feel comfortable with dependency. A trustworthy mother develops those abilities in us. Healthy people let themselves need and depend on others without fear.

Belonging and Invitation - We all have a need to belong to someone and to something bigger than ourselves. Belonging and love are at the root of our humanness. The foundation of our existence is relationship, and we cannot provide that for ourselves. The Bible tells us to be "rooted and established in love." If we are rooted and grounded with God and others, we belong; we feel nurtured, secure, and free from the universal experience of isolation. And it is our mother's responsibility to rescue us from alienation and isolation and to usher us into the world of relationship.

Mothers, through their love and care, make us feel wanted, which transfers into later feelings of worth and confidence in relationships. We have worked with countless people who feel "unlovable" or "unwanted," when in reality lots of people love and adore them. It's obvious that they have failed to receive good mothering.

Someone to Love - Emotional development comes not only from the mother's investment in the child but also from the child's investment in the mother. A mother provides someone for the child to love - she is a good "object of love." In order to develop emotionally, physically, intellectually, and socially, we need not only be loved but to love. Love fills us up, and colors our outlook on others and the world in which we live, so that we view life with hope and optimism. We have a basic need to love people, and that requires someone to love. If mother is safe, we love her. If she is not, we either are overwhelmed by isolation or we are filled with hatred.

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## TION TIME!



Ask Mom or Dad to help!

- 1. Print this picture. 2. Colour in
- 3. Hold it infront of you ask Mom or Dad to take a picture of you
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- 5. You can WIN R100 6. CLOSING DATE 25 MAY 2022
- 7. Winner will be published in our next issue.
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The best story will be published in our June Issue of Top Vibe Magazine.

think you have a SUPER DAD.

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