



Lifeline Vaal Triangle

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Also see Website and on Facebook

LIFELINE VAAL TRIANGLE PRESENTS:

*(WITH A MORE THAN 40 YEAR HISTORY OF REPUTATION AND CREDIBILITY
OF COUNSELLING SERVICES TO THE COMMUNITY)*

THE COMPLETE COUNSELLING SKILLS PACKAGE

PART 1. PERSONAL KNOWLEDGE AND SKILLS

Knowing self (and others) so as to empower own wellness, coping and competence.
This serves as platform and terms of reference for the counselling/helping of others.
A 15 hour workshop with workbook

PART 2. COUNSELLING PROCESS AND SKILLS

Understanding the principles and process of counselling to assist the person in
distress. To be appropriate within a structured approach and process, and the
use of techniques and practices.
An 18 hour workshop with workbook

PART 3. PRACTICAL

The use of case studies, role plays and practice in contexts of the six main and most
common areas of distress and trauma [HIV, Relationships and others]
A 15 hour workshop with workbook

The programme is to be presented in 3 hour sessions. Based on attendance and practical assessment a certificate will be issued. (Note this programme is not Seta accredited due to provider and unit standard limitations) The programme is ideal for tertiary students, social workers, home/elderly/youth carers, HR functionaries, educators and parents

**The programme is scheduled to start mid-February pending sufficient participants, 15 to 20 max.
The dates and times to be set with consensus of the participants.
Cost R2500-00. Payable on start date, and includes workbooks and refreshments
For enquiries please contact George at 016 428 1740 or e-mail: george@lifelinevaal.co.za**