

SANCA Vaal Triangle

Outpatient Treatment for Alcohol & Drug Addiction

Make an appointment
for counselling or
application for
inpatient treatment.

Office: 016 933 2055/2
Community Clinic: C: 083 382 1636
E: sancavaal@mweb.co.za



*A family member has to
accompany the person
who needs treatment.*



9 Einstein St, Vanderbijlpark:
Mon-Thu 8-16:00
NO ADMISSIONS ON FRIDAYS

	<u>Levai Mbatha</u>	<u>Sharpeville</u>
Mon	9-12:00	13-15:00
Tue	13-15:00	9-12:00
Wed	9-12:00	13-15:00
Thu	13-15:00	9-12:00

ADMISSION: Levai Mbatha & Sharpeville
ONLY MONDAYS

Initial Assessment:

Consultation with the medical team to assess the type and extent of the addiction.
This may include urine and saliva testing.

Detoxification:

This process involves cleansing the addict's system of toxins. The duration of this step varies according to the type of substance abused and severity of the addiction. Medical supervision is vital for certain kinds of substance withdrawal.

Counselling:

SANCA Vaal Triangle offers person-centric therapeutic services. Highly qualified therapists offer non-judgmental counselling services to individuals and families affected by addiction (6 sessions over 8 weeks).

After Care Program:

SANCA Vaal Triangle offers support groups for recovering addicts and their families. Held weekly, support groups offer a means for recovering addicts to support one another and learn key knowledge and skills in order to be able to manage their addiction and ensure sobriety. People who received treatment elsewhere, is welcome to attend the support groups.