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Issue 61

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**Dr. Ronel Benade**  
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Happy  
Father's Day

**Koï Poloï**  
PHOTO STUDIO



# Editors note

Father's day is a special day where you can show your dad that he is treasured to you. Top Vibe is running a competition for our Fathers. To all the kids out there it is now time to enter and make your dads feel extra special on this Father's day. Mom can lend a helping hand!

### Poem for Dad:

Dad you're like a rock to me  
You're there when things go wrong  
If I told you all my worries,  
you would listen all night long.  
Dad you're like a rock to me.

Dads you must enjoy this Father's day, have fun with the family, and hope you get spoiled rotten.

**Hot Poloi**  
PHOTO STUDIO

To all our readers please remember to take time to enter our competition. We will bring you

more "Hot stuff" to win!! Top Vibe will keep the cold winter days hot with sizzling articles to read.

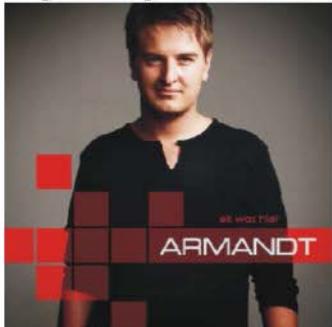
Please take a peep at our NEW mobi site [www.topvibe.mobi](http://www.topvibe.mobi) to download your Top Vibe.

Have a blessed month till next time!

Love Charms x0x

*We would like to wish all Fathers a happy Fathers day, may God bless you!!!!*

*Charms xx*



## ARMANDT

"Hy soek tot hy kry wat hy wil hê vir sy loopbaan en het baie goeie klanke geskep" - Corlia Botha-

"Ek is baie opgewonde oor Armandt se toekoms en sy potensiaal. Hy het 'n sterk sang talent en 'n sterk dryf en die wil om dit te maak" - Heinz Winckler-

Die 21 jarige Armandt het grootgeword in Brakpan en het sy skool loopbaan voltooi aan die Laerskool Dalview en die Hoërskool Stoffberg. Hy studeer tans vir sy graad in Psigologie en Toerismebestuur aan die Noordwes Universiteit van Potchefstroom ( PUKKE) en is deel van 'n baie hegte gesin en sy vriende - dit is sy "broere". Hy het vanaf Graad 4 reeds sangopleiding gekry en deur die jare verdere opleiding by Roxy Shapiro (by wie hy nou nog baie leer) sowel as Corlia Botha.

Avontuur, reis en kosmaak is eerste op sy lysie van doen dinge en hy is lief vir die see en Pizza!

Een van die hoogtepunte in sy loopbaan so ver, was om saam met Heinz Winckler te werk aan sy eerste vyf liedjies wat nou beskikbaar is in die vorm van 'n EP en ook op iTunes. "Dit is definitief een van die dinge wat ek van my "bucket list" kan afmerk", sê Armandt.

Kyk gerus hier om Armandt beter te leer ken. Besoek

<http://www.youtube.com/watch?v=Ofyx-BaNroA>

Facebook: <https://www.facebook.com/ArmandtArtist>

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Page 2.



# Top Vibe Magazine

### Comments:

Please write to us or contact us to share your opinion, ideas & comments.

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## MD Greyling - 'n Vars nuwe klank

Met sy vierde CD, *MD Greyling*, wys MD 'n splinternuwe sy as kunstenaar. Hierdie album, in samewerking met Luisternet musiek, het 'n vars nuwe klank wat MD se musiek waarvan daar nog nie veel gehoor is in Afrikaans nie. Oor die album sê MD dat hy uiteindelik terug is by sy wortels en dat die musiek op die album spreek van dit wat hy graag wil doen, goedvoelmusiek wat terselfdetyd lekker luister musiek is. Die album bevat 12 snitte waarvan 10 splinternuwe musiek is. Liedjies soos: "Kronkelpad", "Ek wil vir jou", "Liedjies vir jou" en "Droomkasteel" is liedjies uit die pen van MD. MD het kragte saamgespan met die talentvolle Liza Bronner om die "Die wiel sal Draai" te skryf. Die "Pragtige Karoo" is uit die pen van Wouter van de Venter. Twee heerlike leenliedjies neem 'n mens ver terug op 'n nostalgiese reis. "The Seagull's name was Nelson", wat bekend gemaak is deur Des en Dawn Lindberg, en Simon and Garfunkel se "Homeward Bound", pas MD se stem soos 'n handskoen.

MD Greyling is opgewonde oor die pad voorentoe. Dit was vir hom weereens 'n baie lekker ervaring om die meeste van die musiek op sy nuwe album self te skryf. "Om die heeldyd jou eie musiek te skryf daag jou uit om nie in 'n gemaksonne te verval nie", sê hy. Die manier waarop sekere venues hom keer op keer terugnooi, is 'n duidelike bewys dat hy uitstekende werk op die verhoog doen, tot voordeel van die organiseerders en plesier van die gehoor. MD is veel meer as 'n kunstenaar wat met 'n mikrofoon staan en sing. Hy is 'n ware musikant, 'n uitstekende kitaarspeler en daarom is sy lewendige vertoning's so gewild.

Platemaatskappy: Luistemet Musiek

Verspreiding: Next Music

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# The 5 Drug Abuse & Addiction Myths.



SANCA Vaal Triangle is a non-profit organisation dedicated to the prevention and treatment of individuals and families affected by addiction. Our society spreads many unhelpful myths about drug abuse and addiction. The below tips are aimed at empowering you with truths about addiction and moving beyond the shame to seek help.

## The 5 myths are:

### 1. Overcoming addiction is simply a matter of willpower.

Prolonged exposure to drugs alters the brain in ways that result in powerful cravings and a compulsion to use. The brain changes make it extremely difficult to quit by sheer willpower.

### 2. Addiction is a disease so there is nothing you can do about it.

Most experts agree that addiction is a brain disease but that doesn't mean you are helpless to it. The brain changes associated with addiction can be treated and can be eased through therapy, medication, exercise, support groups and other treatments.

### 3. Addicts have to hit rock bottom before they can get better.

Recovery can begin at any point of the addiction process although the earlier, the better. The longer the drug use continues, the stronger the addiction becomes and the harder it is to treat. Don't wait to intervene ...

### 4. You can't force someone into treatment. They have to want help.

Treatment doesn't have to be voluntary to be successful. People who are pressured into treatment by their family, employer, or the legal system are just as likely to benefit as those who choose to enter treatment on their own. As they sober up and their thinking clears, many formerly resistant addicts decide they want to change.

### 5. Treatment didn't work before. So there's no point trying again.

Recovery from drug addiction is a long process that often involves setbacks. Relapse doesn't mean that the treatment has failed or that you're a lost cause. Rather, it is a signal to get back on track, either by going back to treatment or adjusting the treatment approach.

Follow our blog: <http://sancavaaltriangle.wordpress.com>

SANCA Vaal Triangle is a Non-Profit Organisation. For professional help in addiction and awareness talks, contact SANCA Vaal Triangle: Tel: 016 933-2055. Facebook: SANCA Vaal Triangle.

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Top Vibe Magazine Issue 61

# Embrace your curves and wear fashion that flatters your body type. Final body shapes



DeeWee Mulumba - Deeva Fab

## Apple body shape



Apple-shaped celebs: Drew Barrymore, Queen Latifah, Eva Longoria, Jennifer Hudson.

### Apple body traits:

Most of your weight accumulates above the hips, which are narrow. Your back, ribs and shoulders are broad, and you may feel wider than other body types.

**Your best asset:** Those legs!

**Your fashion goals:** Elongate the torso, show off your legs and use fashion to create the illusion of a waist.

### Dos and don'ts

If your body is rectangle-shaped like Natalie Portman's, then you want to create curves where they don't necessarily exist.

DO wear scoop neck and sweetheart tops to create curves.

DO wear long jackets to create a lean look.

DO wear tops with collars, ruffles and details to flatter your chest.

DO wear a good bra that will make the most of what you have.

DON'T wear overwhelming styles.

DO layer to add more dimensions.

DO wear dresses with rucking. Cinches on sides are ideal.

DO have fun with colorful bottoms... feel free to experiment.

### Dos and don'ts

If you have an apple-shaped body like Jennifer Hudson's, then you want to elongate your mid section and create the illusion of a smaller waist.

DO go for monochromatic looks.

DO go for v-neck tops to create the illusion of a longer torso.

DO wear a bra that offers good lift and support.

DO wear belts at the smallest part of your waist.

DO conceal tummy bulge by wearing empire tops and dresses.

DO wear boot cut and flared jeans to create an even line from the shoulders down.

DO wear shorter skirts to show off your legs and draw attention away from your mid section.

## Hourglass body type:



Hourglass-shaped celebs: Beyonce, Salma Hayek, Scarlett Johansson, Halle Berry, Vanessa Minnillo.

**Hourglass body traits:** Your shoulders and hips are similar in proportion and set off by a tiny waist.

**Your best assets:** Curves, curves, curves!

**Your fashion goals:** Show off your curves... without going overboard.

### Dos and don'ts

If your body is hourglass-shaped like Beyonce's, then you're a lucky girl! Your shape is all about tastefully showing off those curves: not too baggy, not too tight.

DON'T hide your curves with baggy clothing.

DO wear a good bra and showcase your bust.

DO wear fitted dresses.

DO wear a belt at the waist to enhance your hourglass shape.

DO try wrap dresses.

DO go for high-waisted skirts to show off your hip.

DO pick thin, lightweight styles and fabrics.

DO wear skinny or straight leg jeans.

Please like Deeva Fab on facebook where you will find our style.

Deeva Fab dresses the Editor Charmaine of *Top Vibe Magazine* for 2014 functions.

# PYRAMID SCHEMES – Part 2

*THE GOOD, THE BAD AND THE UGLY...*

**By: Profinan.**

As mentioned in the previous article, there are a lot of misconceptions about Pyramid Schemes. For the greater majority of us “Pyramid Schemes” are a big “No-no” and whenever such an opportunity presents itself, we instinctively “run for the hills”

However, there are two different Pyramid Schemes:

- Ponzi Schemes, which are highly illegal; and - Pyramid Schemes, which are contrary to popular belief, legal.

In this issue, we will focus specifically on legal Pyramid Schemes.

As most South Africans are misinformed and uneducated regarding legal Pyramid Schemes, 90 % of all South Africans remain poor. The media is also constantly running these businesses down, wrongfully labeling them as illegal Ponzi Schemes.

The fact remains that many hopeful investors have lost huge amounts of money in illegal Ponzi Schemes, therefore it is highly imperative to focus on the different criteria that qualify a Pyramid Scheme as legal:

- Wealth must always be created
- A Product or Service must be provided
- Any investment made must be secure

Many companies worldwide are functioning on the concept of a Pyramid Scheme.

For instance, Company Fragrance (Pty) Ltd are creating a variety of fragrances for men and women.

These products are registered legally within the specifications of the South African Bureau of Standards.

This company is functioning on the basis of a Pyramid Scheme:

**Level 1 – On the top you will find the company with its CEO's**

**Level 2 – Here you will find the management on a National level;**

**Level 3 – In this level distribution between the different provinces and their agents takes place;**

**Level 4 – Here you will find the agents under the provisional agents.**

Most of the time, the agents in Level 4 are working harder in distributing the service or product, while receiving only a percentage of the commission on the sale thereof. The levels above are also receiving commission or a percentage thereof on the sale that took place in level 4.

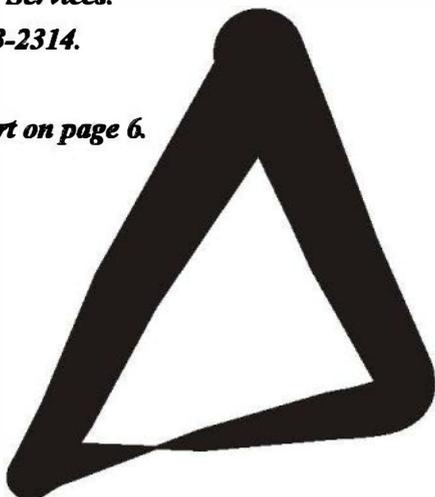
The sky is the limit for level 1 when all the levels are functioning to their highest capacity. Therefore the harder the agents in level 4 work, the more money is distributed among the levels (wealth has been created for all the participants). This is a *legal* Pyramid Scheme.

***If you are unsure about any financial opportunity presented to you, or if you need any financial advice, please do not hesitate to contact us.***

***Profinan Services.***

***(016) 423-2314.***

***See advert on page 6.***



## Mental and Physical abuse:

**Mental and Physical abuse is common in our society this is “a slow death” something that our law does not recognised as a crime.**

**It is sad to think that there are people that get away with this. Even more sad to know that there are people in our society with this behaviour.**

**Emotional abuse:-** includes non-physical behaviours such as threats, insults, constant monitoring or “checking in,” excessive texting, humiliation, intimidation, isolation or stalking. A relationship can be unhealthy or abusive even without physical violence, abuse may not cause physical damage, but it does cause emotional pain and scarring. It can also lead to physical violence if the relationship continues on the unhealthy path it's on. Sometimes verbal abuse is so bad that you actually start believing what your partner says. You begin to think you're stupid, ugly or fat. You agree that nobody else would ever want to be in a relationship with you. Constantly being criticised and told you aren't good enough causes you to lose confidence and lowers your self esteem. As a result, you may start to blame yourself for your partner's abusive behaviour.

Remember -- emotional abuse is never your fault. In fact, your partner may just be trying to control or manipulate you into staying in the relationship.

**Physical abuse:-** is an act of another party involving contact intended to cause feelings of physical pain, injury, or other physical suffering like bodily harm. In most cases, women and children are the victims of physical abuse, but adults can be sufferers too. Physically abused children are at risk for later interpersonal problems involving aggressive behaviour, and adolescents are at a much greater risk for substance abuse. In addition, symptoms of depression, emotional distress, and suicidal ideation are also common features of people who have been physically abused.

**Are you abusing somebody?**

If your answer yes, seek help because you have a problem.. The bible teaches us to be good listeners and slow talkers. Be conscious of what you say. Words are powerful. Think before you hurt somebody, “spoken words” can never be taken back...

**Are you being abused?**

Confide in a close friend or a teacher that you trust and find a way to end this terrible cycle.

Facebook page: **Charms Love**





**Dr. Ronel Benade -  
Mrs Commonwealth S.A. 2014 Finalist.**

I always knew I am destined to influence, and be an influence to those in influential positions. This is what the Commonwealth platform enables me to be. Without being forceful I can impart values and beliefs that will encourage others to seek or find a way they in turn can uplift and bring change within our South African communities.

We have many needs in South Africa and yet, at the same time, much to offer.

This is what the World needs to hear and see, the Greatness of South Africa.

We have been through the worst and have overcome, that speak to me of awesomeness. I am proud of my Country, South Africa. Entering the Commonwealth pageant has released a sense of hope. Especially in women, also a sense of pride, there is a definite "anointing" of peace and commonality to seek peace associated with the competition.

I don't like that word "competition" in this pageant because definite friendships have been formed already. This is just the beginning of an incredible journey and one I am looking forward to do.

Some fave's: Restaurants Baobab at Wonderboom Junction, TV -show or series Mentalist, Local musician Nathan Smith - great guitarist! Icon personality Maya Angelou, I love her gentle spirit and she has tremendous wisdom to share. She is a true inspiration.

Charity: The charity for Mrs. Commonwealth is Pink Drive, my own personal charity I support is DeafNET.

When it comes to what inspires me I would say real people overcoming hardship, overcomers have tremendous inner strength and normally are more generous and sensitive towards others. They are the difference makers in our society, the real heroes.

The thing that anger me most would be injustice, and the thing that makes me laugh most that would be me. I have a tendency to make a fool of myself, and thank goodness I don't take myself too serious. I do silly quite well.

Pretoria you can support me by voting on a sms line: SMS Ronel Benade to 42899. Get on board with the Pink Drive R20 Challenge.

Like my FaceBook page: Dr Ronel Bernade, Mrs. Commonwealth SA 2014 Finalist, and if there any businesses who would like to benefit in advertising by sponsorship please send an email and I will gladly forward the sponsorship proposal.

Email: dr.ronelbenade@gmail.com

**Thank you for all your support.**

**R20 Challenge**

**Pink Drive** *it's moving*

COMMONWEALTH *South Africa*

**ALL my friends!!!! Help me raise funds for Pink Drive by accepting this R20(min) Challenge**

**Please use Mrs. Commonwealth Ronel as your reference!**

**Thank you!**

**For your support.**

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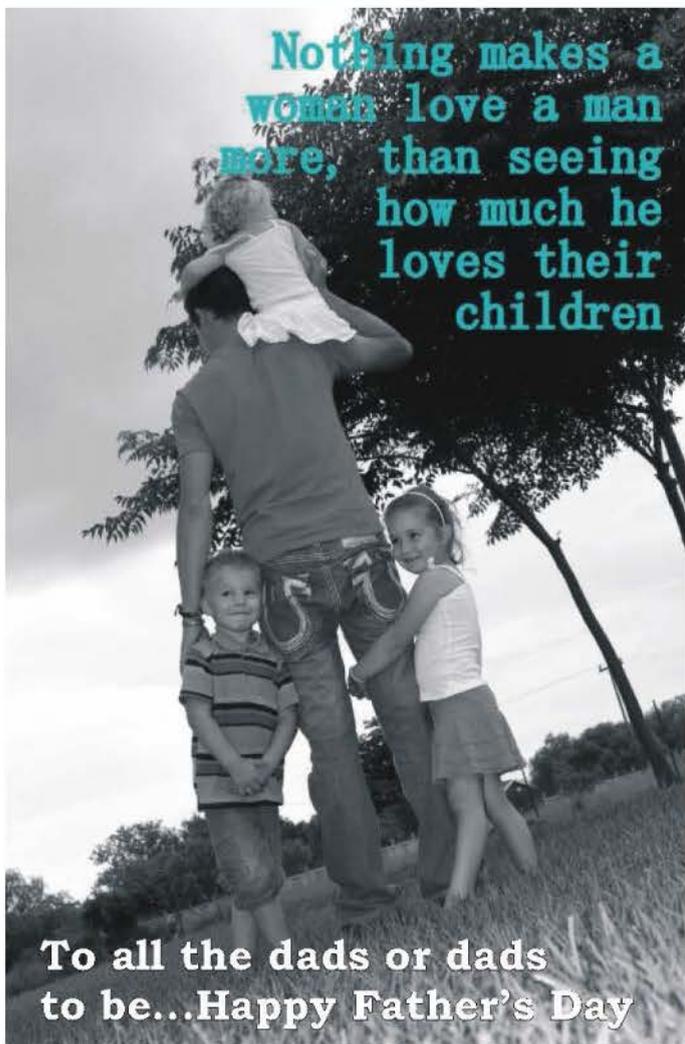
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Nothing makes a woman love a man more, than seeing how much he loves their children



To all the dads or dads to be...Happy Father's Day

## D.I.Y. Project.



**BEFORE**



**AFTER**



# FUN PAGE!!

Top Vibe Father's day competition:

See our Fathers day competitions on page 8 & 11.

**Sponsored by:**

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Entries close 11 June 2014. Winners will be notified by SMS on 13 June 2014. You may enter as many times as you wish to in order to increase your chances of winning. Good Luck!!!!!! Remember Father's day is 15 June 2014.

Happy Birthday, if you celebrate your birthday in the month of June



## My Kommin Troon

My man en seuntjie vang graag vis en toe een van my man se vriende het 'n lappie grond langs die Vaalrivier en so gebeur dit dat ek saam met die tweetjies gaan om te kyk hoe lyk dit daar, aangesien dit privaat grond is.

Daar aangekom, het ons wel bure maar dië is stil en dus pla niemand mekaar nie.....

Niemand het baie geluk met die visvangery nie en so by Saterdag middag het die twee bure besluit hulle gaan nou maar eerder kuier en die brandewyn en Coke het vloei.

Later sien ek die twee buurmanne, lekker gekletter, in hulle roeiboortjie klim en so entjie in die water roei om daar hulle 'luck' te 'try' en dis ook nie lank nie toe hulle vang 'n goeie klompie visse.

Die probleem het ontstaan toe hulle dringend moet terug om toilet toe te gaan, want toe worry hulle oor hoe hulle weer dieselfde 'spot' gaan kry.

Die een ou pluk sy knipmes uit en maak 'n merk op die kant van die boot en so roei hulle terug wal toe.

Skielik hoor ek die een skree, "Dit gaan nie werk nie, ons gaan nie die spot weer kry nie."

Die ander een sê ewe verontwaardig: "Wat bedoel jy, al wat ons moet doen is reg oor die merk op die boot ons stokke in gooi!"

My man het my arms met 'cable ties' aan my troon vas gemaak!

Sit, bly ek hier sit.

Kyk my troon is my troon, ek gee dit nie maklik op nie.

Betty Boob

## Upcoming Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

6/7 Junie:-	NG Kerk Vanderbijlpark -Wes Basaar Kerkkantoor: 016 9860313
6 Junie:-	Charity Golf Day - Sasolburg Youth Care Center Neels 082 805 4335 of Pieter 083 631 4653
10 Junie:-	ENGSA Networking event The Rat Pack, 62 Gardner Ave, Rissiville - Info tersia@bni.co.za
14 Junie:-	Armin van Buuren World tour Coca-Cola Dome www.bigelectronic.co.za
14 Junie:-	Prime Circle Barnyard Vereeniging 016 454 8380 R150pp
16 Junie:-	Wiggle Waggle Day SPCA Office 016 987 1800
18 Junie:-	Pieter Koen en vriende Barnyard Vereeniging R120pp 016 454 8380
25 Junie:-	Johnny Cash - Man in black Tribute Barnyard Vereeniging R100pp 014 454 8380

For more info about these events go to:

[www.showmevaal.co.za/vaal](http://www.showmevaal.co.za/vaal)

[www.ifmradio.co.za](http://www.ifmradio.co.za)

[www.topvibe.co.za](http://www.topvibe.co.za) Stay tuned to the best radio station in the Vaal IFM 102.2

With Complements of Showmevaal, Top Vibe Magazine and IFM 102.2 Radio Station and Barnyard Vereeniging.



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**Distribution:** If you had you missed a hard copy of the magazine go to our website [www.topvibe.co.za](http://www.topvibe.co.za) or [www.topvibemag.mobi](http://www.topvibemag.mobi) we distribute 25000 copies every month.

**Vanderbijlpark:** Palms shopping Center, Riverside Blvd shopping Center, Junction shopping Center, Nando's, Stap Chips, Corned, Riverside Hotel, Saspark Center, Butcher Boys, Dashing Divas, Pick a Pay, Cattle fish, Park Auto, Liquor City, Dros, Riaan Pools, Wimpy, IFM 102.2, Vaal.mobi.

**Vereeniging:** Liquor City, River Square shopping Center, Nando's, Wimpy, Rivera on Vaal, Medic-Cross, Hot pot paints, Burger Box & Eruo Spar.

**Meyerton:** Hardware & Supermarket, Multi-Save, Pick a Pay and Wimpy.

**Vaalpark:** Tarina Center, Dr Fourie, Henberg, Pizza Boss, Spar, Face and Body, My seepwinkel

**Naledi Industrial Park:** Restaurant, and all the businesses.

**Sasolburg:** Wimpy, Nando's, Checkers Center, Scooters Pizza, JM'S Spears.

All advertising clients do get a copy.



## Sê jou Sê:

Het jy gedagtes, menings, stories of voorstelle om met ons te deel? Stuur 'n e-pos: [charmaine@topvibe.co.za](mailto:charmaine@topvibe.co.za) of pos 'n brief na Posbus 60130 Vaalpark 1946 GEEN naamlose briewe sal gelees word nie:- skryf asb jou naam en van agter op die koever.

## Domestic Violence & Abuse: Signs of Abuse and Abusive Relationships

Domestic violence and abuse can happen to anyone, yet the problem is often overlooked, excused, or denied. This is especially true when the abuse is psychological, rather than physical. Noticing and acknowledging the signs of an abusive relationship is the first step to ending it. No one should live in fear of the person they love. If you recognise yourself or someone you know in the following descriptions of abuse, reach out. Help is available.

When people talk about domestic violence, they are often referring to the physical abuse of a spouse or intimate partner. Physical abuse is the use of physical force against someone in a way that injures or endangers that person. Physical assault or battering is a crime, whether it occurs inside or outside of the family. The police have the power and authority to protect you from physical attack.

Sexual abuse is a form of physical abuse. Any situation in which you are forced to participate in unwanted, unsafe, or degrading sexual activity is sexual abuse. Forced sex, even by a spouse or intimate partner with whom you also have consensual sex, is an act of aggression and violence. Furthermore, people whose partners abuse them physically and sexually are at a higher risk of being seriously injured or killed.

It is still abuse if . . .  
The incidents of physical abuse seem minor when compared to those you have read about, seen on television or heard other women talk about. There isn't a "better" or "worse" form of physical abuse; you can be severely injured as a result of being pushed, for example. The incidents of physical abuse have only occurred one or two times in the relationship. Studies indicate that if your spouse/partner has injured you once, it is likely he will continue to physically assault you.  
The physical assaults stopped when you became passive and gave up your right to express yourself as you desire, to move about freely and see others, and to make decisions. It is not a victory if you have to give up your rights as a person and a partner in exchange for not being assaulted!

There has not been any physical violence. Many women are emotionally and verbally assaulted. This can be as equally frightening and is often more confusing to try to understand.  
Source: *Breaking the Silence: a Handbook for Victims of Violence in Nebraska*

When people think of domestic abuse, they often picture battered women who have been physically assaulted. But not all abusive relationships involve violence. Just because you're not battered and bruised it doesn't mean you're not being abused. Many men and women suffer from emotional abuse, which is no less destructive. Unfortunately, emotional abuse is often minimised or overlooked, even by the person being abused.

**Understanding emotional abuse**  
The aim of emotional abuse is to chip away at your feelings of self-worth and independence. If you're the victim of emotional abuse, you may feel that there is no way out of the relationship or that without your abusive partner you have nothing.

Emotional abuse includes verbal abuse such as yelling, name-calling, blaming, and shaming. Isolation, intimidation, and controlling behaviour also fall under emotional abuse. Additionally, abusers who use emotional or psychological abuse often throw in threats of physical violence or other repercussions if you don't do what they want.

You may think that physical abuse is far worse than emotional abuse, since physical violence can send you to the hospital and leave you with scars. But, the scars of emotional abuse are very real, and they run deep. In fact, emotional abuse can be just as damaging as physical abuse—sometimes even more so.

*Top Vibe Magazine* is going to report on abuse over a few months, we also decided to create a facebook page where abuse can be dealt with and where more people can read about it.

Please join our facebook page: "*Charms Love*" and become partners in fighting abuse.  
Page 10:



### Election- this is the truth.

This is the truth about Election, it was kind of fun to get up early in the morning to go and vote. It was even fun to stand in a long line to make one's mark for one's country. But it is so sad to think that you wasted your time. Look what happened to the ballot papers.

Now they say these ballot papers were already counted. Do they think we are plain stupid?

There are more questions than answers. People start losing hope about our Government. Everything is just a waste of time. Government is only interested to enriching themselves, and not what the people want or need. The roads are still in shambles, we have no parks for our children to play in. No street names, no service, no, no, no, NO NOTHING!!!!

This was Not a free and fair election! Now they are going to spend thousands for an election party!!!  
Well this is the new South Africa.

---

**INSIDE  
EVERY  
OLDER  
PERSON  
IS A  
YOUNGER  
PERSON  
WONDERING  
WHAT THE  
HELL  
HAPPENED.**

- Cora Harvey Armstrong

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- \* Please add your name, age and contact details.
- \* Send your story to: [charmstopvibe@vodamail.co.za](mailto:charmstopvibe@vodamail.co.za)
- \* Closing date: 11 June 2014
- \* Winner will be contacted by Phone 6 June 2014



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Good Luck !!! Send your story today.....



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## Father's Day Competition

### How to enter:

Did something funny happen to you and/or your Dad? Tell us about it! Send your funny story to: [charmstopvibe@vodamail.co.za](mailto:charmstopvibe@vodamail.co.za) together with your name and contact details.

### Competition rules:

Judge's decision is final.

No immediate family of any of the sponsors are allowed to take part in this competition. Competition closes 11 June 2014. The winner will be announced 13 June 2014 on IFM 102.2

**Prizes:-** The winner will receive the following prizes:

Voucher R500 - *Liquor City*.

Photo shoot Voucher - R650 *Hoi Polo!*

Short Radio interview on *IFM 102.2* with a picture in *Top Vibe Magazine*.

**Hurry up and enter today!!..... make sure to listen to IFM... You can be a winner!!!!!!!**

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