



bakery • coffee • juice bar

JACK'S bagels

BREAKFAST SERVED UNTILL 11:00AM

EGGS ON TOAST

creamy scrambled eggs on Ciabatta	R20.00
Add mushrooms	R10.00
Add Bacon	R12.00

JACKS FRENCH TOAST

Brioche dipped in egg served with a berry compote and creme fraiche	R45.00
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MUSHROOM BREAKFAST

Toasted ciabatta with a creamy mushroom sauce and a poached egg on a bed of spinach	R38.00
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BREAKFAST BAGEL

Pastrami, OR bacon, with a fried egg, cheddar cheese and caramelised onions and our sweet house mustard	R38.00
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SIMPLE BAGELS

Cream cheese	R15.00
Avo and cream cheese	R21.00
Cheese and tomato	R18.00
Ham, cheese and tomato	R20.00

EXTRAS:

SALMON -R18.00	AVO-R12	BACON-R12	CREAMY MUSHROOMS R10
EGG-R5	CHEESE R6.00	CIABATTA-R5	

SALMON BAGEL

Cream cheese, salmon, capers, cucumber and dill with fresh red onion	R48.00
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PASTRAMI BAGEL

Pastrami with provolone, caramelized onions, fresh red onion, pickles and mustard	R55.00
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JACKS BACON BAGELS (ALL SERVED WITH A SWEET HOUSE MUSTARD)

-Melted Brie, Bacon and Apricot	R36.00
-Bacon Apple caramelized onion and melted emmental cheese	R40.00
-Bacon cheddar cheese and avo	R34.00
-Bacon and fried banana and white cheddar	R32.00

CHICKEN BAGEL

Chicken and avo in a honey mustard mayo	R36.00
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FILLET STEAK BAGEL

Steak, mushroom and caramelised onions with a sweet mustard	R48.00
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VEGGIE BAGEL

Hummus and roasted vegetables	R32.00
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OUR PROUDLY SOUTH AFRICAN BAGEL

Biltong, Cream cheese and red onion	R40.00
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FEELING SWEET BAGELS

-Raspberry, cream cheese and chocolate	R32.00
-Gorgonzola, fig and walnuts drizzled in honey	R38.00

SALADS:

CHICKEN SALAD

Chicken pineapple and cashew nuts	R52.00
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GREEK SALAD

lettus, tomato cucumber with Olives and Feta	R38.00
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BEVERAGES

americano	R20	R23.00
cappuccino+	R22	R25.00
latte		R28.00
hot chocolate		R26.00
white hot chocolate		R26.00
red cappuccino		R25.00
iced coffee		R28.00
spiced chia		R28.00
cafe mocha		R28.00
espresso	S R18	D R22.00
earl grey		R14.00
five roses		R12.00

Rooibos tea	R12.00
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MILK SHAKES

Strawberry, Chocolate, Vanilla	R24.00
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GREAT SHAKES

Chocolate Brownie	R35.00
Bar-one	R32.00
Custard tart	R36.00
Fruit shake	R30.00

JUICES

Pineapple apple and mint	R32.00
Apple, cucumber and mint	R32.00
Beetroot, carrot, ginger, lime and apple	R32.00
Pear and ginger	R32.00

SODAS

Coke, Coke Zero, Fanta Orange, Sprite, Creme Soda	R16.00
Grapetiser, Appletiser	R20.00
Valpre still or Sparkling	R12.00
Orange and Tropical Juice	R15.00
Ice Tea, peach or Blackcurrent	R18.00