

Winelands Mile Open Water Charity Swim Saturday 18 November 2017



Waterval Road, Daljosafat, Paarl www.calais.co.za

TIME	EVENT	AGE GROUPS (Male/Female separate categories)	ENTRY FEE
10h00	200 m Junior Swim	12 years and under	R30.00
10h30	1 Mile Swim *	Under 20; 20–39 years; 40 –59 years; Age 60+; Disabled	R100.00 (Prepaid Pre-entered
			R80.00)
12h00	4 x 200 m Relay #	All ages Mixed	R80.00 per team

NB: Swimmers wearing wetsuits/swimming aids do not qualify for placing or prizes

Entries accepted until 10h00* and 11h30# respectively on race day

Pre-entries by 12 noon on 16 November 2017: Note Mile Swimmer's discount for prepaid pre-entries

Send entries & proof of

winelandsswim@gmail.com or sharkeytherese@gmail.com or Thérèse Sharkey

Fax: 0866207022

payment:

Enquiries:

Payments to Winelands Masters Swimming Club, ABSA savings A/C no. 9074313664. (State your name as reference and fax deposit slip to Thérèse Sharkey 0866207022)

Refreshments and light lunches will be available. Wine tasting and sales on site.

Relax and enjoy the beauty of the Boland after the swim.

NB. PLEASE NO BRAAING OR COOKING ALLOWED

Thérèse Sharkey 084 512 8861

Edgar Lewis 082 673 2620

Directions to Calais Wine Estate:

Take N1 to Paarl from Cape Town. Take Sonstraal Rd exit, near toll road tunnel. Turn left at stop at top of off ramp. Over 4 way stop & past Ashanti. Turn Right onto Swawelstert Road. 1,7 km further turn Right into Waterval Rd, Follow the "SWIM" signs

There will be an entry fee to the above farm for the event. NB payable at the gate not to Winelands Masters. Adults: R20.00; Children 12 & under: R10.00 and Children 3 & under: Free



THE WINELANDS MILE OPEN WATER CHARITY SWIM

Presented by Winelands Masters Swimming Club @Calais Wine Estate: Waterfall Rd, Daljosafat, Paarl

Saturday, 18 November 2017

ENTRY FORM

Name:							
Swimming Club / S	chool:						
Date of Birth:	Age o	Age on day of Race:		Male / Female			
E-mail:		Tel:					
Postal Address:			Code:				
Please tick appropriat	e category/categories:						
ENTRY FEES:	Junior Swim Open Water Mile Swim Relay Team		(Pre-paid Pre-entry R80.00) per team of 4 swimmers				
EVENT		(Age as on race day)	MALE	FEMALE			
200 m Junior Swir		12 and under					
1 Mile Swim*		19 years and under					
1 Mile Swim		Age 20 - 39					
1 Mile Swim		Age 40 - 59					
1 Mile Swim		Age 60 +					
1 Mile Swim 4 x 200 Meter Rela		Disabled Mixed All Ages					
	ies accepted until 10h00* at & payments by 12 noon 16 l winelandsswim@gmail.com of Thérèse Sharkey Fax: 086620	November 2017: Note Miler sharkeytherese@gmail.com	e Swimmer's dis	count!			
Payment to Winelands Masters Swimming Club, ABSA savings A/C no. 9074313664. (State your name as reference and fax or e-mail deposit slip to Thérèse Sharkey) By entering, I agree that I participate at my own risk, waive any claim arising from or connected with any injury or loss that I may sustain while, or as a result of, participating in any Masters Swimming or related activity whether caused by negligence or otherwise against the Western Province Masters Swimming Association, Winelands Masters Swimming Club, Calais Wine Estate and South African Masters Swimming, their officers, members, employees, agents and assistants and indemnify them in respect of any claim arising from my participation in Masters Swimming or related activity. Signed: Parent/Guardian:							
	Payme						