



HOURS

Tues - Sat: 08h00 - 22h00

TAFEL & TAP

hello@tafelentap.co.za
www.tafelentap.co.za
191 Main Road, Paarl
021 872 0697

GET IN TOUCH

Instagram - @tafelentap
Facebook - /tafelentap

TAKE OUTS WELCOME

BREAKFAST

SMOKED TROUT ROSTI 70

SERVED *with* SAUTEED KALE, POACHED EGG & CREAM CHEESE

TIP > TRY IT WITH EGA ROOIBOS

T&T BREAKFAST 60

SUNNY-SIDE FREE RANGE EGGS,
SPICY TOMATO RAGU, GUACAMOLE, THYME &
FETA PESTO *with* TOASTED SOUR DOUGH BREAD

TIP > TRY IT WITH EGA ROOIBOS

SANDWICHES & WRAPS

CHICKEN CAESAR (BAGEL/WRAP) 60

GRILLED CHICKEN *with* GARLIC & MUSTARD MAYO,
LETTUCE & PARMESAN SHAVINGS

TIP > TRY IT WITH FAIRVIEW CHARDONNAY

SMOKED TROUT (SEAD LOAF/WRAP) 75

FRANSCHHOEK TROUT *with* DILL CRÈME
FRAICHE, RED ONIONS, SLICED RADISH & ROCKET

TIP > TRY IT WITH PIEKENIERSKLOOF GRENACHE ROSÉ

PASTA

Served with Penne or Tagliatelle

**Kiddies Portion Available*

PESTO 65

SLOW ROAST VINE TOMATOES, HERB PESTO & MASCARPONE

TIP > TRY IT WITH THE NATURE RESERVE SHIRAZ GRENACHE

BEEF BRISKET 95

SLOW-COOKED BEEF BRISKET, RED WINE RAGU,
FLAT LEAF PARSLEY & ORANGE RIND

TIP > TRY IT WITH HOME OF ERASMUS SHIRAZ

SMOKED TROUT 85

with AVOCADO, LIME & CHILLI

TIP > TRY IT WITH HOME OF ERASMUS CHENIN BLANC

TAPAS

TAPAS PLATTER FOR TWO 150

PORK CROQUETTES, HALLOUMI SKEWERS & BILTONG SERVED *with*
PLUM CHUTNEY, ROCKET PESTO, SPICED NUTS AND CHEESE SAUCE

PRAWN TEMPURA 50

with SESAME & SWEET CHILLI

TIP > TRY IT WITH JUNO CHENIN BLANC

BREAKFAST STACK 65

FREE RANGE EGGS, HARICOT BEAN HASH,
CRISPY BACON, GRILLED TOMATO & ROSEMARY
PORK SAUSAGE

TIP > TRY IT WITH EGA ROOIBOS

FRUIT & YOGURT 38

MIX SEASONAL FRUIT SALAD, SERVED
WITH BULGARIAN YOGURT & HONEY
SPRINKLED WITH MUESLI

TIP > TRY IT WITH EGA ROOIBOS

EARLY BIRD BREAKFAST 42

FRESH CROISSANT SERVED *with* BACON
& SCRAMBLED EGGS

TIP > TRY IT WITH EGA ROOIBOS

SALADS

CHICKEN SATAY 75

with JULIENNE VEGETABLES, TOASTED SEEDS,
PEANUT & MISO DRESSING

TIP > TRY IT WITH SPICE ROUTE CHARDONNAY

PARMA HAM 85

with SEASONAL FRUIT, CHEVIN, BABY LEAVES,
TOASTED HEMP SEEDS & BASIL DRESSING

TIP > TRY IT WITH JUNO CHENIN BLANC

BURGERS

**Kiddies Portion*

Available

TAFEL & TAP BEEF BURGER 95

with ONION CONFIT, HALLOUMI, OREGANUM,
GRILLED TOMATO & PAPRIKA POTATO WEDGES

TIP > TRY IT WITH THE NATURE RESERVE SHIRAZ GRENACHE

TAFEL & TAP CHICKEN BURGER 95

with GRILLED CHICKEN FILLETS WITH HAM &
MELTED CHEDDAR CHEESE, TOPPED WITH A
CREAMY MUSHROOM SAUCE

TIP > TRY IT WITH THE NATURE RESERVE CHENIN / VIOGNIER

DECK OVEN PIZZA

**Kiddies Portion Available*

PARMA HAM 95

with FRESH BASIL, GRILLED CHERRY TOMATOES
& MOZZARELLA

TIP > TRY IT WITH JUNO CHENIN BLANC

MUSHROOM 75

with GORGONZOLA, CARAMELIZED ONION
FRESH BASIL & MOZZARELLA

TIP > TRY IT WITH HOME OF ERASMUS CABERNET SAUVIGNON

SALAMI 95

with GRILLED PEPPERS, OLIVES & MOZZARELLA

TIP > TRY IT WITH THE NATURE RESERVE SHIRAZ GRENACHE

GRILLED CHICKEN 87

with CHIPOTLE PEPPERS, GUACAMOLE
& MOZZARELLA

TIP > TRY IT WITH HOME OF ERASMUS GRENACHE

TROPICAL PIZZA 78

with PINEAPPLE, GYPSY HAM & MOZZARELLA CHEESE

TIP > TRY IT WITH JUNO SAUVIGNON BLANC

MARGHERITA 65

with CHERRY TOMATOES & MOZZARELLA CHEESE
WITH BASIL

TIP > TRY IT WITH JUNO CHENIN BLANC

GARLIC & FETA PIZZA 40

with TZATZIKI SAUCE

TIP > TRY IT WITH SPICE ROUTE CHARDONNAY

DESSERTS

MELKTERTJIES 55

with GRILLED PEARS, CINNAMON CREAM &
GINGER BISCUITS

CAKE OF THE DAY 45

PLEASE ASK YOUR WAITOR FOR THE CAKE

SELECTION OF THE DAY

BEVERAGES

Hot Drinks

AMERICANO / DECAF AMERICANO 18

CAPPUCCINO *Reg* 22 *Mega* 28

CAFFÈ MOCHA 28

MACCHIATO 25

CAFFÈ LATTE 22

ICE LATTE 24

THAI LATTE 24

ESPRESSO *Single* 16 *Double* 25

HOT CHOCOLATE / MILO 22

TEA 16

Ceylon, Rooibos, Green Tea, Earl Grey, Peppermint

RED CAPPUCCINO 22

RED LATTE 22

*Terbodore coffee beans
are also available for purchase
inside the bistro.*

Cold Drinks

MIXERS 17

Dry Lemon, Tonic Water, Soda Water, Ginger Ale

ROCK SHANDY 42

EGA *Gl.* *Bott.*

Rooibos 20 65

Kiwi 20 65

EGA FRESH ENERGY BOOSTER 40

*Ega Rooibos with orange juice, mango &
pineapple pieces served over crushed ice*

SOFT DRINKS 19

*Coke, Coke Light, Cream Soda, Sprite Zero
Fanta Orange*

RED GRAPETIZER / APPLETIZER 26

BOS ICE TEA 28

Lemon & Peach

PICARDIE MINERAL WATER *500 ml* *750 ml*

Still & Sparkling 16 24

FRUIT JUICE BY THE GLASS 20

Mango, Tropical, Orange Juice

SMOOTHIES 38

Mint, Lemon & Pineapple

Carrot, Apple & Ginger

Beetroot, Cucumber & Pineapple

Berry & Banana

MILKSHAKES *S* *L*

Chocolate, Strawberry, Coffee, Vanilla 28 40