



## 2019 Uplands Festival 15km Trail Run



RaceDate	RaceNumber	Distance	surname	firstname	Age	IDNo	gender	GenderPos	Category	CatP	RaceTime	OverallIF	Speed
2019/05/26	1154	14	Schefermann	Gina	39	1980/01/11	Female	1	Open Run (F)	1	01:02:17	4	13,49
2019/05/26	1136	14	Manders	Jeneen	32	1987/05/12	Female	2	Open Run (F)	2	01:06:00	5	12,73
2019/05/26	1155	14	Schefermann	Kayla	17	2002/05/09	Female	3	Open Run (F)	3	01:11:39	8	11,72
2019/05/26	1124	14	Pappas	Debbie	46	1973/07/10	Female	4	Open Run (F)	4	01:13:49	10	11,38
2019/05/26	1152	14	van Zyl	Marie	34	1985/08/25	Female	5	Open Run (F)	5	01:15:23	11	11,14
2019/05/26	1158	14	Slabbert	Lisa	34	1985/02/16	Female	6	Open Run (F)	6	01:15:27	12	11,13
2019/05/26	1133	14	Mortlock	Charlotte	34	1985/07/20	Female	7	Open Run (F)	7	01:17:44	13	10,81
2019/05/26	1128	14	Roberts	Lauren	44	1975/06/19	Female	8	Open Run (F)	8	01:18:41	14	10,68
2019/05/26	1110	14	Greenwood	Tracy	36	1983/07/12	Female	9	Open Run (F)	9	01:18:43	15	10,67
2019/05/26	1109	14	Hyson	Lindsey	41	1978/05/16	Female	10	Open Run (F)	10	01:23:32	17	10,06
2019/05/26	1114	14	Codd	Loraine	49	1970/06/15	Female	11	Open Run (F)	11	01:24:19	18	9,96
2019/05/26	1106	14	Adendorff	Charmaine	50	1969/05/15	Female	12	Open Run (F)	12	01:24:52	19	9,90
2019/05/26	1159	14	Shan	Louw	34	1985/05/24	Female	13	Open Run (F)	13	01:26:27	21	9,72
2019/05/26	1146	14	van der Merwe	Aliska	35	1984/08/13	Female	14	Open Run (F)	14	01:34:26	23	8,90
2019/05/26	1138	14	Lamola	Louisa	45	1974/12/12	Female	15	Open Run (F)	15	01:37:31	25	8,61
2019/05/26	1135	14	Engelbrecht	Monique	25	1994/02/23	Female	16	Open Run (F)	16	01:37:35	26	8,61
2019/05/26	1149	14	Tilly	Kim	54	1965/07/16	Female	17	Open Run (F)	17	01:38:01	27	8,57
2019/05/26	1126	14	Bethwaite	Janine	56	1963/07/30	Female	18	Open Run (F)	18	01:38:04	28	8,57
2019/05/26	1162	14	Mabula	Khomotso	40	1979/07/26	Female	19	Open Run (F)	19	01:40:16	30	8,38
2019/05/26	1160	14	Sonqishe	Thandi	43	1976/06/10	Female	20	Open Run (F)	20	01:42:12	31	8,22
2019/05/26	1111	14	Liston	Kim	55	1964/10/24	Female	21	Open Run (F)	21	01:46:25	32	7,89
2019/05/26	1105	14	Appasamy	Charmaine	52	1967/06/29	Female	22	Open Run (F)	22	01:50:23	33	7,61
2019/05/26	1101	14	de Lange	Claire	34	1985/09/01	Female	23	Open Run (F)	23	01:52:20	35	7,48
2019/05/26	1102	14	Bezuidenhout	Marelize	34	1984/12/31	Female	24	Open Run (F)	24	01:52:24	36	7,47
2019/05/26	1103	14	Fisher	Caryn	47	1972/05/04	Female	25	Open Run (F)	25	01:55:09	37	7,29
2019/05/26	1156	14	Sikhonde	Gugulethu	37	1982/03/08	Female	26	Open Run (F)	26	02:13:49	38	6,28
2019/05/26	1134	14	Mortlock	Roger	33	1986/09/02	Male	1	Open Run (M)	1	00:50:01	1	16,79
2019/05/26	1129	14	Crukkshanks	Piers	45	1974/08/03	Male	2	Open Run (M)	2	00:54:14	2	15,49

2019/05/26	1104	14	Deetlefs	Alwyn	26	1993/05/11	Male	3	Open Run (M)	3	01:01:51	3	13,58
2019/05/26	1163	14	Baird	Anthony	39	1980/07/18	Male	4	Open Run (M)	4	01:09:23	6	12,11
2019/05/26	1157	14	Nel	Edwald	28	1991/05/17	Male	5	Open Run (M)	5	01:11:30	7	11,75
2019/05/26	1115	14	Fowler	Brendan	39	1980/09/27	Male	6	Open Run (M)	6	01:13:31	9	11,43
2019/05/26	1121	14	Olivenca	Andre	40	1979/04/05	Male	7	Open Run (M)	7	01:19:51	16	10,52
2019/05/26	1127	14	Hay	Craig	48	1971/11/23	Male	8	Open Run (M)	8	01:25:02	20	9,88
2019/05/26	1108	14	Appasamy	Logan	58	1961/08/31	Male	9	Open Run (M)	9	01:28:30	22	9,49
2019/05/26	1116	14	Hassenkamp	Mark	50	1969/04/17	Male	10	Open Run (M)	10	01:36:10	24	8,73
2019/05/26	1137	14	Lamola	Abel	46	1973/11/16	Male	11	Open Run (M)	11	01:39:48	29	8,42
2019/05/26	1151	14	Gear	Dave	71	1948/03/10	Male	12	Open Run (M)	12	01:51:00	34	7,57