



Sabie Classic 2018 10km Fun Ride Route Description and Important Information

(as at 08 January 2018)

Note: Depending on weather conditions leading up to the ride, or weather on the day the road and trail surfaces may be slippery (Sabie Snot!) and unpredictable. Sabie roads tend to have some rough and slippery sections which will make the ride a little challenging, especially for young children younger than 10 years of age and inexperienced beginners. It is not recommended for children younger than 8 years, and children younger than 10 should be accompanied by an adult. The route is not particularly challenging from a technical point of view, and has no extended steep climbs, but short hills do require a reasonable level of fitness if you want to ride them. There are three narrow bridge crossings which require some directional skills.

No bikes having carriers with babies are permitted on the route! The surfaces may cause them to break off, with obvious consequences for the child. No child bike trailers are permitted.

Quick Releases:

Total Distance: 9,9 km (GPS)

Total Ascent: 50m (GPS)

Tar Road: 100m

Forest Road/ Jeep Track: 8,5km

Single Track: 1,6km

Refreshment Station:

1. At 3,8km at Lake Olaf.

Note: if it is hot it is recommended that all riders fill up their bottles at the refreshment station to avoid dehydration.

Spectator Points:

1. Just after the start, as the riders leave the York Sports grounds, at the bridge over the Sabie River.
2. Lydenburg Tar Road towards Lone Creek Falls.
3. As the riders cross the tar road at the bridge over the Sabie River before they enter the York Sports Grounds.

This route is aimed at providing beginners, inexperienced adult riders with a first off-road cycling experience. For the nippers and sprogs a challenging, but short route over undulating terrain.

This year there is a short section of flowing single track, and two short but narrow bridge crossings just before the Refreshment Station at Lake Olaf, and another just after the first Pecan Orchard section.

After the Refreshment Station the route conditions will be somewhat easier, and the last 4km through the Pecan tree orchards next to the Sabie River will be much easier. Most riders will still have smiles on their faces as they cross the finish line at the York Sports Grounds.

Wet weather conditions before, and on the day of the race, will dictate the levels of mud and slipperiness. Ride within your limits and prevailing conditions. Smooth, red clay surfaces very quickly become slick (“Sabie Snot”) with only a few millimeters of rain.

Although the organizers endeavor to remove dangerous rocks and cut as much of the long grass and overhanging bushes, trees, thorns and vegetation as possible before the event, weather conditions sometimes result in certain unforeseen obstacles on the route. It is the rider’s responsibility to avoid these hazards by riding carefully where required.

Please Note: Cyclists who have entered the 10km Ride must follow the **PINK ROUTE MARKERS!**

Please give way to faster riders in the 19km Race which may approach from the rear just before the Refreshment Station at Lake Olaf.

Entrants observed deviating from the official route will receive a **DISQUALIFICATION (DQ)** result. If you have deviated from the route in

anyway please inform an official at the Finish Line, which will result in a less embarrassing DID NOT FINISH (DNF) result.



SABIE Classic

Sabie Classic 19km Fun Race Route Description and Important Information

(as at 8 January 2018)

Note: This year riders will again tackle a 19km distance with 250m of ascent, and little more single track. Depending on weather conditions leading up to the ride, or weather on the day, the road and trail surfaces can be slippery (Sabie snot) and unpredictable. Sabie roads tend to have some rough rocky sections which will make the ride more challenging. **It is not recommended for children under 12 years of age.** The route has an **extended steeper climb and a more technical downhill section which require a reasonable level of fitness and skill** if you want to ride them all.

Quick Releases:

Total Distance: 19,3 km (GPS)

Total Ascent: 250m (GPS)

Tar Road: 1,3km

Forest Road/Jeep Track: 16,0km

Single Track: 2,1km

Refreshment Station:

1. At 13km, at Lake Olaf.

Spectator Points:

1. Just after the start, as the riders leave the York Sports grounds, at the bridge over the Sabie River.
2. At the intersection with the Sabie – Lone Creek Falls public road.
3. As the riders cross the tar road at the bridge over the Sabie River before they enter the York Sports grounds.

The route is aimed at providing inexperienced adult riders with a first off-road mountain biking experience, and youth riders a challenging, but short route over undulating terrain with an **extended steep climb**, and some slippery and rough sections on the downhill.

Relatively fit, intermediate recreational riders will find the climbs and some of the rocky, rutted and sometimes slippery surfaces result in a challenging to ride, with some concentration required. Where surfaces and descents are slippery and rough it is recommended that you also show some caution.

After the Refreshment Station, the route conditions will be somewhat easier, and the last 4km through the Pecan Tree orchards next to the Sabie River will be much easier. Most riders will still have smiles on their faces by the time they cross the finish line at the York Sports Grounds.

Wet weather conditions before, and on the day of the race, together with vehicle usage of the roads prior to the race will dictate the levels of mud and slipperiness. Ride within your limits and prevailing conditions. Smooth, red clay surfaces very quickly become slick with only a few millimeters of rain.

Although the organizers endeavour to remove dangerous rocks and cut as much of the long grass and overhanging bushes, trees, thorns and vegetation as possible before the event, weather conditions sometimes result in certain unforeseen obstacles on the route. It is the rider's responsibility to avoid these hazards by riding carefully where required.

Please Note: Cyclists who have entered the 19km Race must follow the **YELLOW ROUTE MARKERS with black arrows!**

Entrants observed deviating from the official route in any way will receive a **DISQUALIFICATION (DQ)** result. If you have deviated from the route in anyway please inform an official at the Finish Line, which will result in a less embarrassing **DID NOT FINISH (DNF)** result.



Sabie Classic 2018 80km Marathon Route Description and Important Information

(as at 8 January 2018)

Summary: The 2018 is in the same forestry area as that of 2017, but the route has some significant changes in that it has an extra 250m climb in the first 7km, beginning before going out to the Maritzbos Hut and the infamous MaMBA Switchbacks (350m in 3,5km). From the Stables Hut at 1800m, it immediately starts the descent, down and along the mountain via a series of jeep tracks and new single tracks to meet up with the Lorie Trail. From here it takes the Bell logging road and a single track towards Mac Mac, before turning east and again south towards Sabie for a very fast return to Tweefontein Nursery and a series of fun single tracks before a “sting in the tail”, a nasty 150m climb up to the flowing Single Track 4 Ever, and then the final, technical and steep, exciting Black XCO route down to the finish line.

Once again, it is a proper and challenging MTB route with tough climbs, 13 sections of single track, a short bush tunnel and lot of variability in terrain, surfaces and some stunning views of the valley below and numerous high waterfalls.

This will prepare most riders with a good taste of mountains for the Cape Epic.

Quick Releases:

Total Distance: 80km (GPS)

Total Ascent: 2050m (GPS)

Tar Road: 5,5km

Forest Road/Jeep Track: 56,5km

Single Track: 18,0km

Refreshment Stations:

Three stations, spaced at strategic points, with great views.

1. At 20km at the Maritzbos Hiking Hut.
2. At 29km at Stable Hiking Trail Hut.
3. At 58km, after the long downhill section to Tweefontein Nursery.

Note: All riders **MUST** have enough water carrying capacity on their bikes (at least 1,5litres) for 2 hours cycling in hot weather, or 30 km in distance. It is recommended that you stop to refill at all refreshment stations to avoid dehydration.

The route is aimed at providing fit, competent, and professional riders an opportunity to compete over mountainous terrain, with some steep climbs and road descents and extended sections of forest single track to test their skills.

Fit and skilled recreational riders will find the climbs and some of the rocky, rutted and sometimes slippery surfaces challenging. Where the surfaces and descents are dangerous it is recommended that riders be cautious, and walk their bike if necessary.

Wet weather conditions before, or on the day of the race, together with vehicle usage of the roads prior to the race will dictate the levels of mud and slipperiness. Ride within your limits and prevailing conditions. Smooth, red clay surfaces with a green algae tinge (“Sapie Snot”) very quickly become slick with only a few millimeters of rain.

Single tracks in the valley are sometimes slippery and inundated with water after downpours.

Although the organizers endeavor to remove dangerous rocks and cut as much of the long grass and overhanging bushes, trees, thorns and vegetation as possible before the event, weather conditions sometimes result in certain unforeseen obstacles on the route. It is the rider’s responsibility to avoid these hazards by riding more carefully where required.

Cyclists who have entered the 80km Marathon Race must first follow the **White MARKERS with black arrows**. Entrants observed deviating from the official route in any way will receive a **DISQUALIFICATION (DQ)** result. If you have deviated from the route in anyway please inform an official at the Finish Line, which will result in a less embarrassing **DID NOT FINISH (DNF)** result.



Sabie Classic 2018 Half-Marathon 42km Route

Description and Important Information

(as at 8 January 2018)

Note: The 2018 route basically follows the same one which the riders found both enjoyable, yet challenging in 2017. It does have an initial 200m climb over 7km climb, but without the arduous 200m climb up to the Ceylon/Tweefontein ridge. The distance remains at 42km with a visit to the Maritzbos Hiking Hut, with a slight decrease in the total ascent and less intimidating technical sections, but has lots of fun single track in the valley bottom before the finish line. This is an exciting route with some stunning views if you take some time out to stop, take in the surroundings and perhaps a photo or two.

For the “Race Snakes”, the route will present itself with enough challenging sections to test technical skills, while the extended climbs, and fast, sketchy down hills will test both fitness and courage.

Quick Releases:

Total Distance: 42km (GPS)

Total Ascent: 900m (GPS)

Tar Road: 3,2km

Forest Road/Jeep track: 29,8km

Single Track: 9,0km

Refreshment Stations:

Two well stocked stations are spaced at strategic points, with great views.

1. At 20km at the Maritzbos Hiking Trail Hut
2. At 28km on the main Ceylon logging road up the mountain before the last short climb, and drop down into the valley below.

Note: Riders must ensure that they have capacity to carry at least 1,5litres of water on the bike or in a hydration pack for at 2 hours of cycling or 25km in hot weather to avoid dehydration. It is recommended that all riders refill their bottles with water at both refreshment stations.

This route has some stunning views of waterfalls and the valley below. Enjoy the privilege of riding in true mountain bike terrain.

The route is aimed at providing fit, intermediate and competent riders an opportunity to compete over mountainous terrain, with some relatively technical road descents and a short section of forest single track to test their skills.

Relatively fit intermediate skilled recreational riders will find the climbs and some of the rocky, rutted and sometimes slippery surfaces challenging. Where the surfaces and descents are dangerous it is recommended that riders be cautious.

Wet weather conditions before, or on the day of the race, together with vehicle usage of the roads prior to the race will dictate the levels of mud and slipperiness. Ride within your limits and prevailing conditions. Smooth, red clay surfaces with a green algae tinge (“Sabie snot”) very quickly become slick with only a few millimeters of rain.

Although the organizers endeavor to remove dangerous rocks and cut as much of the long grass and overhanging bushes, trees, thorns and vegetation as possible before the event, weather conditions sometimes result in certain unforeseen obstacles along the route. It is the rider’s responsibility to avoid these hazards by riding carefully where required.

Cyclists who have entered the 42km Race must follow the **Blue Marker Boards with black arrows!** Entrants observed deviating from the official route in any way will receive a DISQUALIFICATION (DQ) result. If you have deviated from the route in anyway please inform an official at the Finish Line, which will result in a less embarrassing DID NOT FINISH (DNF) result.