



Hi Chaingangers - THIS WEEK!

Cross Country #2 # Upcoming races # Political Chainsuck!

Ok so it seems that my last Chainsuck was rather prophetic and the subsequent rather small turnout at the 2nd Cross Country race in Sabie actually proved my point, XCO racing is the foundation of our sport, its what we all aspired to 20 years ago, its what we were training for and honed our skills on and yet few local guys want to give it a go. What I can say though is that the 50 or so that made the trip to Sabie experienced one of the best (and toughest, but you're a mountain biker, yes?) courses in the country. Made famous by York Timbers in their annual Enduro weekend this track is a sequence of steep climbs and stunning single track - both up and down! Manus and Jakes put in a huge effort and with all the York branding on show it looked more like a National Cup race, cheers guys! So next time you see we are holding an XCO race don't be afraid, its not dangerous and it will make you a much better rider in all aspects of the sport, from fitness to technical abilities, its the gift that keeps on giving!

Its school holidays so the turnout at Mankele was expectedly low but nonetheless you can't help but get a huge grin plastered on yer face after a couple of hours ride there. It was great to see a pair of new riders pitch up and I had a lot of fun hanging back and offering some advice, well done guys I'm sure we'll see more of you!

Chainsuck.

Politics suck, the recent marches and protests aimed at ejecting our loverly shower headed leader from his office just highlighted the problem in this country, he knows that the majority of the constituents are always going to vote for the ANC and despite the efforts of many good intentioned ANC members to oust him he has systematically shut down all his detractors to the point that the voters can no longer differentiate between him and the party, any criticism of

him is an attack on the ANC. You only have to look North to Uncle Bob to see where this is going.. A funny democracy indeed.

BTW - 2017 A3 Race calendars are available from Valencia for FREE!!!

Upcoming!

Sabie Experience 2017!! 29 May to 1st April

ENTRIES are open and filling up! Don't miss out on this local Classic!

Guys this is the ideal race to either one those stage race skills or test the waters with your buds! Entries are super cheap and all the best Sabie trails are covered, go to the website and get registered before it fills up! Get that Cape Epic Experience without all the travel hassle - oh and the small matter of R70000!

www.sabiexperience.co.za

MANKELE AVALANCHE -

OK I know this seems to be aimed at mental down hill type guys but seriously, its exactly what your mountain bike was made for, stunning single track, no uphill (well only slightly in places!) and enough spectacular riding to tattoo a grin over your face you'll need surgery to remove! And if you think its only for said nutters think again, last year we had a dozen chicks doing it! If you think the Mopani race is too technical then maybe rather go play at the Hippo race but if you love to rip the best single track in the SA and ride for kicks not posing then get entered and get stoked!



Social rides:

MTB

Our longstanding stalwart of our MTB rides - Alan Livingstone is still the man in Nelspruit when it comes to finding trails out in the Kaapsehoep valley, add to this our ability to use Mankele as and when gives us unique riding spaces to enjoy with trails for all abilities!

ROAD For 2017 there will be dedicated road rides every Saturday from Halls Gateway, we already have quite bunch of riders participating and it will be opened up for all from this year. The ride is supported by a back up vehicle so you can have extra kit or nutrition on board for those longer epics!

All the rides will be communicated via SMS so keep checking your phone and if you aren't getting any then please check with Sandy that we have your number correct.

Cheers Brett.

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