



A child's laughter is undoubtedly one of the most beautiful sounds in the world. But hearing a sick child laugh ... even more so!

In the last financial year, Reach For A Dream organised 28 Camps. Camp Sunshine gives children the opportunity to forget about their worries and illness for a weekend and enjoy days of fun with friends who are in similar situations. The weekend is filled with activities such as swimming, talent shows, horse riding, campfire concerts, game drives, obstacle courses, fashion shows, marshmallow braais and so much more. Every day holds something new and exciting for the children.

The weekend also involves a lot of team work where the emphasis is not on winning, but on working together to achieve the same goals. This is an essential aspect of Camp Sunshine as it draws children with similar medical challenges together and encourages them to build interactive relationships with others. This builds self-confidence as well as nurtures their ability to perform well in group settings as their social interaction is often restricted by their illness and treatment.

The weekend is adventurous and provides an opportunity to learn new things, but most importantly it is about having fun! Our camp offers memories and lessons to strengthen the child who is affected by their illness and helps them to get back in touch with what it means to be a child.

On the last day of the camp every child is rewarded individually and receives a Camp Sunshine certificate at a certificate ceremony. The time that the children spend at camp is truly therapeutic and leaves them with magical memories that will help them through the rough times.

