

MEDICINAL AFRICAN PLANT EXTRACTS

10 KLOFF ST, SEA POINT,
CAPE TOWN

TE: (021) 434 2564
www.mediherb.co.za



Why Should I buy Aloe ferox?

- **Aloe Ferox - is a pure and natural healer**
- **Aloe Ferox - is herbal**
- **Aloe Ferox - is non-toxic and has no undesirable side effects**
- **Aloe Ferox - is renown for it's cleansing properties**
- **Aloe Ferox - is a**

gel from ALOE FEROX leaves for healing and softening the skin. Aloe has also long been a folk treatment for constipation.

What Is Aloe Ferox?

Aloe Ferox is a plant indigenous to one province in South Africa, and nowhere else on earth! There are over 100 species of aloe in South Africa, but Aloe Ferox is the one that had been used by the indigenous people long before the arrival of Europeans to what is now the Cape Province.

Unlike most Aloe Vera products, Aloe Ferox never has to be filtered and thus retain all the natural present active ingredients.

Aloe Ferox is neither irrigated nor treated with pesticides or insecticides. This plant is so strong that its survival is sustained through the strength of its own immune system.

The Aloe is most famous for its medicinal qualities. The hard, black, resinous product is known as Cape Aloes or Aloe lump and is used mainly for its laxative properties but is also taken for arthritis.

The gel-like flesh from the inside of the leaves is used in cosmetic products and is reported to have wound healing properties.

The Aloe Ferox plant is a been used for a great de one part of the world, wh The Aloe Ferox plant is a twice to three times more aging, healing, cleansing

Questions &

1. **What makes the Aloe** from the ferocious thorn They serve to protect the three sections of the Alo skincare products...

- The **GREEN EPIDERMIS** fibre supplements.
- The **BITTER SAP**, unde The powder, crysta detoxifying agent.
- The **FLESHY FILLET** at polysaccharides, e extraordinary prop

2. **Natural Healing - Do**

Centuries before the hea indigenous people of Sou tapping the bitter sap fro local tradition. Today the

1. ALOE FEROX Is High in Vitamins & Minerals:

Aloe Ferox contains many vitamins including A, C, E, folic acid, choline, B1, B2, B3 (niacin), B6. Aloe Vera is also one of the few plants that contains vitamin B12.

Some of the 20 minerals found in AloeFerox include: calcium, magnesium, zinc, chromium, selenium, sodium, iron, potassium, copper, manganese.

2. ALOE FEROX is High in Amino Acids & Fatty Acids

Amino acids are the building blocks of protein. There are about 22 amino acids that are necessary for the human body and it is said that 8 of these are essential. Estimates of the amino acids found in aloe range from 18-20 amino acids, with all 8 essential amino acids. Aloe Ferox also includes quite an impressive range of fatty acids. Aloe contains three plant sterols, which are important fatty acids- HCL cholesterol (which lowers fats in the blood), campesterol, and B-sitosterol. All are helpful in reducing symptoms of allergies and acid indigestion. Other fatty acids include linoleic, linolenic, myristic, caprylic, oleic, palmitic, and stearic.

3. ALOE FEROX is an Adaptogen

Aloe Ferox is a well-known adaptogen. An adaptogen is something that boosts the body's natural ability to adapt to external changes and resist illness. It is thought that aloe's power as an adaptogen balances the body's system, stimulating the defense and adaptive mechanisms of the body. This allows you an increased ability to cope with stress (physical,

emotional and environmental stress like pollution)

4. Aloe Helps with Digestion

Poor digestion is related to many diseases. A properly functioning digestive tract is one of the keys and foundations of health. Aloe is known to soothe and cleanse the digestive tract and help improve digestion. The interesting thing about taking aloe internally is that, because it is an adaptogen, it helps with either constipation or diarrhea, helping to regulate your elimination cycles in whatever way you need. It's been a great remedy for people with problems such as irritable bowel syndrome as well as acid reflux. Aloe also helps to decrease the amount of unfriendly bacteria and in our gut keeping your healthy intestinal flora in balance. Aloe is also a vermifuge, which means it helps to rid the body of intestinal worms.

5. Aloe Helps in Detoxification

Aloe Ferox is a gelatinous plant food, just like seaweeds and chia. The main benefit to consuming gelatinous plant foods in your diet is that these gels move through the intestinal tract absorbing toxins along the way and get eliminated through the colon. This will help the proper elimination of waste from your body and help the detoxification of your body.

6. Aloe Alkalizes the Body

Disease cannot manifest in an alkaline environment. Most people are living and subsisting on mostly acidic foods. For great health, remember the 80/20 rule – 80% alkaline forming foods and 20% acidic. Aloe Ferox is an alkaline forming food. It alkalizes the body, helping to balance overly acidic dietary habits

7. Cardiovascular Health

There hasn't been a lot of studies conducted in this but there has been some research to show that Aloe Ferox extract injected into the blood, greatly multiplies the oxygen transportation and diffusion capabilities of the red blood cells.

According to a study published in the British Medical Journal, Aloe Ferox juice may be able to lower cholesterol. By regularly improving circulation and lowering cholesterol, and reducing the risk of heart disease.

8. Aloe Helps Boost the Immune System

The polysaccharides in Aloe Ferox stimulate the macrophages, which are the cells of your immune system that fight off infections. Aloe is also an immune enhancer with a high level of anti-oxidants, which help to neutralize unstable compounds known as free radicals, contributing to the aging process. While aging is a bi-product of life itself, it is a natural process but we can overload our system with unnecessary free-radicals by living an unhealthy lifestyle) Aloe is also an antioxidant used to reduce or prevent free radicals.

9. Aloe Ferox is Great for the Skin

Because of aloe's well-known benefits for the skin, aloe is one of the most widely used in the cosmetic industry. Aloe is also a natural vulnerary, (meaning it helps to heal wounds) great for applying topically to psoriasis and even to bug bites. Aloe is also a natural analgesic, acting to help relieve pain. It's feels especially good to place it in the fridge and rub it on the skin. The immediate soothing effect makes it a lifesaver. Aloe is also an anti-inflammatory that relieves or prevents itching.

