

Mamma Q's
PIZZA PASTA CAFE
FOOD TASTES BETTER WHEN YOU EAT WITH YOUR FAMILY

STARTERS/ANTIPASTI

Parmigiano di Melanzane 🌿 R70
Sliced aubergine layered with basil pesto, pomodoro, mozzarella and parmesan, baked in our wood fired oven

Snails Gorgonzola R75
6 snails cooked in a garlic cream and gorgonzola cheese sauce, served with focaccia slices

Rissoles 🌿 R70
Mildly spicy rissoles with a Jalapeno cheddar filling and served with a chilli mayo dip

Prawn Mayo R88
Prawn meat in a chilli mayo sauce topped with coriander and avo and served with focaccia slices

Spanish Mussels R75
½ Shell mussels in a creamy Cajun and paprika sauce, served with focaccia slices

Calamari R75
Grilled calamari tubes served with focaccia slices and your choice of lemon butter or Cajun sauce

Livero R68
Grilled chicken livers in a creamy peri-peri or plain sauce, served with focaccia slices

STARTER BOARDS FOR TWO

Mezze Board R120
Traditional Italian antipasti with Parma ham, caprese skewers, salami, chouriço, feta, olives, focaccia and a hummus dip

Vegetarian Mezze Board (NEW) 🌿 R115
Roasted aubergine, Feta, grilled Halloumi, Jalapeno Rissoles, Cheesy Risotto Balls and Calamata Olives accompanied with a hummus dip and pizza sticks

FOCACCIA / PIZZA BREAD

Rosmarino 🌿 R35
Light and crispy focaccia topped with fresh rosemary with a dash of coarse salt

Garlic Focaccia 🌿 R35
Crispy garlic focaccia drizzled with extra virgin olive oil and oregano

Fugazetta 🌿 R58
Thin focaccia base topped with mozzarella cheese, onions, garlic, extra virgin olive oil, oregano

Calabria R90
Italian flatbread topped with chicken strips in a creamy Cajun sauce, caramelized onion and rocket

Greco 🌿 R98
Italian flatbread topped with hummus, roasted cherry tomatoes, toasted almond flakes, rocket and feta



Salads

Halloumi 🍴 **R95**
Farm fresh salad greens topped with grilled halloumi, cherry tomatoes, cucumber, avo, peppadews and rocket

Mamma G's **R78**
Grilled chicken strips served on a bed of salad greens with cherry tomatoes, cucumber and avo. Topped with Thai sweet chilli sauce and coriander

Gregoria 🍴 **R63**
Garden fresh salad greens tossed with cherry tomatoes, cucumber, olives and feta and drizzled with extra virgin olive oil and a balsamic reduction

Pollo **R93**
Grilled Cajun chicken strips, bacon and peppadews on a bed of salad greens with tomatoes, peppers, coriander and avo

Chargrilled Vegetable Salad 🍴 **R85**
Mixed chargrilled veg served on a bed of salad greens, drizzled with olive oil, topped with roasted seeds and flaked almonds. Served with salted panne sticks



POULTRY

(SLOW TASTES BETTER)

Allow 30 mins Prep Time

Served with your choice of chips, rice or salad greens. Substitutions will be charged accordingly.

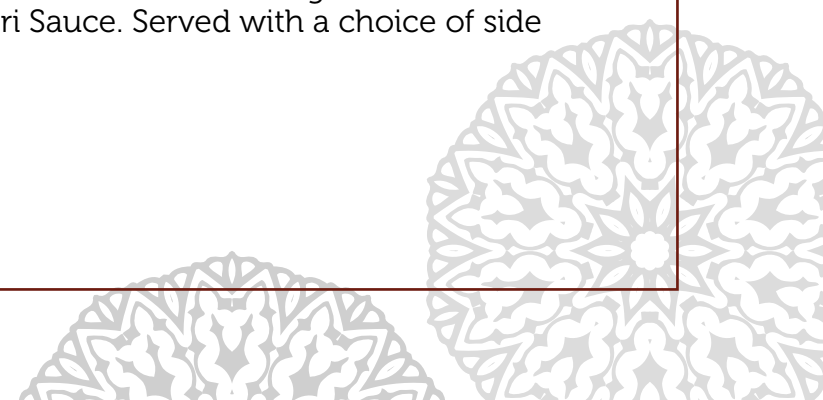
Pollo Mirtillo **R115**
Grilled chicken fillet served on a bed of mash, baby spinach and mushrooms. Topped with toasted almonds and cranberries

Pollo de Manz **R95**
Char-grilled chicken fillet with Cajun spices and fresh lemon, served with your choice of side above

Schnitzel **R98**
Pan-fried bread crumbed chicken fillet with black pepper and a creamy garlic cheese sauce, served with your choice of side

Baby Chicken 🍴 **Half R98 Full R158**
(35 min prep time)

Marinated in lemon juice, herbs and garlic. Baked in our Pizza Oven and finished on an open flame grill. Loaded with flavour and served with a hot Portuguese Peri Peri Sauce. Served with a choice of side





GRILLS

Served with your choice of chips, rice or salad greens

Bistecca **R135**

300g tender cut rump, grilled with olive oil, coarse salt, sage and black pepper, served with your choice of side

Filetto Della Casa **R175**

300g matured beef fillet, grilled with coarse salt and olive oil, served on a bed of mash with seasonal veg

Bistecca alla Fiorentina **R168**

500g grilled T-bone, marinated in olive oil, sage and black pepper, served with your choice of side

BURGERS

Build-a-Burger (ask your waiter) **R58**

Homemade beef patty served with rustic cut fries



Insanity Burger **R128**


Two homemade beef patties stacked with bacon, cheddar cheese, dill cucumber, tomato, red onion and our famous burger sauce. Served with rustic cut fries

Pasta

Served with your choice of the following pastas:
Fettuccine, Linguine, Penne, Spaghetti or
Gluten-free Penne

Napoletana  **R65**
Slow cooked imported Italian
tomatoes & fresh herbs

Arrabiatta   **R78**
Delicious tomato based Neapolitan
simmered with garlic & fresh chilli

Scampi  **R125**
Pan-fried prawn meat, garlic,
white wine, Rosa tomatoes, basil,
grana padano



Mamma G's  **R78**
White mushrooms pan-fried in olive oil,
black pepper and Danish feta

Bolognese **R85**
First grade beef mince in a Neapolitan sauce
with fresh herbs

Carbonara **R80**
Pan-fried bacon, fresh cream, eggs, black pepper


Penne con Pollo **R95**
Chicken strips, mushrooms, black pepper,
Neapolitan, fresh cream

Bellissima **R115**
Pan-fried chicken strips, pesto, cream, grana
padano


Matteo **R105**
Grilled beef stroganoff, white mushrooms,
peppers, cream, parmesan cheese


Alfredo **R95**
Pan-fried ham or chicken strips, mushrooms,
garlic, black pepper, cream, parmesan cheese

Gnocchi Formaggio  **R118**
Grana Padano, parmesan cheese, gorgonzola
and black pepper

Panzerotti  **R118**
Homemade pasta parcels filled with ricotta &
spinach or butternut with your choice of Neapolitan
or cream (try the butternut panzerotti with a creamy
sage sauce)

Lulu Linguine **R115**
Grilled chicken, bacon, mushrooms, olives,
Neapolitan sauce

Gee-Gee  **R128**
Pan-fried prawn meat, chilli, garlic, white wine,
cream, black pepper, chilli

Calamari Cajun  **R120**
Calamari, chorizo, onion, Cajun spice, garlic,
fresh cream

Seafood Linguine **R159**
Prawns, calamari, mussels, white wine, garlic,
Neapolitan or fresh cream

Beef Lasagne **R98**
Traditional oven baked lasagne

TRADITIONAL PIZZA

Margherita 🍄	R68
Mozzarella, Pomodoro, oregano	
Regina	R88
Ham, mushrooms	
Lucci	R88
Ham, pineapple	
Zule-Zule	R115
Bacon, ham, salami, onions	
Francesco	R115
Bacon, feta, avo	
Romano	R118
Anchovies, olives, capers	
Quattro Stagioni	R118
Mushrooms, ham, olives, artichokes	
Montego	R98
Bacon, mushrooms, pineapple	
Bologna 🍄	R118
Beef mince, onions, peppers, garlic, chilli	
Vegetarian	R105
Red onions, peppers, feta, mushrooms, olives, chilli & garlic	
Calzone	extra R20
Gluten free pizza base	extra R35

Half-and-half pizzas available (charged accordingly)

Any substitutions will be charged
All ingredients are fresh and seasonal

GOURMET PIZZA

Butter Chicken	R120
(No pomodoro, no cheese) Traditional butter chicken with cumin, chilli, garlic and coconut cream, topped with coriander	
Gianna Girl	R135
Caramelized red onions, gorgonzola, bacon, pears	
Vero Vero	R115
Ham, bacon, banana, avo	
Almera	R120
Chorizo, grilled chicken, onions, rocket, avo	
Organica 🍄	R115
Halloumi, rosa tomatoes, basil, olive oil, avo	
Marinara	R155
Grilled prawns, calamari, mussels, Neapolitana sauce, garlic, parsley	
Moz & Biki	R110
Spiced chicken, peppadews, coriander, avo	
Caggia (Tony's Favorite) 🍄	R118
Chorizo, olives, onions, garlic, chilli	
Carnivore	R165
Spicy beef, bacon, chorizo, ham, peppers, onions, garlic	
Thai-Thai	R128
Chicken, Thai sweet chilli sauce, mushrooms, pineapple, coriander, avo	
Mexicana alla Nachos 🍄	R125
Beef mince, chilli, onions, nachos, guacamole, sour cream, salsa	
Mauricio	R128
Grilled chicken strips, feta, peppers, garlic, avo	
Parma	R135
Parma ham, rocket, grana padano shavings	
Bellacino 🍄	R125
Roasted butternut, feta, roasted garlic, roasted baby marrow, balsamic, beetroot, avo, grana padano, sesame seeds, pumpkin seeds	
Mustafa 🍄	R118
Mushrooms, garlic, olives, artichokes and peppers	

Seafood

Served with your choice of chips, rice or salad greens

Grilled Calamari **R135**

Tender grilled calamari tubes in a lemon butter sauce, done in the traditional Mamma G's style & a side of your choice

Grilled Calamari Cajun **R149**

Grilled calamari tubes in a creamy Cajun sauce, done in the traditional Mamma G's style, served with your choice of side

Grilled Prawns **R160**

6 queen butterfly grilled prawns with lemon butter and served on a bed of savoury rice

Grilled Hake **R90**

Succulent hake fillet grilled to perfection, served with a lemon butter sauce and a side choice above

Seafood Paella **R145**

Calamari, mussel meat and prawn meat with white wine, Napoletana and cream tossed with savoury rice

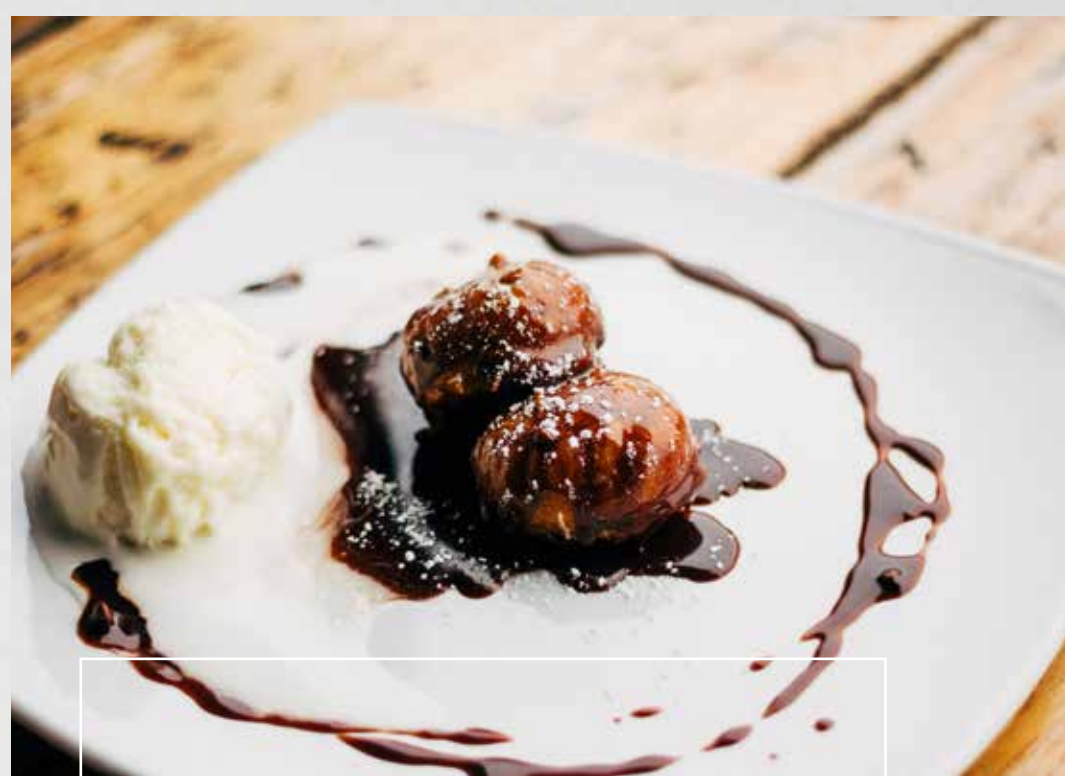
EXTRA SIDES

Fries	R20
Savoury Rice	R20
Basil Pesto Mash	R30
Roasted Vegetables	R25
Salad Greens	R20
Greco Salad	R30
Creamed Spinach & Butternut	R30

EXTRA SAUCES

Pepper	R25
Mushroom	R25
Cheese	R25
Peri peri	R25
Cajun	R25

Substitutions will be charged accordingly.



DESSERT MENU

Chocolate Brownies **R40**

Home-made chocolate brownies served with a dollop of vanilla ice-cream

Oreo Puffs **R50**

Delicious oreo cookies deep fried in pancake batter, drizzled in chocolate sauce and served with vanilla ice-cream

Chocolate Mousse **R45**

Decadent home-made chocolate mousse

Italian Kisses **R40**

Traditional Italian kisses served with a scoop of vanilla ice-cream

Cakes

Ask your waiter about our delicious selection of cakes

Fresh Fruit Sorbet **R25**

Ask your waiter about our flavours