

# ■ MENU OPTIONS

## LEARNER'S MENU OPTIONS

*Please select one option per day from the below list*

- Traditional boerewors roll served with fried onions and spicy chips.
- Spinach and feta jacket potato served with a garden salad
- Chicken & Mayonnaise toasted sandwich served with spicy chips
- Crispy chicken wrap served with a garden salad
- Savoury mince pancake served with a garden salad
- Steak pie served with mash, gravy and 1 seasonal vegetable

## TRAINER'S MENU OPTIONS

*Please select one option per day from the below list*

- Chicken curry roti served with a green salad
- Bacon macaroni and cheese served with a green salad
- Beef burger served with spicy chips and a cheese sauce
- Crumbed chicken strips served with spicy chips, a garden salad and sweet chilli sauce
- Traditional boerewors served with pap, tomato relish served with a corn on the cob
- Spaghetti bolognese topped with cheddar cheese

