



NOMAD AFRICAN TRUST  
**Winter 2012 Newsletter**

As it hasn't been that long since our last newsletter (Autumn 2012), but so much has happened, we decided to squeeze in another one with updates on our Skydive for Rhinos Fundraising, Rock for Rhinos Event hosted by ShowMe Helderberg and Niva, some updates from our beneficiaries and the amazing work they do in their communities.. As the new additions to our 'mothership's' truck fleet are also underway we have, included a link to Nomad's website where they have posted images and videos (very talented editor there :) ) of the team in the workshop who are grinding, cutting, painting, fitting and readying the new trucks for the Nomad Family. <http://www.nomadtours.co.za/news/the-birth-of-6-new-trucks-at-nomad-tours/>

We have also got a brand spanking new website that has been very generously set up and hosted by the wonderful team at ShowMe Helderberg, Marla and Stephen Nortje. Their support and enthusiasm for the Trust, our projects and those of other incredibly deserving projects in the Helderberg has been truly heart-warming in a time when humanity is constantly bombarded by sad news. With people like these there is no reason to lose hope. Stay positive and follow their example, especially this winter with so many people in need of basic shelter and a warm meal. Each one reach one :) simple as that.

**SKYDIVE FOR RHINOS 2012 - Rock for Rhinos**

With the decorations up, musicians sound checked and people filling the pub.. The night was about to begin!

Rock for Rhinos T-shirts on (supplied by TAG) and all looking goood!

ShowMe Helderberg and Niva Magazine invited us to have our fundraiser on the night of their Official Launch. Needless to say we jumped at the opportunity to work with Marla and Stefan again after their enthusiasm and support during the Animal Welfare Mobile Clinic Facelift (Autumn 2012 Newsletter)... Not to mention that they developed and are hosting the all new NAT website.



Left: Nic and friends from Niva rocking our T-Shirts

Right: Supporters all the way from Robertson posing proudly with our mascot, ABSA.

\*\* photos by ShowMe Helderberg's Stefan Nortje\*\*

While the bands rocked for our rhinos we walked around with our maché mascot, ABSA (named after the rhino that was lost at Aquila Pvt Game Reserve to poaching) selling raffles tickets for the amazing prizes that were donated by a number of wine farms, hotels and restaurants. The support was fantastic, the vibe amazing, despite the chilly and wet weather outside, and all in all a great success.

Allan Schell, owner of Nameless Pub in Somerset West, also very generously donated 70% of the door coverage to our fundraising campaign and a total of R2568.50 was raised towards our R10 000.00 target. That brings our total to R5810.00 with just over 100 days to hit that total.

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## A **BIG** THANK YOU TO SPONSORS, DONORS, COLLEAGUES AND FRIENDS....

To Allan Schell and all the wonderful staff at Nameless Pub for allowing us the use of your venue, your enthusiasm and support.

Jesse Jordan, Kevin Bedford and Pikswart for rocking the night for our Rhinos!

To the donors of the wonderful prizes that we were able to offer the guests as part of the raffles and auctions:  
(In no particular order)

Kiwinet Mosquito Nets  
Dress-up-Studio  
Avontuur Restaurant  
Kleinze Zalze  
Avontuur Estate  
Bodhi Khaya Retreat  
Vergenoegd Wine Estate  
Cartridge King

EgoFokus Consulting  
Waterkloof  
NH (Lord Charles Hotel)  
Org De Rac  
TAG (T-shirt and Garments)  
Ilios Travel  
Stanford Country Cottages  
Waterford Estate

### ....From the **BOTTOM** of our hearts.



To colleagues at Nomad Tours for assisting to get prize sponsors and for their continued support of the Trust and to those that came to Nameless to support the event. Mark and Dominique from Nomad for helping to collect raffles and for promoting and discussing the project with the supporters late into the night!

And last but definitely not least...

Marla and Stefan from Showme Helderberg for hosting the event and inviting us to be part of this great evening as well as your continued support of the Trust and many other awesome and well deserving projects in the Helderberg area. Nic from Niva Magazine and the team from Spectrum Print who never seem to charge us the full price for any of our printing and for more often than not getting it done with barely a minute's notice..... ;)

### **BENEFICIARY NEWS:**

*You can download this awesome wallpaper, free, at [http://www.wvf.org.za/act\\_now/rhino\\_conservation/](http://www.wvf.org.za/act_now/rhino_conservation/)*



#### **Football For Hope Centre - Khayelitsha**

With so much happening at both the Khayelitsha Football For Hope Centre as well as with Grassroot Soccer's other centres and projects we have decided to rather give you a link to our Facebook page where you will be able to read up on all of it.

#### **Just some of the great things happening:**

The Eight Nations Cup Tournament in Cape Town is coming up soon...

Construction of the FFH Centre in Alexandra, Gauteng is about to begin...

FFH Khayelitsha welcome their new Community Projects Coordinator, Mphakiseng Molefe, who is already making waves and has grabbed the reigns of her position with both hands to get the planning under way for the Skillz Holiday Camps that will take place when the SA schools begin their holiday break on 22nd June... Can't wait to hear all about it!!

... And that is just the intro :)

<https://www.facebook.com/photo.php?fbid=10150856126035957&set=a.10150310062250957.337931.23535705956&type=3&theater>

#### **Written by Andrew Swift - Zisize Trust**

"The funds donated this year by the Nomad Trust are going to be used by the Ekukhanyeni Children's Home, the children's home next to Mpontshini Primary, for their food expenses. The reason is that food costs have gone up tremendously this year. Rural communities are hurt the most in this regard as transport costs mean that food costs are even more expensive than in urban centres. There are currently 27 children who live at Ekukhanyeni and there are 7 caregivers, so as you can imagine the monthly food bill is steep! The Nomad donation will cover the shortfall that exists with regard to the food budget for 2012. Ekhanyeni has a vision of caring for the whole child and food is obviously a key part of this. Schooling, homework clubs, life-skills clubs and sports activities would not take place if the children were hungry or malnourished. So the Nomad donation is a much needed and much appreciated contribution.

The connection between the different organizations: Zisize manages Ekukhanyeni Children's Home and has a close working relationship with Mpontshini Primary School (which includes teacher training, feeding schemes, Sports development and life skills programmes).



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## **BENEFICIARY NEWS CONTINUED:**



### ***The Cape Leopard Trust.... Not just about the elusive spotted cat.***

The Cape Leopard Trust has research projects which concentrate on leopard research in the Western Cape region. In addition to this, their other projects concentrate on other predators:



**The Black Eagle Project:** This project was initiated in 2011 by Megan Murgatroyd, a PhD student from the Animal Demography Unit at the University of Cape Town, in collaboration with the Cape Leopard Trust. This research will focus on the effects of land use on the diet and hunting habits of the Black eagle (*Aquila verreauxii*), with field studies concentrated in the Cederberg Mountains and the Sandveld.



**Cederberg Caracal Project:** This project was started in 2012, in collaboration with the Cape Leopard Trust, and is based in the Cederberg Mountains. The project focuses primarily on the ecology and behaviour of caracals (*Caracal caracal*). The project also aims to improve the current knowledge about this elusive species in relation to a bigger predator, the Cape leopard as well as with livestock farmers.



Jane Goodall  
CHIMPANZEE  
EDEN

There is always so much happening at the **Jane Goodall Institute's Chimp Eden** so we would highly recommend going to their Facebook Page, clicking "like" then sit back and enjoy daily updates on the amazing work being done at the sanctuary as well as the wildlife soap opera that takes place :)

<https://www.facebook.com/pages/Chimp-Eden-Sanctuary/158864164146607>

*Here are just a few pictures from one of the Chimp Eden's albums.....*



*Thomas, Claudine, Joao & Zac*



*Thomas making use of a rock to help him open a nut.*



*Nicky the cassanova.*



*Zee, cute and curious.*



*Enclosure 1 at Chimp Eden*



### ***Edge of Africa - Judah Square Educare, Creche and Community.***

*The Edge Team and their volunteers have had a very busy May and June!*

*On May 25th they held the Edge on Talent 2012 at Woodmill Lane in Knysna town. A link to pics from the event on their Facebook Page is below.*

<https://www.facebook.com/media/set/?set=a.10150997760981885.478778.62076571884&type=1>

*The Eco trail Event Day kicked off on the 7th June with all the volunteers rearing to get out there and show the visitors around the trail.*

*They have also celebrated 2 birthdays in early June... To Dayne and Jo, we hope you both got SPOILT ROTTEN by the team! All the best for the rest of the year from all of us at NAT.*

*With TB screening ongoing, volunteers coming and going and contributing to all the amazing work that EofA are doing in the local communities it is looking to Be a busy second half of the year for the team.*



### ***Gwexintaba Community - Out in Africa and Magwa Volunteers***

#### ***Green Energy!***

10 buckets of water every day for each family in Gwexintaba!! Washing, building, gardening and cleaning is just so much easier nowadays. The Community of Gwexintaba are grateful to the Sponsors, Volunteers and Visitors who all helped to make this possible! The Ram Pump is working like Magic! Lifting 8000 litres of water 45 meters up into Gwexintaba every day energy free! The water is then collected at 9 different taps in the village. They just LOVE IT!

We also started to build a round earth bag house. It is normal soil mixed with water and then being put into plastic flour bag tubes where it dries out and becomes rock hard. Really cheap way of building and the strength is much stronger than the normal mud huts. Very nice replacement for expensive cement building that's for sure. Some villagers have come around to give critics, then the next days it changed into... wow... Where do you get this plastic bags? Was really nice to introduce a new cheap and strong building technique.

We now offer Pilates to our volunteers and guests who would like to feel more balanced, centred and energised for the day in this relaxed and peaceful environment far far away from the busy cities. When they get back home they continue to reap the results from visiting us here at [www.BeOutInAfrica.com](http://www.BeOutInAfrica.com)

*Written by Louis Fourie.*



***Cob Building***



## **PROJECTS WE ADMIRE: FEEDING SCHEMES AND CULINARY CAUSES**

### **The Service Dining Room - Feeding Programme**

#### **82 Centerbury Street, Cape Town**

How it all began: In 1935 a beggar stopped Miss Dorothy Syfret in the streets of Cape Town and asked for a tickey (2 ½ cents) to buy a drink. Dorothy, the daughter of one of the city's leading financiers, told the beggar that she would rather give a tickey for a meal. In July 1935 Dorothy founded The Service Dining Rooms and its function became to provide a "substantial and nourishing (mid-day) tickey meal to the poor". It has been going successfully ever since then.

#### **And to this day a meal still costs only 5c!!**

The meals are made up of bread, soup, meat, fish and spicy soya served with rice or samp, fruit in season, cake, products nearing expiry dates and tea. Meat and soya are on the menu twice a week and fish once a week. Meals are served daily Mondays to Fridays from 11.30pm till 12.30pm.

The meals support from destitute refugees, to local homeless people and various charities. They also supply meals for distribution throughout the Cape Flats, informal settlements, Woodstock and surrounds, old age homes and creches.

If you would like to help this amazing project continue their work for another ¾ of a century and more, contact:

Des Billings at Tel: (021) 465 - 2390

### **Mama Lumka - The Nceduluntu Sanctuary Trust**

#### **Somerset West**

In 2001 Mama Lumka began providing residential care for 16 disabled and able-bodied children in her own home in Nomzamo, Somerset West. Some of the children she cared for were disabled, some of them were HIV+ and some of them were AIDS orphans. All of them had been abused, neglected, abandoned and/or left by their parents. All of them had nowhere else to go. Having experienced "home" with Mama Lumka, none of them wanted to go anywhere else.

For years Mama Lumka has been undertaking her work quietly and diligently. She is overjoyed about the developments that have issued from her original charitable action. Her vision for the Sanctuary is, in her own words, "to take care of those who have no-one to love them, who need a haven from abuse and neglect, who have special needs that only someone who loves them like a mother can see to". Her vision for the Educare Centre is that "all our pre-school children will be nourished in body, mind and spirit by quality care and genuine love". Of the skills training, she says "People can face the future and feel affirmed, if they have a means of earning an honest living for themselves. Everyone needs a chance".

What began as a seed in Mama Lumka's heart is growing into a project beyond her wildest expectations to embrace the lives of so many children and consequently the future of our wonderful country.

[Http://www.mamalumka.org.za/index.html](http://www.mamalumka.org.za/index.html)

Our phones are manned Monday to Friday, 9.00 am to 1.00 pm. Office Phone: +27 (0)21 851 3589

### **The Nakhlistan Feeding Scheme - Somerset West**

Nakhlistan is a Persian word that means an 'oasis'. Just like an oasis provide sustenance in the desert, likewise Nakhlistan assist the less fortunate within our community. The assistance is manifested through Soup Kitchens, Feeding Schemes, Ramadaan Fitrah Parcels, Iftaar to the Underprivileged, Monthly Necessities Distributed to Needy Families, and Eid-ul-Fitr Feeding Scheme (now extended to Eid-ul-Adha and Muharram). Nakhlistan is not state funded and is solely dependent on financial support from the community. It has been through the generosity of the community that Nakhlistan has been able to run all these activities. Assist Nakhlistan help the poor and the needy.

Nakhlistan is a Non-Profit Organization (NPO 030-581 and PBO 930 015 479) and they accept your donations in cash or kind throughout the year. They run Soup Kitchens throughout the year and they feed those less fortunate. Thanks to Nakhlistan, the community feeding scheme has grown in leaps and bounds, having fed millions of impoverished people over the past 28 years. They help the needy by preparing huge pots of food to feed the less fortunate. The organisation has increased its helpers by huge numbers aiding in making the food. They accept your zakah, fitya, fitra and sadakah. Nakhlistan also distributes 6.5 tons of dates to Pollsmoor prison and to various mosques during the month Ramadaan for iftaar, in addition to 16 000 instant boeber mix packs to communities.

[Http://www.nakhlistan.org.za/](http://www.nakhlistan.org.za/)

Tel: 021 633 4016

Fax: 021 633 9859

Email: [info@nakhlistan.org.za](mailto:info@nakhlistan.org.za)

## IN CLOSING.....

We have all felt the Winter chill and our first reaction is to put on another insulated layer, turn up the heaters or switch on the electric blankets.... But for some, this luxury is just not an option.

Many of our grocery stores have trolleys at their main entrances with a projects name on it where you can donate non-perishable foods, clothing, blankets, toiletries etc and all it takes is just one extra item in your trolley to make a difference in someone less fortunate's day. If you grow your own vegetables or work at a grocery store or restaurant then perhaps consider donating foods that are nearing their sell by date or excess from your garden to a shelter or feeding scheme like the ones we have mentioned earlier in the Newsletter.

Another wonderful local initiative taking place is a partnership between Radio Helderberg (93.6 FM) and the Waterstone Village Shopping Mall (opposite the NH Lord Charles Hotel, SSW) who have started the Bless-A-Blanket campaign. They have set up a collection point at the Pick 'n Pay court at Waterstone Village and at their premises on the Cnr. Of Hazelden Drive and the N2 at the Somerset West Business Park, where you will be able to drop of either new or old and in good condition blankets which will be distributed to the Masinga Outreach and the Helderberg Society for the Aged. Why not get your work, clubs or schools involved in your area and find a project that could use some extra warmth this Winter.



Animal Welfare and rescue organisations are also always in need of extra blankets for the many animals they offer a safe haven to as well as donating to the animals in the communities in which they work.

The need is never ending but if we all just dig through our clothing and linen closets or add a packet of instant noodles to a trolley we can all make a difference.

Remember....Each One reach One....

### For their continued support of Nomad African Trust....



### BANKING DETAILS:

If you would like to sign up to donate to the Nomad African Trust in order to help us continue the work we do with the People, Places and Animal of our beautiful continent, then please feel free to email us on [info@nomadafricantrust.co.za](mailto:info@nomadafricantrust.co.za) and we will send you information on the different payment options. Alternatively, if you would like to do a once off payment, our banking details are as follows: (please be sure to email us your details so that we can email you a receipt of payment as well as to thank you for your contribution.

*Nomad African Trust*

*First National Bank*

*Account #: 62183254110*

*Branch Code: 209 809*

*As we are a registered PBO, all donations are tax deductible*

*Nomad African Trust*

*IT2081/2008*

*PBO: 930029752*

### DONATIONS TOWARDS OUR SKYDIVE FOR RHINOS 2012 FUNDRAISING:

1. Go to <http://www.givengain.com/activist/75212/projects/2604/> and click on the big red "DONATE" button
2. Fill in details of how much you want to donate and from which account. Remember to click 'I agree' (terms and conditions) at the bottom of the page.
3. **YOUR REFERENCE FOR THE DONATION WILL BE S Fletcher Robertson (My Initials, Surname and the Dive Site where I will be Skydiving for Rhinos )**
4. Click SUBMIT - and that's it!

They get notified within 24 hours of all donations and will send you a confirmation message.